

VOX AND KELVINGROVE ART GALLERY AND MUSEUM PRESENT

Moving Minds VII

P
A
S
S
I
O
N



Sat
10
Oct
2015

10am - 4pm

www.mhfestival.com

The Scottish Mental Health Arts and Film Festival 2015 opens with *Moving Minds*, a day celebrating diversity and wellbeing in our community. Experience dance, music, film, a fashion show, interactive stall, a guided tour and other creative activities all exploring the theme of passion.

10am – 3pm

ANIMATION DEMONSTRATION

Award winning film maker Claire Lamond will be running demonstrations on stop motion animation for film throughout the day. Learn how animation comes to life!



10.15am – 10.30am

ROMANE CIERHENIA

Roma stars, from Poland perform traditional roma dance and singing at the steps of Kelvingrove Museum.

11am – 12pm

BRINA

Music and song featuring Brina the voice of World Roots Reggae Music from Jamaica - a vibrant and captivating performer steeped in the sounds and rhythms of her Jamaican culture.

11am – 3pm

ANIMATION FILMS

An opportunity to view award winning animations from the Scottish Mental Health Arts and Film Festival archive, running throughout the day.

11.30am – 12pm

PASSION: A GUIDED TOUR

This unique 30 minute tour of specially selected objects has been specially designed by Kelvingrove museum to explore the Festival theme of passion.

12pm – 12.20pm

JOYOUS CHOIR

Maryhill Integration Network's Joyous Choir is an all-female singing group, brought together with support from New Rhythms For Glasgow's Belt it Oot Project. The group shares the joy and freedom of using the voice as a tool to celebrate connection with the self and others.



12.30pm – 1pm

WEAVING ACROSS THE WORLD FASHION AND DANCE SHOW

Traditional Eastern and Western fashion comes together in a fusion of diversity and colour. Presented by Maryhill Integration Network, AlbScot and Handmade in Glasgow.

2.30pm – 3.30pm

TAI CHI DEMONSTRATION

The Hong Wo Tai Chi Association presents a Fan Dance followed by a short open level workshop

ALL DAY INTERACTIVE STALLS

From photo exhibitions and handmade banners to Clay tile making and henna tattooing, there lots to see, hear and take part in at our interactive stalls.

Includes input from VOX (Voices of eXperience), Mental Health Foundation, NHS, Glasgow Association for Mental Health and Maryhill Integration Network.

Kelvingrove Art Gallery and Museum

Argyle St
Glasgow
G3 8AG

All events are **free** and no booking is required.

For further information contact jsteel@mentalhealth.org.uk

**SCOTTISH
MENTAL
HEALTH
ARTS & FILM
FESTIVAL**

@SMHAFF #SMHAFF2015

We would like to thank all of those involved with Moving Minds:

