

# WALK IN SCOTLAND

2020

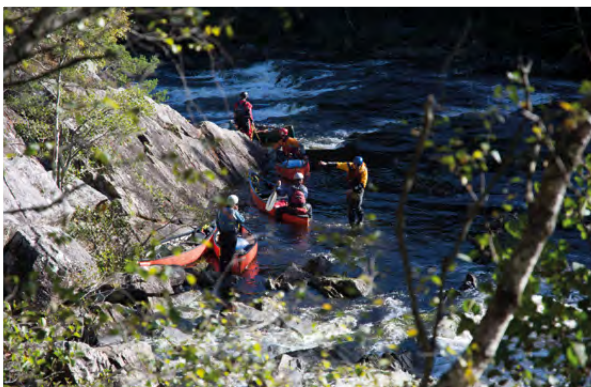
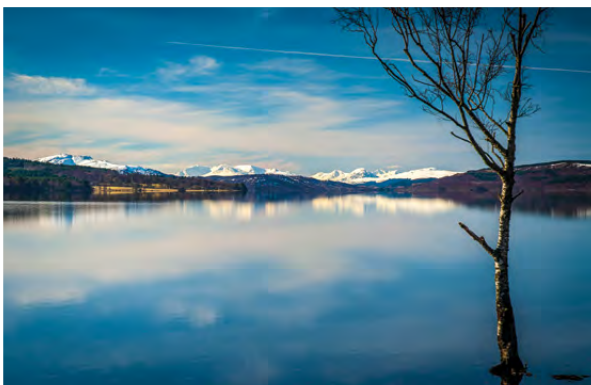


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Loch Rannoch  
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# Welcome

**Scotland is full of more truly amazing experiences for walkers of all aspirations than you could ever imagine.**

The options are endless. Wander through a quiet woodland, climb a spectacular mountain or help us celebrate Scotland's Year of Coasts and Waters 2020 with a stroll along a sandy beach, around a sparkling loch or exploring our amazing 18,000 km coastline.

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20WK



Dunnet Bay, Caithness



Eilean Donan Castle, Inverness-shire



Culzean Castle, Ayrshire

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*A regional colour index to help guide you through this booklet*



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# Walk in Scotland

Scotland's amazingly diverse landscape, including majestic mountains, rolling hills, glorious glens, sparkling lochs and a dramatic coastline dotted with beautiful islands, offers a wealth of walking for all.

**S**o easy to reach from across the world and with a fantastic network of transport routes once you're here, it's no wonder that Scotland is so popular with visitors.

Add to this a huge range of breathtaking landscapes with walking routes, that range from easy-going strolls to multi-day adventures, and you have many reasons to rejoice that you have chosen our small, neatly packaged country for your active holiday.

But, perhaps, there is one challenge to face: Where will you go walking first?

The seven cities of Scotland - Edinburgh (the capital), Glasgow (the largest), Aberdeen, Dundee, Inverness, Stirling and Perth - and a wealth of picturesque and historic towns, provide a great base for exploring 12 mainland regions and two National Parks.

In the Year of Coasts and Waters 2020, we expect many people will make a trip to Scotland's islands too, including the Outer Hebrides, Orkney and Shetland,

as well as the western isles in Argyll. Regular ferries and flights make even the most remote isles very accessible.

Another attraction for walkers to Scotland is just how close the countryside is to urban settlements, especially in Greater Glasgow & The Clyde Valley, Edinburgh & The Lothians, Aberdeen & Aberdeenshire and Dundee & Angus.

In this guide, we showcase all the regions of Scotland, each with their unique landscapes, paths and trails, and all of them offering a warm Scottish welcome.

In southern Scotland, which includes the Scottish Borders and Dumfries & Galloway, the undulating countryside and peaceful beaches are home to many easier walks, which are ideal for a family outing or a leisurely stroll. This area also boasts some wilder moorlands and high peaks for further walking challenges.

Heading northwards, the landscape changes from lowlands to the magnificent Highlands. The Highland Fault Line, the geological feature that

crosses Scotland from the Isle of Arran and Helensburgh in the south west to Stonehaven in the north east, creates a striking change in the landscape.

The beautiful waters of Loch Lomond are situated on this fault line and walkers to Loch Lomond, The Trossachs, Stirling & Forth Valley are truly spoilt for choice. Perhaps you'll choose an easy walk along a lochside or hike to the summit of one of many hills or mountains in this region.

Further north, the landscape rises ever more dramatically as you reach the regions of Perthshire and the Highlands. A popular challenge is to seek out a Corbett or Munro for a lofty hike.

The increasingly popular pursuit of Munro and Corbett bagging sees walkers ticking off hill lists, including the 282 Munros with a summit of more than 3,000 ft (914 m) and the 222 Corbetts with a peak height of between 2,500 ft (762 m) and 3,000 ft (914 m).

While many of the summits require experience and high levels of



Dunnottar Castle, Stonehaven, Aberdeenshire



Bloodyfoot, near Kinglassie, Fife



Southern Upland Way, Scottish Borders

“ You can't beat Scotland for a good walk, generally followed by a restorative whisky in a handy pub. ”

*Penny Smith, former GMTV presenter*



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## Discover Scotland Coast to Coast on the John Muir Way



One of **Scotland's Great Trails**, the John Muir Way offers a journey through Scotland's diverse landscapes, history and heritage. It links Helensburgh in the west with Dunbar in the east – birthplace of 'father of national parks' John Muir.

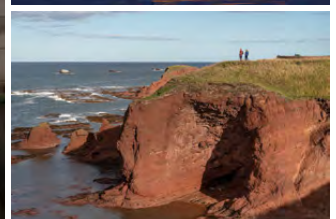
Walk coast to coast in 10 days and you'll experience a little of everything Scotland has to offer, from tranquil woods and stunning coastlines to our canals' industrial past and the bustling capital city. Transport links are good too, so it's easy to explore stage by stage, over day trips or weekends.

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**DISTANCE:** 134 miles/215 km  
**TIME:** 10 days  
**HEIGHT GAIN:** 2,015m  
**START/FINISH:** Helensburgh/Dunbar



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Climbing Criffel, Dumfries &amp; Galloway



Scone Palace Pinetum, Perth



Puck's Glen, Argyll Forest Park

energy, others are perfectly suited to walking newcomers.

These regions are not just for experienced hikers, however. In valleys, glens and forests, and along sandy shorelines or close to rivers and lochs, many easier trail gems can be explored on foot. On so many occasions, walkers are treated to fabulous views and wildlife spotting opportunities.

Perthshire is also famed as Scotland's 'Big Tree Country' and boasts many natural treats, such as the world's tallest hedge and one of the world's oldest trees. The woodlands and forests are home to so many trails and paths that you will never run out of walking options.

Scotland's coast is a big draw for visitors. The Kingdom of Fife is famed for its string of pretty fishing villages dotted along a long

shoreline, as well as atmospheric forests and gentler hills.

Aberdeen and Aberdeenshire, further north, combines city entertainment and an outstanding urban beach with very scenic countryside and a superb coast, all dotted with numerous walking routes.

From adventurous outings to romantic excursions, the islands of Scotland offer a wonderful get-away-from-it-all atmosphere. In the northerly, yet still highly accessible, islands that make up Orkney and Shetland, there are many walks that link natural, historical and archaeological treasures in one route.

Other islands, such as those in the Outer Hebrides, promise a wide variety of walking all in one chain, from hills and coast, to lochans and spectacular beaches.

The two National Parks, Cairngorms and Loch Lomond & The Trossachs, offer vast areas of natural beauty that are specially managed and conserved to showcase the very best of Scotland's natural jewels. Walks range from short and sweet to memorably epic.

Scotland is also famed for a long list of waymarked long-distance trails. Helpful signposts, guidebooks and websites aid walkers on routes that offer day after day of wonderful walking, or the option to enjoy a shorter section over a half or a full day.

Celebrating its 40th anniversary in 2020, the original long-distance trail is the West Highland Way, running from just north of Glasgow to the Highland town of Fort William, over 96 miles away. In the south, you'll find the Southern Upland Way (at 214 miles, Scotland's longest), the Carrick Way

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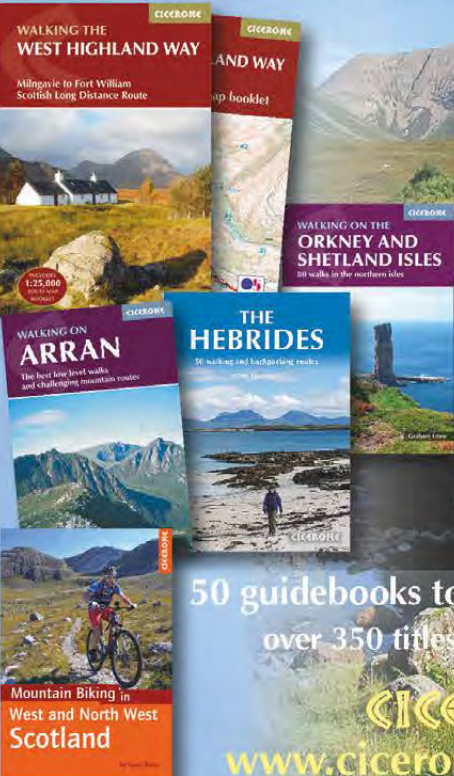
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and the John Buchan Way, among many others, while in central Scotland there's the new Fife Pilgrim Way.

Further north, there's the Great Glen Way, the East Highland Way and the new Loch Ness 360° Trail. At the coast you'll discover the John o'Groats Trail, the Fife Coastal Path and the Moray Coast Trail. The islands have their own long-distance routes, including Bute's West Island Way and the Arran Coastal Way.

The life of Scots-born John Muir, the 'Father of National Parks' and the great American conservationist, is celebrated with a route from the west coast to the east coast, called the John Muir Way.

Scotland is a place where walking can be enjoyed in all seasons, although you should be prepared for changeable weather. In autumn, the fabulous colours of foliage will delight you, while in spring you'll enjoy fresh air and fantastic wild flowers.

Summer offers warmer days and lush scenery, yet equally in winter, the views can be as impressive thanks to the drama of the moody sky and snow-covered mountains.

Scotland also boasts the 'freedom to walk' law. The Scottish Outdoor Access Code (see pg 96) that gives visitors the right to walk and camp in many wild places, so long as they act responsibly and with common sense.

Walkers are also welcomed by many accommodation providers across Scotland. A Walkers Welcome scheme tells you of accommodation that is best suited to walkers' needs. For all the details see [www.visitscotland.com/walk](http://www.visitscotland.com/walk)

You'll find that there are thousands of high-quality B&Bs, guest houses and hotels that welcome walkers, as well as numerous hostels, bunkhouses and campsites for the more budget-conscious walker.

And of course, there is another great benefit of walking. It's an activity that is highly accessible to all and helps to maintain a healthy body and mind. So, just imagine how amazing you will feel after a walking holiday in Scotland. The longer the better, we recommend!

Now, all you need to do is to choose where to walk first. It's easy to imagine that Scotland was created for walking.

Lochore Meadows Country Park, near Lochgelly, Fife

“ I love walking in Scotland because you can feel so far away from it all within a very short drive of a major city. ”

*Hazel Irvine, broadcaster and journalist*

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## Guided walks

### Easy Walks

These walks all follow an easy gradient. They vary in length from just 1 or 2 km to 15 km but you will not encounter any difficulty on these walks. There may be short, steep sections but all can be tackled by family groups. Reasonable footwear will suffice on easy walks.



### Moderate Walks

Moderate walks tackle more testing terrain. Length varies from 5 km to close to 20 km. Some involve a sizeable climb (up to 600 m) but none of the walks will present any technical difficulty. Waterproofs should be carried and map reading skills are necessary for more mountainous walks.



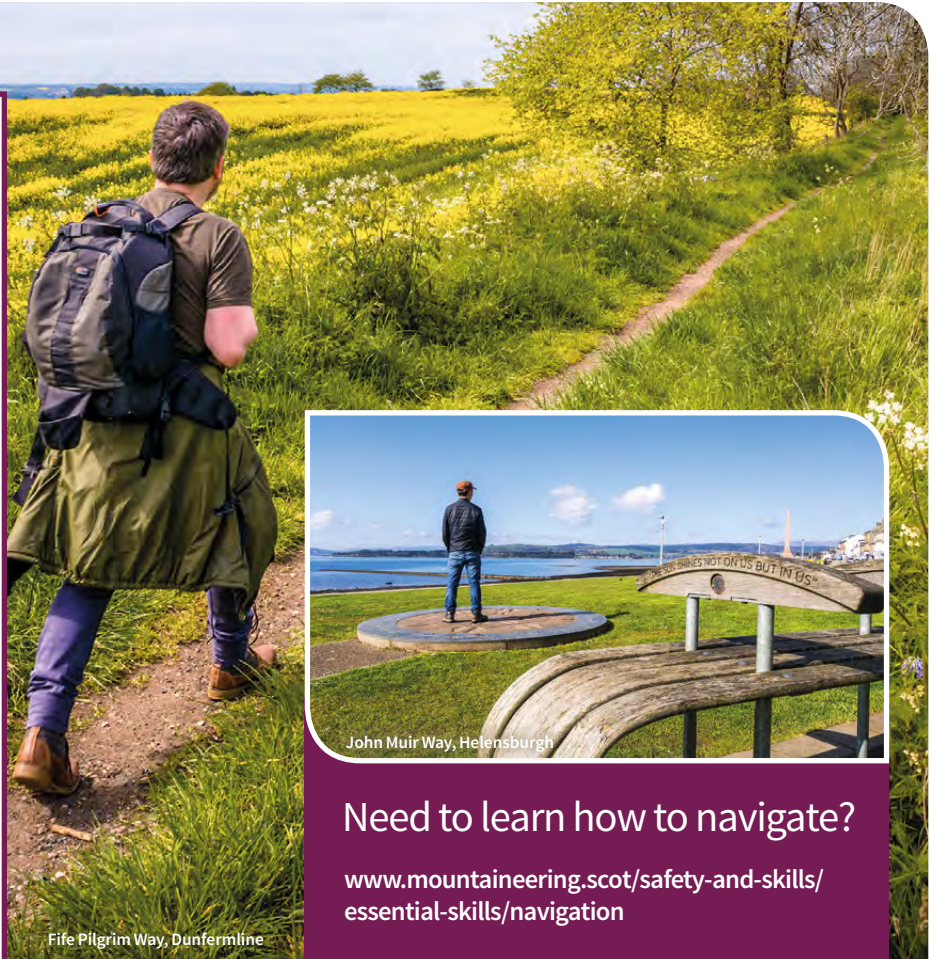
### Challenging walks

These walks explore mountains or remote areas which always need to be treated with respect. Weather can change in minutes and visibility can be reduced to a few metres. Snow can lie on the hills until early summer. Not suitable for winter novices. Navigational skills required year round.



### Guides to symbols used in walking routes

- Camping .....
- Caravan park .....
- Picnic site .....
- Public toilets .....
- Bank .....
- Café/restaurant .....
- Pub .....
- Shop .....
- Telephone .....
- Parking .....
- Train station/stop .....
- Bus station/stop .....
- iCentre .....
- 360 degree viewpoint .....
- 180 degree viewpoint .....
- Lighthouse .....
- Wildlife watching/Nature Reserve
- Foot bridge .....
- Walk start .....
- Walk finish .....
- Long distance route or other dedicated walking area nearby
- Places of interest e.g. Baxter's Visitor Centre
- National Nature Reserve .....



Fife Pilgrim Way, Dunfermline

Need to learn how to navigate?

[www.mountaineering.scot/safety-and-skills/essential-skills/navigation](http://www.mountaineering.scot/safety-and-skills/essential-skills/navigation)

# Guide to walks

Let the journey on foot begin with our pick of the best walks in Scotland.

**W**e have created a guide to a wide variety of walking routes amid Scotland's fabulous landscape.

There is a mix of classic walks, as well as some lesser-known walking gems.

The routes are graded easy, moderate or challenging, or somewhere in between. In some cases a low-level or flat walk might be graded moderate because it extends to many miles.

A short but steep hike might also be considered more strenuous because of the ascent or the terrain.

To help you to locate walks easily, each walk in the guide has a reference that corresponds to the grid box on the map of Scotland on pages 94 and 95.

Each route also has a distance, estimated completion time, the difference in height

between the lowest point on the walk and the highest, the relevant OS Explorer map and details on how to reach the start of the walk.

All you need to do now is to browse the many pages of walks in all the regions of Scotland and choose where you will go first.

## Did you know?

Ailsa Craig, off the Ayrshire coast in the outer Firth of Clyde, is home to thousands of breeding gannets in summer as well as everyone's clown-faced favourite, puffins.

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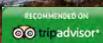
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# Join a guided group

A guided group walk is a great way to take steps towards longer and more challenging routes.

**J**oining a guided walk offers many benefits and rewards for walkers, both new and experienced.

There are many walking guides operating in Scotland, who offer a comprehensive programme of group walks or you can book a tailor-made outing to suit your own aspirations.

Another great place to discover a range of guided walks is at one of Scotland's many walking festivals. As well as guided walks, these festivals usually offer a range of other activities, such as walking-themed films and workshops. Turn to page 70 for information on events throughout Scotland.

For people who are new to walking, a guide will lead the way so that you do not need to worry about navigation. You'll also learn valuable walking skills and gain

knowledge about the local history, wildlife or geology.

Many guided walks are in groups, which means you will also meet like-minded people.

A one-to-one walking guide or hiring a guide for a group of friends makes lots of sense if you have a particular goal in mind or you are less experienced in the skills of mountaineering.

Perhaps you're keen to hike your first mountain, such as Britain's highest summit of Ben Nevis. For other walkers it could be the Cuillin Ridge on the Isle of Skye, the Aonach Eagach in Glen Coe or the group of mountains known as the Fisherfields.

A guided walk that includes techniques of winter mountaineering will be useful to

walkers who want to take their hobby to a more challenging level.

Many people also enjoy group-walking holidays. These take place over multiple days and offer the chance to spend more time discovering new places and routes.

Some of the most popular walking holidays in Scotland follow an acclaimed collection of long-distance trails, known as Scotland's Great Trails (see pages 68-69). An added benefit of these is the chance to walk without heavy packs because your luggage is transferred between accommodation each day.

Other walking holidays will include a mix of day walks, while based in one location.

Joining a guided outing brings a lot of comfort and safety to many different types of walkers.

## Guided walks

### Something for all

Guided walking holidays are available for a wide range of walkers, regardless of experience and fitness, with routes and itineraries to suit everyone.

### Local knowledge

Walking guides know their hiking routes and will have a wealth of information about the history, culture and wildlife in that area.

### Easy to book

With walking trips and holidays, everything is arranged for you. On a holiday, your accommodation, transport and itinerary come as a minimum. This takes away the hassle for you.

### Fun and sociable

On a guided walk, you'll meet like-minded people in small groups. The chances are you'll make new friends.

### Green travel

Getting together in small groups is better for the environment than solo travel and therefore helps to preserve Scotland's landscape for repeat and new visitors.

Perth Hills Regional Park, near Edinburgh

“ Scotland is a country of contrasts, which makes it a very exciting place to explore. ”

Cat Cubie, TV presenter

# 2020 COASTS & WATERS



**In 2020, Scotland celebrates its coasts and waters with a year-long programme of events and activities, which will shine a spotlight on these vital elements of our landscape.**

Our coasts and waters are host to an amazing array of riches that come in all shapes and sizes, and are greatly valued and cherished by communities and visitors alike. Our lochs, rivers and canals also

play an important part in the visitor experience, offering boat trips, fishing opportunities and activity holidays, while the many nature reserves across the country are home to a tremendous variety of flora and fauna.

Scotland's coasts and waters have shaped our history: from fishing and textiles to whisky and wave power, they have influenced our culture, our stories, our way of life.

So whether you want to navigate your way around distant isles or canals, experience Scotland's maritime heritage at a visitor attraction, enjoy Scotland's abundant natural larder or discover Scotland's wildlife on a local boat trip - Scotland's coasts and waters are perfect for get-away-from-it-all adventures.

**So what are you waiting for - come on in, the water's lovely!**

Join the conversation  
**#YCW2020**



# Set in the heart of beautiful Royal Deeside



The Community run Ballater Caravan Park with its spectacular panoramic mountain views, is located in the heart of Royal Deeside and is an exceptional holiday destination for people and families of all ages.

The pretty conservation town of Ballater, with its plentiful cafes, restaurants and shops is only a 5 minute walk from the caravan park, and with the Royal Castle of Balmoral, holiday home for the Queen and other members of the royal family nearby, this is an ideal base for exploring this beautiful part of Scotland.

The caravan park caters for camper vans, caravans, motorhomes and camping and is bordered on one side by the River Dee, on another by the golf course and on the third by Ballater town centre.

Surrounded by hills and delightful scenery, visitors to Ballater Caravan Park will quickly recognise why Queen Victoria referred to Royal Deeside as her 'Dear Paradise'.

[www.ballatercaravanpark.com](http://www.ballatercaravanpark.com)



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Findlater Castle, near Sandend

# Aberdeen and Aberdeenshire

City and countryside combine in a region famed for its fine weather.

**This region is perfectly packaged for walkers with coastal hikes; mountain climbs and walks over hills, through forests and along the shores of rivers and lochs.**

Aberdeen, on the region's eastern shore, is also a great place to stroll and a walk of around 2.5 hours reveals many highlights of this historic city. You'll enjoy wandering through the streets of the Old Town, looking up at buildings such as the famous university, the Old Town House and St Machar's Cathedral.

The route also follows the banks of the picturesque River Don to reach a surprising urban sight of the city's sandy beach, situated between two rivers, the Dee and the Don.

North and south of the city and along a beautiful coastline you'll find plenty more beaches, as well as a cliffs, secret coves and a string of pretty fishing villages.

Scotland's Coastal Path (see [www.nationalcoastalpath.co.uk](http://www.nationalcoastalpath.co.uk)) follows a scenic route along the entire coast and is ideal for walkers who enjoy dipping in and out of shorter walks or completing longer multi-day walking tours. It's a great walking route to choose, especially in the Year of Coasts and Waters 2020.

Aberdeenshire is famous for its many castles – more than 300 in fact – including famous Balmoral and Braemar as well as Corgarff, Dunnottar, Drum, Findlater and Slains, to name just a few.

You can visit the dramatic ruins of Findlater on a leisurely circular walk of almost six miles from Portsoy, on the Banffshire coast. The castle sits proudly on a tiny peninsula and is surrounded by breathtaking cliffs, but take care, especially if visiting with children, as there are some unprotected drops. The walk also takes in the tiny harbour of Sandend.

Another historic building, the stately home of Haddo House, near Ellon, north of Aberdeen and inland, is a fascinating place to visit. The home is built in the Palladian style and was the residence of the Gordon family for four centuries. Take a tour inside and admire an extensive art collection, including 85 paintings of Aberdeenshire castles by acclaimed Victorian artist James Giles. A short walk explores Haddo's lovely estate, taking in impressive trees, rhododendrons, sculptures and tumbling falls.

If you like to get away from it all on a walk, there are plenty of options. The Aberdeenshire countryside is a patchwork of fertile, peaceful farmland rising to atmospheric moors, ancient hill forts and the foothills of the Cairngorms.

For a walk that is wild-feeling yet follows a fairly flat and easy-to-find track, head to Balmoral Estate – the Scottish home of the Royal Family – and follow a circuit of Loch




## 1. River Don Beach and Old Aberdeen


William the Lion granted the settlement of Aberdeen its first charter in 1179 and, in 1319, it was awarded Royal Burgh status from King Robert the Bruce. Start the city walking route on Union Street, which lies on a raised viaduct. Follow the National Cycle Network (NCN) along Broad Street into Gallowgate and north up King's Crescent through the cobbled College Bounds. You'll see the Town House, at the head of High Street, with its 1721 coat of arms over the doorway. Continue by St Machar's Cathedral. Ignore the NCN signs pointing left but keep straight on and walk into Seaton Park. Follow the River Don downstream to the Beach Esplanade from where you then join Beach Boulevard and Justice Street to take you back to the start of the route. For further information see Walk Aberdeen and Grampian Highlands guide available from local VisitScotland iCentres.






Seaton Park, Old Aberdeen

Distance:	10.5 km / 6.5 miles	Approx. Time:	2.5 hours
Map Ref:	Pg 95, 19	Height Gain:	30 m
OS Map:	Explorer 406 - Aberdeen		
Access:	The route starts on Union Street West in the centre of town.		

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**WILD CAMPING**

Please camp responsibly, in particular by taking away all your litter, removing all traces of your tent pitch and not causing any pollution – for further information see the Scottish Outdoor Access Code:

[www.outdooraccess-scotland.scot](http://www.outdooraccess-scotland.scot)

Take extra care and follow any local advice when parking cars or campervans. Please note, responsible access rights within the Scottish Outdoor Access Code do not extend to motorised transport. If you're planning to travel in a motorhome or campervan check with the landowner before you stop or book a pitch in a nearby camping park.



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**Aberdeenshire** - Deeside Holiday Park is a great choice for exploring Aberdeenshire, with stunning beaches and the Cairngorms National Park on our doorstep.

[www.woodleisure.co.uk](http://www.woodleisure.co.uk)  
01250 878123




**Other walks**

**2. Haddo House**

**Distance:** 5 km / 3 miles  
**Time:** 1.5 hours  
**Difficulty:** Easy  
**Height Gain:** Negligible  
**OS Map:** Explorer 426 - Banff, McDuff and Turriff  
**Map Ref:** Pg 95, I8  
**Access:** Haddo House car park.



**3. Portsoy and Sandend Circular**

**Distance:** 9 km / 5.6 miles  
**Time:** 3 - 4 hours  
**Difficulty:** Easy  
**Height Gain:** 70 m  
**OS Map:** Explorer 425 - Huntly & Cullen  
**Map Ref:** Pg 95, H8  
**Access:** The walk starts at Portsoy's old harbour. Some parking can be found here as well as a larger car park near the town's caravan park.



**4. Lairig Ghru**

**Distance:** 30.5 km / 19 miles  
**Time:** 8 - 10 hours  
**Difficulty:** Challenging  
**Height Gain:** 600 m  
**OS Map:** Explorer OL 57 - Cairn Gorm & Aviemore  
**Map Ref:** Pg 95, G9  
**Access:** NTS car park west of Braemar. There is a bus service between Braemar and Aberdeen. However, the end of the route requires walkers to arrange a return lift or to have left a car there earlier. There is a bus to Coylumbriidge.



For more information on walks in Aberdeen & Aberdeenshire go to: [www.visitscotland.com/walk](http://www.visitscotland.com/walk)



Haddo House, Tarves, Aberdeenshire

Muick. The views over the waters of the large loch and the surrounding hills and mountains are breathtaking.

Close to the south-western end of the loch, you'll pass Glas-allt-Shiel House, a former country retreat of Queen Victoria. You can take a detour including a 500 m climb on a steep path to see Glas-allt-Shiel waterfall.

A far more challenging but very rewarding walking route is the Lairig Ghru, a spectacular hill pass that journeys from Royal Deeside to Glenmore or Aviemore. You can do the walk in the opposite direction if you choose, though starting at Deeside is advised so the prevailing south-westerly wind is at your back.

It's a wild hike that climbs to an altitude of 835 m, starting in picturesque Linn of Dee. The pretty Pools of Dee, or lochans, are a great place to stop for a bite to eat and to survey the wonderful landscape, although

you will be spoilt for choice with fabulous views at almost every turn.

The walk finally reaches magnificent Rothiemurchus Forest, passing iconic peaks such as Cairn Toul and Ben Macdui along the way. (Logistics are made easier if you have already left a car in Coylumbriidge on the B970, east of Aviemore).

It's no wonder that once people discover this rural-and-urban walking haven, with many different routes to suit all abilities, they return time after time.



King's College Chapel, University of Aberdeen



**5. Loch Muick**

This shoreside walk on the Balmoral Estate offers a circuit that is fairly flat and on a good track. The route starts at the Balmoral Estate visitor centre (near the car park) and first crosses the River Muick to walk through pretty woodland and open countryside, before reaching the northern end of the loch. Near the south western tip of the loch, you'll pass Glas-allt-Shiel House, a former country retreat of Queen Victoria, where there is an option to detour 500 m to climb a steep path to see the Glas-allt-Shiel waterfall. You can also detour off at the southern end of Loch Muick to Dubh Loch.

The walk continues round the loch, crossing a few burns and passing through old birch woodland. You return along the eastern shore to the start point. Keep an eye out for local wildlife, such as squirrels and red deer.



Loch Muick, Balmoral Estate, Ballater

<b>Distance:</b>	13 km / 8 miles	<b>Approx. Time:</b>	3 - 4 hours
<b>Map Ref:</b>	Pg 95, G9	<b>Height Gain:</b>	50 m
<b>OS Map:</b>	Explorer OL53 - Lochnagar		
<b>Access:</b>	Park in the car park at the end of Glen Muick - there is a charge to park.		

# Welcome to the Isle of Gigha ...a true island experience



We may be a small Isle but so far we have fourteen footpaths which have all been walked and surveyed. More information from the Gigha Hotel and website [www.gighahotel.com](http://www.gighahotel.com)

All fourteen footpaths are walkable - some better than others. The Gigha Coast & Countryside Group will be repairing and way-marking on as many footpaths as possible this winter, any volunteers to help with this are very welcome and will receive a discount on hotel accommodation. If you are interested, please contact the hotel manager.

We also have Gigha Out and About OS Maps available for £4.00.

These can be posted at a small extra postage cost.

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[www.gighahotel.com](http://www.gighahotel.com)



The Island is only 2 hours from Glasgow and only a 20 minute ferry from TayinLoan on the west coast of the Kintyre Peninsula.



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# Argyll & The Isles

Walkers will discover an outdoor playground offering a huge variety of routes and stunning views.



Calgary Bay, Isle of Mull

**W**alkers have so many routes to choose from in this region that boasts a long coastline, numerous islands, rolling hills, rugged mountains and fabulous forests.

What surprises many people, too, is how close Argyll & The Isles is to Scotland's central belt. A scenic car or train journey from many cities and towns makes the region a wonderful get-away-from-it-all destination.

Two long legs of land, the Cowal and Kintyre peninsulas, are popular with walkers. There are two waymarked walking trails, the 100-mile Kintyre Way and the 56-mile Loch Lomond & Cowal Way, that offer a choice of multi-day hikes, as well as half or full-day outings.

For a fine hill walk on Cowal, Beinn Mhor, situated north of the holiday seaside town of Dunoon, is a great choice. The eight-mile return route journeys through Glen Massan on a forest track and then on a narrower path. There are steeper sections that will test your fitness but the rewards are the fantastic views the higher you climb.

From the 741 m summit, the panorama is breath-taking and includes numerous mountains in all directions, such as the Arrochar Alps, Ben Lomond, Ben Lui and Ben Cruachan.

Across on the Kintyre Peninsula, a famous sailing 'short cut' combines history, scenery and wildlife for keen walkers at the Crinan Canal. This stunning feat of engineering, which opened in 1808, provides a route for boats from the Atlantic to Loch Fyne, thus avoiding a longer and trickier navigation around the Kintyre coast.

A nine-mile one-way walk follows an almost flat towpath along the canal from Crinan to the village of Ardrishaig, with a bus service to take you back to the start point.

Also on Kintyre, off the south-east coast, is Davaar Island. Sitting like a jewel at the mouth of Campbeltown Loch, the isle is home to many gems, including a lighthouse, built by engineers David and Thomas Stevenson in 1854, and a series of intriguing caves.



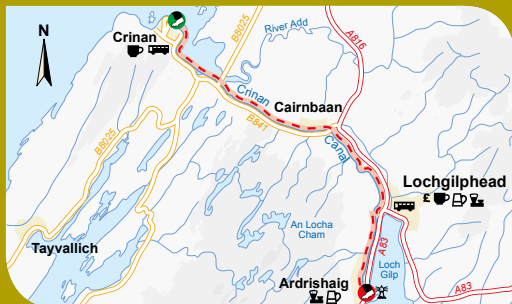
Davaar Island, Kintyre



Isle of Islay, Inner Hebrides



## 6. Crinan Canal Walk



Crinan Canal

Known as "Britain's most beautiful short cut", the Crinan Canal was built in the early 1800s to allow boats to navigate between the Clyde and the Inner Hebrides, without the need for a long diversion around the Kintyre peninsula. These days it is mainly used by leisure boats and the towpath also offers a lovely walking route along the entire length of the canal. The one-way walk links Crinan to Ardrishaig,

and the Atlantic to Loch Fyne. From the canal basin at Crinan, you walk towards the sea and cross two locks and then join an obvious towpath staying on this until Ardrishaig, where there is a hotel. There is plenty to see with lovely seaward views, the canal itself with passing boats, a series of picturesque locks at Cairnbaan and plenty of bird life. It's possible to catch a bus back to the starting point.

<b>Distance:</b>	13.8 km / 8.6 miles	<b>Approx. Time:</b>	3.5 - 4.5 hours
<b>Map Ref:</b>	Pg 95, D11	<b>Height Gain:</b>	34 m
<b>OS Map:</b>	Explore 358 - Lochgilhead		
<b>Access:</b>	Crinan Canal basin, west of Lochgilhead. Local bus service operates several times daily. Return is from Ardrishaig by bus.		

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**Other walks**

**7. Davaar Island and Crucifixion Cave**



**Distance:** 6.5 km / 4 miles  
**Time:** 2 - 3 hours  
**Difficulty:** Easy  
**Height Gain:** 35 m  
**OS Map:** Explorer 356 - Kintyre South  
**Map Ref:** Pg 95, D13  
**Access:** Doirlinn parking layby NR745194. **NB:** It is important to note that the isle is tidal and linked to the mainland by a shingle causeway, which is only navigable at low tide, so timing is everything for walkers. (Tide details are available at [tidetimes.org.uk/campbeltown-tide-times](http://tidetimes.org.uk/campbeltown-tide-times)).

**8. Art in Nature Trail to Calgary Bay, Mull**



**Distance:** 3 km / 2 miles  
**Time:** 1 - 2 hours  
**Difficulty:** Easy  
**Height Gain:** 60 m  
**OS Map:** Explorer 374 - Mull North  
**Map Ref:** Pg 95, C10  
**Access:** Art in Nature car park, Calgary Farmhouse & Galleries, Calgary.

**9. Beinn Oronsay, Isle of Oronsay**



**Distance:** 9 km / 5.6 miles  
**Time:** 2.5 - 3.5 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 92 m  
**OS Map:** Explorer 354 - Colonsay and Oronsay  
**Map Ref:** Pg 95, C11  
**Access:** Cross The Strand (tidal) from the end of the road, the B8085, on Colonsay. It's vital that you check the tidal timetables before setting out on this walk. The General Store and The Colonsay have a copy.



Kiloran Bay, Isle of Colonsay, Inner Hebrides

A walk of four miles explores Davaar Island, inhabited only by caretakers, goats, sheep and wildlife, and visits Crucifixion Cave. The cave is so-called after a local artist in the late 1800s that painted a life-sized picture of the Crucifixion on the cave wall.

If you have time, you should visit Campbeltown. Once proclaimed 'the whisky capital of the world' with 34 distilleries, today there are still three active distilleries to visit, Glen Scotia, Glengyle and Springbank.

There are many more islands off the Argyll coast with further attractions for walkers. You can take a ferry from Oban to the Isle of Mull where you'll discover the colourful port town of Tobermory.

A two-mile return walk visits the fabulous sands of Calgary Bay on Mull's north west coast. The route starts from Calgary village and includes a detour to an Art in Nature Trail, which features many sculptures and artworks hidden in woodlands. Many

people enjoy a stop at a lovely tearoom as part of this walk.

On the islands of Colonsay and Oronsay, also reached via a ferry service from Oban, 22 hills of 300 ft or more have been cleverly named the McPhies. The classification was created by two islanders in a similar way to the Scottish Munros, of 3,000 ft height or more.

The tidal island of Oronsay is home to a single McPhie, Beinn Oronsay, with a summit of 93 m. The return route is around just shy of six miles and crosses The Strand – a tidal stretch of sand between Colonsay and Oronsay – to join a wide track to reach the interesting ruins of Oronsay Priory.

Beinn Oronsay is easily seen behind the priory and there is a rough path that climbs steeply in places between crags to reach the summit.

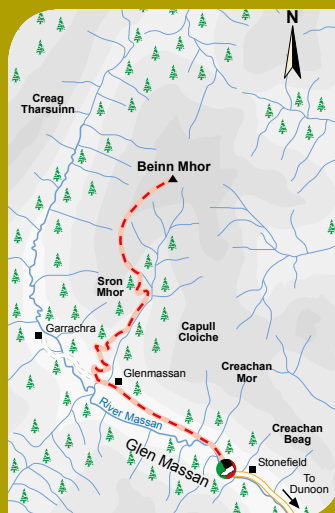
Perhaps your toughest decision in this region is choosing where you will walk next.

**10. Beinn Mhor, via Glen Massan**



Beinn Mhor is the highest hill in a wide area to the west of beautiful Loch Eck on the Cowal Peninsula. The walk starts at the end of a tarmac road that winds through beautiful Glen Massan, north of the seaside town of Dunoon. The route follows a wide forest track at first before you eventually reach a house and a barn. Past old stone walls, the track begins to climb in ever steepening zig-zags. There is a section that is flatter before the path narrows and rises again. Take your time to enjoy the forest atmosphere and glimpses of the wider countryside behind you.

As you reach more open moorland there is a choice of routes although the best views are enjoyed by following a faint all-terrain vehicle track that heads directly up to the ridge and then turns right to the ridge to reach the summit at 741 m. The return is by the same route.



<b>Distance:</b>	13 km / 8 miles	<b>Approx. Time:</b>	4 - 5.5 hours
<b>Map Ref:</b>	Pg 95, E11	<b>Height Gain:</b>	657 m
<b>OS Map:</b>	Explorer OL37 - Cowal East		
<b>Access:</b>	Stoneyfield, Glen Massan. Take the road signposted to Glen Massan off the A815 north of Dunoon. Dunoon can be accessed via regular ferries from the mainland at Gourrock.		





# Ayrshire & The Isle of Arran

Seaside towns, holiday islands and historic villages make this region a great destination for all.

**C**lose to the west central area of Scotland yet seemingly a world away, the hills, coast and islands of Ayrshire & Arran provide a wonderful destination for walkers.

The region is just a short drive, train or bus journey from the central belt and Glasgow, or easily reached by plane at the local airport of Prestwick.

In the Year of Coasts and Waters 2020, many people will enjoy the adventure of taking a trip to Ayrshire's islands of Arran, Great Cumbrae and Little Cumbrae. A busy timetable of ferries makes it simple to reach them.

A short ferry journey takes you from the popular seaside town of Largs to Millport on the small island of Great Cumbrae. From the Old Pier, you can stroll a route of 4.4 miles along the rocky coast to the south-west of the island to reach pretty Fintry Bay.

Look out across the Firth of Clyde to see the larger Island of Bute, where on a clear day you might spot Kilchattan Bay, with Mount Stuart – the Marquess of Bute's grand home – on a hillside. The

route returns inland on paths and quiet roads, passing Gowk Stane. The name means 'stone of the cuckoo' in Scots.

The larger island of Arran is also accessible by ferry, from Ardrossan to Brodick. The isle is known as 'Scotland in miniature' because the Highland Fault Line, a geological feature, dissects it and creates scenery that is characteristic of both the lowlands and Highlands.

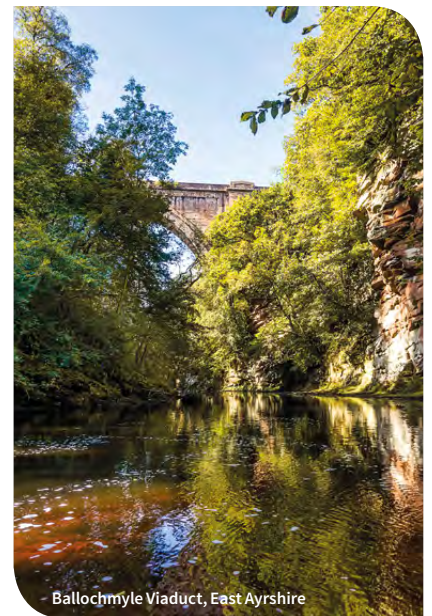
The island is home to the region's tallest mountain, Goatfell. It offers a dramatic backdrop and can be much admired from afar on a 7.5-mile coastal walk from Brodick to Sannox.

After strolling the shore along sandy beaches, through woodland and via pretty villages, you might hanker for a hike to a higher summit. Goatfell's 874 m top is perfect for you if you have the energy and experience.

On Ayrshire's mainland there is a wide choice of coastal walks or gentle, hilly hikes. A route, with an option to stay at a lower level or climb higher, departs Largs Marina to reach Skelmorlie. It is part of the 100-mile Ayrshire Coastal



Greenan Castle, south west of Ayr



Ballochmyle Viaduct, East Ayrshire



## 11. Brodick to Sannox on Arran

Alighting the ferry from the mainland at the island town of Brodick, it's possible to access a lovely coastal walk heading north to the picturesque seashore village of Sannox. This is a section of the long-distance Arran Coastal Way that circuits the island over almost 70 miles. The 7.5-mile route starts with an easy stroll along Fisherman's Walk to a beautiful beach at the northern end of Brodick Bay. Walkers continue along the coast through Merkland Wood on forest tracks to the village of Corrie and on to Sannox. Keep an eye out for wildlife, including seals, which are frequently spotted in Arran's waters. The views inland are of a hillier, forested interior with the dramatic mountain of Goatfell often dominating. It's possible to take a bus back to Brodick from Sannox.



The view to Goatfell, Isle of Arran, Ayrshire

Distance:	12 km / 7.5 miles
Approx. Time:	3.5 - 5 hours
Height Gain:	Negligible
Map Ref:	Pg 95, E12
OS Map:	Explorer 361 - Isle of Arran
Access:	Brodick Ferry Terminal.

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Southernness, Dumfries & Galloway



The Pencil Monument, Largs

**Other walks**

**12. Largs Marina to Skelmorlie**



**Distance:** 15 km / 9.3 miles  
**Time:** 4 - 5 hours  
**Difficulty:** Moderate  
**Height Gain:** 150 m  
**OS Map:** Explorer 341 - Greenock, Largs & Millport  
**Map Ref:** Pg 95, E12  
**Access:** Largs Marina is off the A78.

**13. Fintry Bay, Great Cumbrae**



**Distance:** 7 km / 4.4 miles  
**Time:** 2 - 3 hours  
**Difficulty:** Easy  
**Height Gain:** 55 m  
**OS Map:** Explorer 341 - Greenock, Largs & Millport  
**Map Ref:** Pg 95, E12  
**Access:** Old Pier, Millport. Cumbrae is reached by ferry from Wemyss Bay to Millport.

**14. Twa Brigs Walk**



**Distance:** 5 km / 3 miles  
**Time:** 1.5 - 2 hours  
**Difficulty:** Easy  
**Height Gain:** Negligible  
**OS Map:** Explorer 328 - Sanquhar & New Cumnock  
**Map Ref:** Pg 95, F12  
**Access:** Walkers' car park at Kames.



Glen Rosa, Isle of Arran

Path and skirts the edge of beautiful Clyde Muirshiel Regional Park.

Following the 'high road' leads to the best views and takes in Noddsdale Water and Brisbane Glen. You can detour to a great viewpoint on Knock Hill, which is also the site of an Iron Age fort.

The town of Ayr, also situated on the coast, takes its name from the 'Mouth of the River Ayr'. This river begins high in rough moorland to the east and close to the historic settlement Glenbuck.

A long-distance trail, the River Ayr Way, starts at Glenbuck Loch and winds 40-miles to reach Ayr.

A mid-section of some 11.5 miles from Sorn to Stair wanders through rolling land, wooded valleys, and a gorge that hugs the banks of the winding river that was once used as power for a thriving mill industry. Intersecting an earlier part of the River Ayr

Way is another shorter walk from Kames. You'll see a memorial erected in memory of John Loudon McAdam.

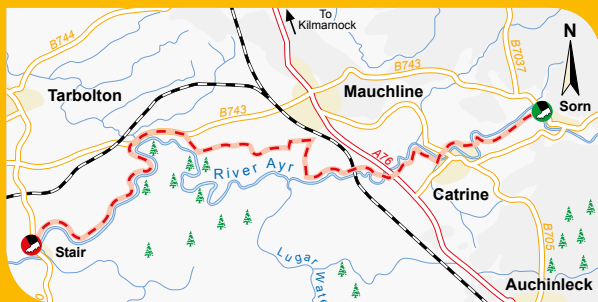
The road builder laid the first stretch of experimental tarmac (or tarmacadam) in nearby Muirkirk.

The three-mile 'Twa Brigs' Walk visits two bridges (brigs). The first is Tibbie's Brig, which was named after Tibbie Pagan, who was known for her singing and poetry.

The second bridge, further along Garpel Water, is Sanquhar Brig. It once formed a vital link for traffic and was part of an old drover's road to the village of Sanquhar. The wooden brig has since been replaced by a more modern metal pedestrian bridge.

Although it is so close to the busier central belt of Scotland, Ayrshire still retains a wonderfully tranquil atmosphere that keeps walkers coming back time and again.

**15. Sorn to Stair on River Ayr Way**



The River Ayr, Muirkirk

The mid-section of the long-distance River Ayr Way follows close to the river as it winds its way through rocky gorges and picturesque estates. The power of the river was once used to drive industrial mills. The waymarked route is on a mainly flat or undulating path and there is plenty of interest to see, including early 18th century built Sorn Old Bridge, views across to Sorn Castle and a nature reserve at Catrine Voes. Just after the village of Catrine and before

the path climbs into a wooded valley, you should look for a cliff-face bearing prehistoric cup and ring markings. You'll also walk under Ballochmyle Railway Viaduct, which claims the title of having the longest masonry railway arch ever built at just more than 55 m. The route heads through Ayr Gorge Woodland before a short detour by road takes you to the end point at Stair village (note the diversion is not marked on the map).

<b>Distance:</b>	18.5 km / 11.5 miles	<b>Approx. Time:</b>	5.5 - 7 hours
<b>Map Ref:</b>	Pg 95, F12	<b>Height Gain:</b>	100 m
<b>OS Map:</b>	Explorer 326 - Girvan & Maybole and Explorer 327: Cumnock & Dalmeilington		
<b>Access:</b>	Sorn on the B743.		

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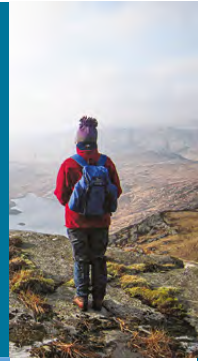
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## Top tips for your hill walking adventures from Heather Morning, Mountain Safety Advisor with Mountaineering Scotland.

Scotland's hills and mountains are world class, providing fabulous and rewarding experiences for visitors from home and abroad. That special day can be made so much better (and safer) by planning to make sure you are prepared for what you may encounter.

- Check out the mountain weather reports for the area you are visiting - [www.mwis.org.uk](http://www.mwis.org.uk) will give details of wind, temperature, visibility and precipitation on the mountain tops.
- Think about what kit you might need to make your day out comfortable and safe. Download a kit list from [www.mountaineering.scot/activities/hillwalking](http://www.mountaineering.scot/activities/hillwalking)

For further information visit the Mountaineering Scotland website at [www.mountaineering.scot/safety-and-skills](http://www.mountaineering.scot/safety-and-skills)



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Portpatrick Lighthouse and harbour

# Dumfries & Galloway

You'll discover tranquillity, a fabulous coastline and rolling hills in this walking haven.

**D**umfries & Galloway is a picture-postcard region that has a get-away-from-it-all atmosphere with walking routes to suit a range of abilities and aspirations amid a gentler landscape.

This region is also surprisingly easy to reach thanks to modern road and train links. You could travel from the central belt of Scotland or come from across the border in northern England.

For many visitors, the stunning coast, which stretches for 200 miles, provides the focus for numerous walking days. It's an inspired choice in the Year of Coasts and Waters 2020.

A delightful walk of five miles from Portpatrick Harbour offers a chance to take in some wonderful sea views and sandy bays to reach Killantringan Lighthouse, now decommissioned. It is set on cliffs and below is the sweeping sands of Killantringan Bay.

The route is part of the long-distance Southern Upland Way (SUW), which extends 214 miles, coast-to-coast, from

Portpatrick to Cockburnspath in the neighbouring Scottish Borders.

Another long-distance route is the Mull of Galloway Trail, which can be walked along a dramatic coastline from Stranraer over several days to the Mull. The Mull of Galloway is the southern-most tip of Scotland and there is another lighthouse, the Stevenson Tower, which can be visited as part of a popular attraction, the Mull of Galloway Experience.

For more seaward views from on high, Scree Hill, further east along the coast, is a treat. A well-trodden walking route climbs from almost sea level to the hill's 344 m summit for amazing views. You'll look out over the expansive Solway Firth and inland towards the vast Galloway Forest Park (the UK's largest forest park and the UK's first International Dark Sky Park), and rugged hills such as Cairnmore of Carsphairn and the Rhinns of Kells.

Scree is located near the Kirkcudbrightshire (kir-coo-bree-shire) village of Palnackie and just south of the



The Southern Upland Way by Portpatrick



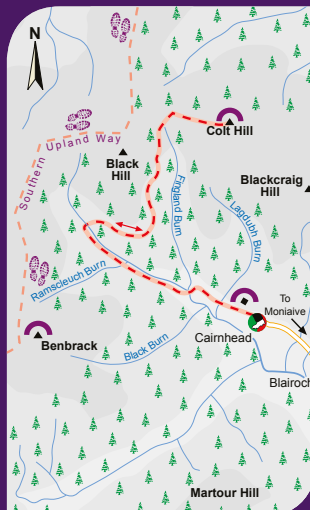
Criffel

## 16. Striding Arches



British sculptor Andy Goldsworthy has created four stone artworks, the Striding Arches, set in the beautiful Dumfries-shire landscape. One arch is located at Cairnhead, while three more sit on nearby hills. The 4 m tall Striding Arches are made from local sandstone and pay tribute to emigrating Scots. This walk heads to the nearest of the hilltop arches, Colt Hill, at 598 m from which the other Striding Arches can be seen.

Starting from Cairnhead at a byre, which also boasts half an arch, walkers follow the forest road 4 km up the glen. Close to the top, you turn right off the track at the finger post. Continue for 0.5 km along the edge of the forestry trail. You can't miss the huge structure ahead of you. From the arch look out towards the other stone landmarks on Bail Hill and Benbrack. To return, retrace your steps.



Andy Goldsworthy's Striding Arches, Cairnhead

<b>Distance:</b>	9 km / 6 miles	<b>Approx. Time:</b>	3 - 4 hours
<b>Map Ref:</b>	Pg 95, F13	<b>Height Gain:</b>	300 m
<b>OS Map:</b>	Explorer 328 - Sanquhar & New Cumnock		
<b>Access:</b>	Cairnhead is 7 miles along a minor road from the village of Montiaive.		



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*Andrew Agnew, actor*

## Other walks

### 17. Portpatrick to Killantringan Lighthouse



Distance: 8 km / 5 miles

Time: 2.5 - 3.5 hours

Difficulty: Easy/moderate

Height Gain: 40 m

OS Map: Explorer 309 - Stranraer

Map Ref: Pg 95, E14

Access: Car park on seafront at Portpatrick.

### 18. Criffel



Distance: 6.5 km / 4 miles

Time: 3 hours

Difficulty: Moderate

Height Gain: 510 m

OS Map: Explorer 313 - Dumfries

Map Ref: Pg 95, G13

Access: Park at Ardwall, 2 km south of New Abbey on the A710 Solway Coast road.

### 19. Riverside Walk, Newton Stewart



Distance: 2.7 km / 1.7 miles

Time: 45 min - 1 hour

Difficulty: Easy

Height Gain: 8 m

OS Map: Explorer 319 - Galloway South

Map Ref: Pg 95, F14

Access: Riverside Car Park, Newton Stewart.



New Abbey, Kirkcudbrightshire

18th century town of Castle Douglas, which is now designated a Food Town.

Another historic town, Newton Stewart, is known as the ‘Gateway to the Galloway Hills’. From the town centre, there is a short stroll along the banks of the River Cree. There are benches offering a peaceful seat and the chance to spot waterfowl. The Cree is home to a rare type of fish, the sparring.

For more fabulous views, Criffel Hill overlooking the picturesque village of New Abbey, near the market town of Dumfries, is recommended. A walk of four miles and 488 m of ascent takes you to the summit at 570 m for another breathtaking vista.

On a clear day, it’s possible to see three countries, Scotland, the Lake District mountains of England and Ireland.

Take your time to wander New Abbey, too. You’ll discover the ruined Sweetheart Abbey, founded by Lady Devorgilla (Lady of Galloway)

in 1273 to commemorate the death of her husband. On her death she was laid next to her husband’s embalmed heart and the monks named the abbey in her memory.

More Scots – those that have emigrated over the last two centuries – are remembered thanks to a set of striking stone artworks near the village of Moniaive, to the north west of Dumfries.

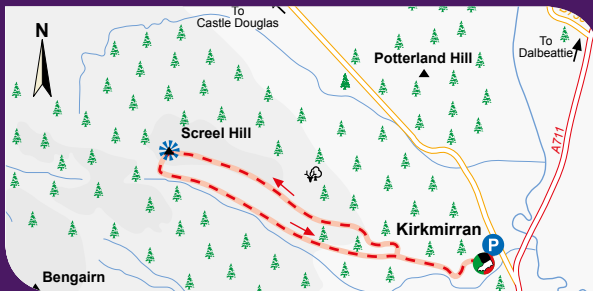
The Striding Arches comprise of four red sandstone arches that ‘stride’ around the natural amphitheatre of Cairnhead.

They are the masterpiece of sculptor Andy Goldsworthy and the first in a series of other arches made of Dumfries-shire sandstone that now stand in Canada, America and New Zealand, echoing the travels of the emigrating Scots.

With so many places to walk and explore it’s worth booking a longer trip, or coming back again very soon.



## 20. Scree Hill



View from Scree Hill

A short but rewarding hill walk takes you to the top of 344 m tall Scree Hill. From the Forestry & Land Scotland car park the route is waymarked and stays in the trees until you reach an area of heather and bracken with rocky outcrops. Keep a look out for distinctive red grouse as you walk. The splendid views from the summit take in the Queensberry range to the north east, Cairnmore

of Carsphairn and the Rhinns of Kells in the north west. On a clear day you’ll see distant mountains and a vista across the beautiful Solway Firth. Walk across to another cairn for a vista across to Bengairn. If you have the energy for an extended walk you could also walk via the top of Bengairn. The return route heads downhill into the forest and joins a track that leads to the outward path.

<b>Distance:</b>	5.5 km / 3.5 miles	<b>Approx. Time:</b>	2.5 hours
<b>Map Ref:</b>	Pg 95, F14	<b>Height Gain:</b>	330 m
<b>OS Map:</b>	Explorer 312 - Kirkcudbright & Castle Douglas and Explorer 313 - Dumfries & Dalbeattie		
<b>Access:</b>	From the forest car park on the minor road between Gelstou and Auchencairn, 10 km south of Castle Douglas.		



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Red Castle, Lunan Bay, Angus

# Dundee & Angus

A region of wonderfully varied landscapes offers an equally wide range of walking options.

**S**tretching from coast to mountains and with hills and glorious glens in between, Angus has a lot to offer all kinds of walkers. At the region's heart is the vibrant city of Dundee, which makes a great base for a walking holiday.

Also known as the City of Discovery, there is plenty to see and visit, within easy reach of each other, simply by strolling the streets, both old and new. You could choose to follow a three-mile Riverside Walk that connects a number of top attractions, including the RRS Discovery, a tall-masted research ship that carried renowned explorers Captain Scott and Ernest Shackleton to the Antarctic, and the new and highly acclaimed V&A Dundee.

You will also enjoy country gems within the city limits as you walk through the wildlife-rich Riverside Nature Park and the University Of Dundee Botanic Gardens.

Travelling north of Dundee, the countryside is, at first, gently rolling and features some

of Scotland's most fertile farmland. A large and fertile valley, Strathmore, is renowned as a location for growing delicious soft fruits, while another attraction, Glamis Castle, is a draw for visitors.

If you enjoy learning about Scottish history, the village of Newtyle, a short drive or bus journey from Dundee, boasts an unusual gem. Newtyle holds an important place in Scotland's railway history as the terminus of the former Dundee and Newtyle Railway, which was opened in 1831 and closed as part of the Beeching cuts of the 1960s.

A short walk from the village makes use of a network of heritage paths, mainly along a disused railway line embankment, and offers wonderful views.

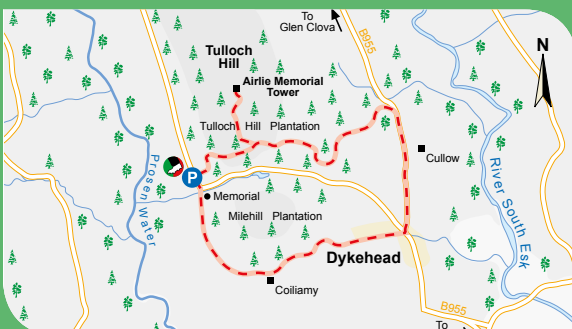
Travelling further north still, the landscape rises, becoming rougher and wilder through many shapely glens towards the foothills of the southern Cairngorm mountains.



Reekie Linn, Glen Isla, Angus



## 21. Airlie Monument and Dykehead



Airlie Monument, Tulloch Hill

Airlie Monument, which honours the ninth Earl of Airlie, who lost his life in the Boer War, is located high on Tulloch Hill and provides a landmark point of interest for this walk. The route forms a circular walk through lovely countryside. From the car park, a track that is fairly steep at first leads through pines and then eases to reach the edge of woodland,

where the stunning Scottish baronial style monument can be seen ahead. As you climb, you'll enjoy the wonderful views down over two glorious glens. To continue the walk, retrace your steps down the hill and then head east via forestry before joining a road south to the village of Dykehead. A smaller road returns to the car park.

<b>Distance:</b>	6.25 km / 4 miles
<b>Approx. Time:</b>	2 - 3 hours
<b>Height Gain:</b>	120 m
<b>Map Ref:</b>	Pg 95, H10
<b>OS Map:</b>	Explorer 381 - Blairgowrie
<b>Access:</b>	Car park above the Scott-Wilson memorial on a road off the B955 north of Kirriemuir.

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City Quay, Dundee

### Other walks

#### 22. Lunan Bay Walk



**Distance:** 11 km / 7 miles  
**Time:** 3 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 20 m  
**OS Map:** Explorer 382 - Arbroath  
**Map Ref:** Pg 95, H10  
**Access:** Lunan Bay car park.

#### 23. Newtyle Railway Loop



**Distance:** 6 km / 4 miles  
**Time:** 1.5 - 2.5 hours  
**Difficulty:** Easy  
**Height Gain:** 60 m  
**OS Map:** Explorer 381 - Blairgowrie, Kirriemuir & Glamis  
**Map Ref:** Pg 95, G10  
**Access:** From the crossroads in Newtyle turn east on North Street, signposted to Eassie and Glamis, to the eastern edge of the village where there is a car park on the left of the road on the site of a disused railway.

#### 24. Dundee Riverside Walk



**Distance:** 5 km / 3 miles  
**Time:** 1 - 2 hours  
**Difficulty:** Easy  
**Height Gain:** Negligible  
**OS Map:** Explorer 380 - Dundee & Sidlaw Hills  
**Map Ref:** Pg 95, H10  
**Access:** Discovery Point, Discovery Quay, Dundee.



V&A Dundee

At the gateway to the glens sits Kirriemuir, an historic town that is famously associated with J M Barrie, the creator of Peter Pan, who was born here. A museum reveals the story of his life and work. Original AC/DC front man Bon Scott was born in nearby Forfar, and lived in Kirriemuir in his early years. You'll find a life-sized statue of this rockstar in the town.

Another piece of Scottish history is sited on a nearby hill. The Airlie Monument is easily spotted on Tulloch Hill and provides a memorial to the ninth Earl of Airlie who died in the Boer War.

The views from the straightforward hill climb are wide-sweeping on a fine day and take in two of the five Angus glens - Clova and Prosen.

For a loftier and more challenging hike, a seven-mile route of Capel Mounth provides more great rewards. The walk follows an ancient drovers' road that linked Angus to Deeside and starts from Glen Doll before

crossing a grass-covered plateau. It is said that local Jacobites used the Capel Mounth on their way to fight at Culloden in 1746.

There are superb views of the Munros of Lochnagar, Broad Cairn and Cairn Bannoch, as well as along sparkling Loch Muick.

A visit to the region should also include time at the coast. Beautiful beaches, high cliffs and quiet coves make it a great destination for a walk.

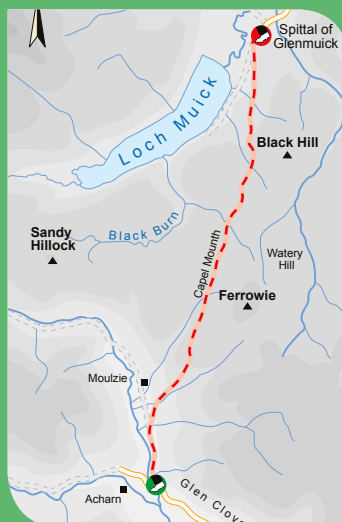
Lunan Bay is one of Scotland's finest beaches and a walk of seven miles takes in the fabulous sweep of sand. There is a cave and a ruined castle to visit along the route, as well as a chance to enjoy the fresh sea air and views to the distant horizon.

With such a variety of landscapes to choose from, you might wonder where to walk next or whether to return to the bright lights of Dundee. Whatever you decide, you will not be disappointed.



## 25. Capel Mounth

Glen Doll is located at the head of Glen Clova in the Cairngorms National Park and provides a wildly beautiful location for a walk. This is an area of stunning beauty and a haven of wildlife, especially birds and plants. This linear walk follows a sign for Capel Mounth. At first the route heads along a forest road and edges the River Esk. Another sign, a mile on, leads to a narrow path through atmospheric woodland. Again the landscape changes as you reach open hillside, climbing a steep path. From here the route reaches flatter ground and offers fabulous views of the mountain, Lochnagar. More fine vistas over Loch Muick are encountered during the descent to Spittal of Glenmuick and the finish point. For transport ease, car-share with another walker, and leave a vehicle at each end of the hike.



Glen Clova, by Loch Brandy

<b>Distance:</b>	11.2 km / 7 miles
<b>Approx. Time:</b>	3.5 - 4.5 hours
<b>Height Gain:</b>	182 m
<b>Map Ref:</b>	Page 95, G9
<b>OS Map:</b>	Landranger 44 - Ballater & Glen Clova
<b>Access:</b>	Glen Doll car park, Glen Clova, via the B955 north of Kirriemuir. Finish at Spittal of Glen Muick car park.



North Berwick Law Hill Fort, overlooking the town and Craigleith Island

# Edinburgh & The Lothians

It's easy to enjoy both city and countryside walking attractions in this perfectly packaged and easy-to-reach region.

**W**ith a world-acclaimed capital city, rolling countryside and a stunning coastline, Edinburgh & The Lothians has a host of urban and rural highlights for walkers.

One of the best ways to explore the city's many attractions is on foot. Edinburgh has a medieval Old Town and an elegant Georgian New Town with many gardens and neoclassical buildings. High above the city is Edinburgh Castle, home to Scotland's crown jewels and the Stone of Destiny. The city hill known as Arthur's Seat sits in Holyrood Park, where the Palace of Holyroodhouse is located and nearby, you'll find the striking building of the Scottish Parliament. If you have the energy, a walk to the top of Calton Hill offers wonderful views.

A lower-level walk amid a surprisingly tranquil and natural environment can be

enjoyed on the Water of Leith Walkway. It stretches 12 miles from the outskirts of the city at Balerno to Leith and passes through many fine addresses, including Colinton Village and Dell, Dean village, which is set into a river gorge, and Stockbridge. You'll stroll through Saughton Park & Winter Garden, too.

Leaving the city behind on its eastern fringe, visitors can easily journey to the picturesque country-and-coast region of East Lothian. Take the train for the chance to sit back and relish the views as you travel.

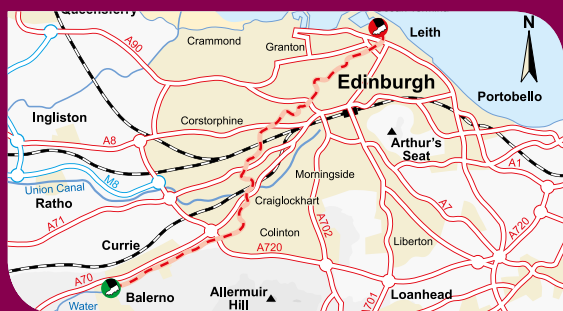
A long section of the John Muir Way, which stretches from Scotland's west to east coasts, winds through the rural delights of East Lothian. The route celebrates the famous conservationist John Muir, who was born in Dunbar in East Lothian, before he emigrated to America.

For airy views and to feel the wind in your hair, Dunbar Clifftop Trail starts at the town's harbour and offers a 3.5-mile walk on a well-laid path. The sea vistas, especially over to Belhaven Bay and the Bass Rock, are superb and on a fine day you will spot the rocky outcrop of Berwick Law close to another seaside town, North Berwick.

The Law is a popular up-and-down route and although it looks steep and high from ground level, it is a relatively short hike of less than 100m on an obvious grassy path. At the 187 m (613 ft) summit, you'll enjoy a fine panorama over North Berwick and, on a clear day, the landscape of East Lothian, the Scottish Borders and across the Firth of Forth towards the Fife coast.

There is a signalling station at the top, which was used during the Napoleonic

## 26. Water of Leith Walkway



The Water of Leith Walkway follows a beautiful route through the heart of the capital city, starting at Edinburgh's outskirts and finishing in Leith, at the mouth of the Water of Leith. The full walkway offers access to many places of interest, including Colinton Village and Dell, the Union Canal, Saughton Park & Winter Gardens, Murrayfield Stadium, the Scottish Gallery of Modern Art, Dean Village, Stockbridge, Royal Botanic Garden

Edinburgh and Leith. You can choose to stroll a short section, popping back up to the city streets when you choose, or walk the full length over a day. The wooded riverbanks are designated as an Urban Wildlife Site and boast carpets of wildflowers and many trees, including patches of ancient woodland. You might also spot some of the 80 known species of bird on this route. It's a great walk whatever the season and ideal for families.

<b>Distance:</b>	19 km / 12 miles
<b>Approx. Time:</b>	4 - 5 hours
<b>Height Gain:</b>	30 m
<b>Map Ref:</b>	Pg 95, G11
<b>OS Map:</b>	Explorer 350 - Edinburgh
<b>Access:</b>	Start from the High School in Balerno, off the A70, to the south west of Edinburgh.



Edinburgh Castle

### Other walks

#### 27. John Muir Way: Linlithgow to South Queensferry



**Distance:** 22 km / 14 miles  
**Time:** 7 hours  
**Difficulty:** Moderate/challenging  
**Height Gain:** 80 m  
**OS Map:** Explorer 349 - Falkirk, Cumbernauld & Livingston and Explorer 350 - Edinburgh  
**Map Ref:** Pg 95, G11  
**Access:** Linlithgow train station.

#### 28. North Berwick Law



**Distance:** 2.5 km / 1.5 miles  
**Time:** 1 hour  
**Difficulty:** Easy/moderate  
**Height Gain:** 96 m  
**OS Map:** Explorer 351 - Dunbar & North Berwick  
**Map Ref:** Pg 95, H11  
**Access:** Car park at base of Law. North Berwick is a 45 minute drive from Edinburgh. Trains/buses run every 30 mins.

#### 29. North Esk Circular Walk, Midlothian



**Distance:** 7 km / 4.5 miles  
**Time:** 2 -3 hours  
**Difficulty:** Moderate  
**Height Gain:** 130 m  
**OS Map:** Explorer 344 - Pentland Hills  
**Map Ref:** Pg 95, G11  
**Access:** Park in the village of Carlops. The start point is at the southerly end of the village at the waymarked sign "Buteland by the Borestone".



Linlithgow Palace and St Michael's Parish Church

conflicts, and a pair of whale's jawbones, now a fibreglass replica after the original ones were removed.

To the west of Edinburgh, in West Lothian, a 14-mile walking route leaves the ancient town of Linlithgow to journey east along the coast to South Queensferry. Take a look around Linlithgow and visit its famous palace - birthplace of Mary Queen of Scots. Heading east the first section was once used by fishermen's wives travelling between Bo'ness and Linlithgow to sell their catches. Bo'ness is a delightful fishing town and further on you'll pass Blackness Castle, built in the 15th century, and the finely managed estate of Hopetoun House.

South Queensferry is home to three stunning road and rail bridges across the Firth of Forth, linking Edinburgh with Fife. The newest, the Queensferry Crossing, was opened in 2017.

You could continue the walk further east and into the capital city again or head to the third of the Lothians, Midlothian. This region is acclaimed for the rolling Pentland Hills, and a walk of 4.5 miles on good paths and farm tracks leads you to lovely North Esk Reservoir. In good weather, you will be treated to views back towards the coast.

After all these rural walking gems, it's only a short drive or train journey to return to the entertainments of one of the world's most visited capital cities.



## 30. Dunbar Clifftop Trail



Dunbar Cliff Top Trail on the John Muir Way

This circuit starts at the harbour in Dunbar and hugs the craggy headland heading to the west. Expansive views along the coast and out towards the small island of Bass Rock in the Firth of Forth are superb on a fine day. The route follows the edge of Winterfield Golf Club and then offers a wonderful vista over the sands of Belhaven Bay. Why not detour for a stroll along the beach and a chance for a refreshing paddle in the chilly

waters? Look up and towards North Berwick where you should be able to see the rocky outcrop of Berwick Law. After the Shore Road car park, the route turns back eastwards on a quiet road, which also serves cyclists on the nearby John Muir Way cycle path. At Dunbar, there's a memorial and museum dedicated to the town's famous son, John Muir, the father of America's National Parks.

<b>Distance:</b>	5.8 km / 3.5 miles
<b>Approx. Time:</b>	1.5 hours
<b>Height Gain:</b>	40 m
<b>Map Ref:</b>	Pg 95, H11
<b>OS Map:</b> Explorer 351 - Dunbar & North Berwick	
<b>Access:</b> Start in Dunbar Harbour.	

# Greater Glasgow & The Clyde Valley

Urban and rural walking gems combine in a region that boasts a must-visit tourist destination at its heart.

**S**cotland's largest city – with its slogan 'People Make Glasgow' – is a cosmopolitan destination and is ranked among the world's top 10 cities to visit based on both friendliness and affordability.

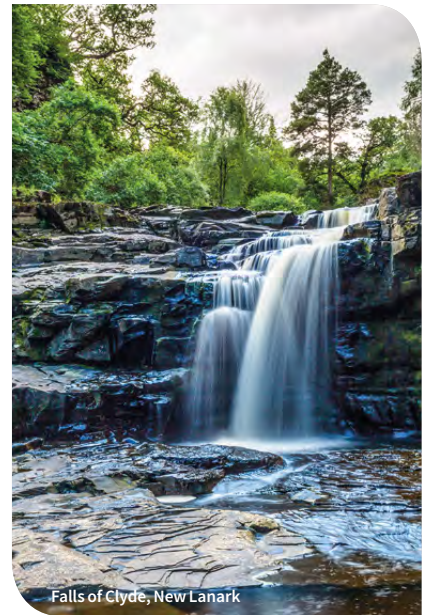
While most people arrive by train, plane or car, once you're here the best way to get around is on foot. A city centre walk of 2.5 miles leaves George Square and takes in many historic buildings and sites en route to the impressive Glasgow Necropolis.

The Necropolis, where 50,000 people are buried, dates from Victorian times and is considered one of Europe's most important cemeteries. Other highlights on this walking tour include the City Chambers, Provand's Lordship house and Glasgow Cathedral.

Look out for many amazing murals painted on walls and buildings as you stroll.

Surprisingly for such a large city, the countryside is never far away and there are plenty of rural walking routes to choose from. The start of Scotland's original long-distance walking trail, which celebrates its 40th anniversary in 2020, the West Highland Way, is at Milngavie, just north of the city, while the many relatively low-lying summits of the Campsie Fells, such as Dumgoyne, as well as the Kilpatrick Hills offer a variety of great hikes with rewarding views.

A walk on tracks and stone paths is easy to follow and gives fine views of the Kilpatricks as it circuits Burncrooks Reservoir. The six-mile walk was created as part of the John Muir Way, which travels 134 miles from Helensburgh on the west coast, to Dunbar on the east coast. The reservoir is a tranquil place, and you might be surprised to find this walk is not a flat loop of the waterway, but rather an interesting up-and-down path.



Falls of Clyde, New Lanark

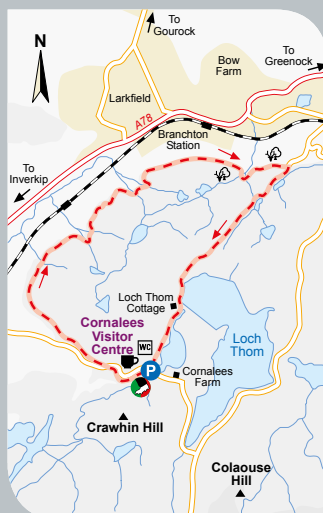


Bellahouston Park, Glasgow

## 31. Greenock Cut

Good paths and tracks combine on an undulating route around a Designated Ancient Monument. The Greenock Cut is an aqueduct, which was designed by Robert Thom in the 1800s. From the visitor centre, the route follows a single-track road that rises to join an off-road path and heads into remote-feeling moorland above the town of Greenock and the River Clyde. Look out for wildlife as you walk, including roe deer and all-year-round resident Canada geese. On a clear day, there are views over the Firth of Clyde towards Dunoon and Argyll.

The walk continues in a clockwise direction heading over and along the aqueduct and takes in more than 20 small stone bridges. Walkers pass two bothies, which once provided accommodation for the workers when the Greenock Cut was built. The two stretches of water on this route are Loch Thom and Compensation Reservoir, which were built to supply water for the aqueduct.



Greenock Cut

<b>Distance:</b>	10.5 km / 6.5 miles
<b>Approx. Time:</b>	3 - 4 hours
<b>Height Gain:</b>	80 m
<b>Map Ref:</b>	Pg 95, E11
<b>OS Map:</b> Explorer 341 - Greenock, Largs and Millport	
<b>Access:</b> Car park at the visitor centre, Loch Thom, signed from the A78, south of Greenock.	





Calderglen Country Park

Other walks

32. Falls of Clyde

**Distance:** 10 km / 6 miles  
**Time:** 2 - 3 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 95 m  
**OS Map:** Explorer 335 - Lanark & Tinto Hills  
**Map Ref:** Pg 95, G12  
**Access:** New Lanark World Heritage Centre.



33. Burncrooks Reservoir

**Distance:** 10 km / 6 miles  
**Time:** 2 - 3 hours  
**Difficulty:** Moderate  
**Height Gain:** 108 m  
**OS Map:** Explorer OL38 - Loch Lomond South  
**Map Ref:** Pg 95, F11  
**Access:** Edenmill Farm Shop, just off the A809 at Carbeth.



34. Calderwood Trail, Calderglen

**Distance:** 8 km / 5 miles  
**Time:** 3 - 3.5 hours  
**Difficulty:** Moderate  
**Height Gain:** 40 m  
**OS Map:** Explorer 334 - East Kilbride  
**Map Ref:** Pg 95, F12  
**Access:** Visitor centre at the park.



City Chambers, Glasgow

Journeying west of Glasgow takes you to the coast with a string of settlements in Inverclyde. Port Glasgow was developed from a fishing village into a working port at the heart of a vast former shipbuilding industry.

Port Glasgow merges into Greenock, and then Gourock further west on the south bank of the River Clyde where it expands into the Firth of Clyde.

A superb walk that feels as if it's miles from urban life, yet is easy to reach – you can start at Drumfochar Station as well as the visitor centre – is the Greenock Cut.

The Greenock Cut is the name for a historic aqueduct, which is now a Designated Ancient Monument. The 6.5-mile route follows good paths and reveals wonderful views over the Firth of Clyde towards Dunoon and Argyll.

Heading south east of Glasgow, more rural delights are discovered in South Lanarkshire. Calderglen Park, in the town of East Kilbride, boasts a scenic wooded

glen created by the Rotten Calder River, a tributary of the River Clyde.

There are various signposted trails, including the five-mile out-and-back linear Calderwood Trail, indicated by red markers. It winds downstream along the banks of the Rotten Calder to the site of the former Calderwood Castle.

It's well worth taking a trip further to the south east to the town of Lanark and the acclaimed New Lanark settlement. The UNESCO World Heritage Site of New Lanark was originally built as a pioneering mill village in the 18th century.

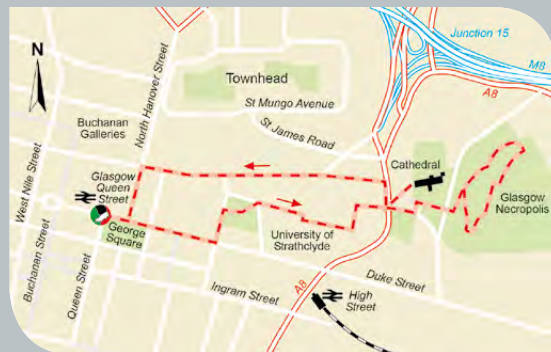
A walk of six miles here takes you to the fabulous Falls of Clyde through a Scottish Wildlife Trust (SWT) nature reserve. There is a viewpoint over Corra Linn, the 27 m fall that Wordsworth described as “the Clyde’s most majestic daughter”.

Whether you choose to return to the city or stay a while longer in the surrounding countryside, you'll never be short of a walking gem.

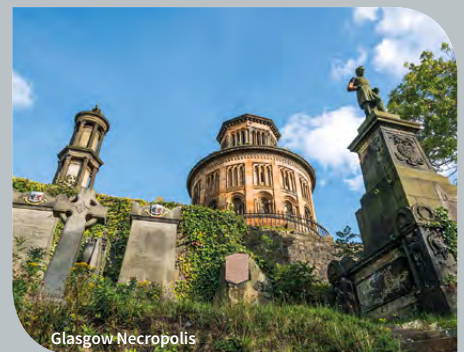
35. Glasgow Necropolis



Stroll the historic streets of Glasgow, starting at George Square, which was first laid out in 1781 by Scottish architects James and Robert Adam. The route leads to Rottenrow Gardens - the site of the former Glasgow Maternity Hospital – and via the campus of the University of Strathclyde. You'll also pass the Provand's Lordship house, built in the 1470s and now Glasgow's oldest remaining house, and the St Mungo Museum of Religious Life and Art en route to Cathedral Square. Glasgow Cathedral is the only medieval Cathedral still intact in mainland Britain, having survived the reformation. The Glasgow Necropolis is



close by and where you can wander undulating tarmac paths between numerous tombstones, monuments and statues. Next you'll cross the “Bridge of Sighs” and return to Cathedral Square and the St Mungo Museum before strolling back to the centre of Glasgow and its modern shopping streets.



Glasgow Necropolis

<b>Distance:</b>	4 km / 2.5 miles	<b>Approx. Time:</b>	1.5 - 2 hours
<b>Map Ref:</b>	Pg 95, F12	<b>Height Gain:</b>	45 m
<b>OS Map:</b>	Explorer 342 - Glasgow		
<b>Access:</b>	George Square (you will need to pay for on street parking) or alight a train at Queen Street Station.		

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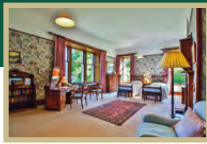
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Ben Nevis from Corpach, near Fort William

# The Highlands

This is a region of walking superlatives, that should be on every walker's bucket list.

Ness Islands, Inverness

**F**amed worldwide for its stunning scenery, the Highlands and Moray Speyside boast a wonderfully diverse landscape of high mountains, hills, glens, lochs, rivers and a long coast.

What might surprise you is the wealth of walks for all types of people, whether you are after a challenging adventure, a relaxing stroll or something in between.

A short walk follows a well-trodden path from an easily accessible car park and offers tremendous rewards with views of a beautiful river gorge and the fabulous Steall Falls of Glen Nevis. The waterfall is the third highest in Scotland and cascades from a height of 105 m.

As the gorge opens up you see many high-rise peaks, including the first summit of the acclaimed and challenging Ring of Steall hike.

Another walk that provides great vistas on a waymarked route of just 3.5 miles is found at Glenlivet Estate in the Cairngorms. The area is renowned for its high, wild and rugged terrain yet you do not need to commit to a long hike.

Starting at a height of 400m on the high road between Cockbridge and Tomintoul, and close to The Lecht ski centre, the route gradually climbs over 80 m to Glenmullach Viewpoint. Don't forget your camera for breathtaking photos over

the high tops of the eastern Cairngorms and across to Tomintoul and Glenlivet - Cairngorms, which was also designated an International Dark Sky Park in 2017. This means it's an amazing place for stargazing and even seeing the Northern Lights.

For those with more energy and experience, another climb on a rocky and often steep path takes walkers from the floor of spectacular Glen Coe to the Lost Valley. The walk climbs 300 m in just over a mile to reach the high valley of Coire Gabhail.

The Lost Valley is situated between the first and second peaks of the famed Three Sisters of Glen Coe – a triple buttress of

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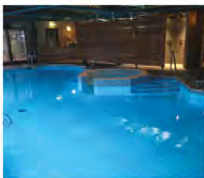


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Stac Pollaidh

mountains that rise high above the A82 Glen Coe road – and to the south of the dominating summits of Bidean nam Bian.

It's said that Coire Gabhail is where the Macdonalds hid cattle they had stolen from their neighbours in the days when cattle-rustling was a way of life.

If you are keen to hike to a mountain summit, you are spoilt for choice in this region with many summits over 3,000 ft. Britain's tallest mountain, Ben Nevis (4,409 ft), is located close to Fort William in an area known as the 'Outdoor Capital of the UK'.

Further north in wildly beautiful Sutherland, along the renowned North Coast 500 travel route, another iconic mountain, Suilven, is easily spotted from the roads that meander around the area. The hump-backed outline of the mountain rises dramatically above the rock-and-lochan strewn Assynt landscape.

A challenging walk, yet on a well-trodden route, departs Lochinver for an out-and-back hike of 12.5 miles to the 731 m summit. Be prepared for a steep climb and some short scramble sections when you finally reach the northern slopes of Suilven. You will be thrilled with your efforts – the views over land, sea and islands are magical.

Many visitors are drawn to the coast, especially relevant in 2020, Scotland's Year of Coasts and Waters. There are seas to the west, north and east of the Highlands with miles of coastline and islands to explore. In Wester Ross, a short but scenic route visits the spectacular beach of Camas a' Charraig at Mellon Udrigle.



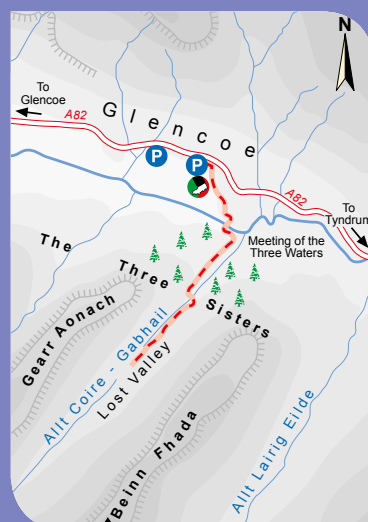
Torrifon Hills



### 36. Lost Valley, Glen Coe

A short walk on a sometimes steep and rough track offers great rewards, especially when you reach the spectacular Lost Valley. The correct name for the high valley is Coire Gabhail and it is where the MacDonalds of Glen Coe hid their rustled cattle in times past. A signpost points the way from the car park, at first descending to reach a path that leads to a high wooden bridge over the River Coe. The route climbs from here through a tree-lined gorge with waterfalls. A river crossing is required higher up the path and this could be tricky in periods of high rain so the best time to walk this route is in spring or summer. The wide and flat Lost Valley is surrounded by high mountains and you can walk along the base for superb views.

The return is via the same outward route. It's a surprisingly wide and flat area hidden from Glen Coe below. The views open out at the head of the glen to reveal great peaks such as Stob Coire Sgreamhach and the huge rock walls of Gear Aonach and Beinn Fhada.



Signal Rock and River Coe, Glen Coe

<b>Distance:</b>	4 km / 2.5 miles (return)
<b>Approx. Time:</b>	2 - 3 hours
<b>Height Gain:</b>	300 m
<b>Map Ref:</b>	Pg 95, E10
<b>OS Map:</b>	Explorer 384: Glencoe & Glen Etive
<b>Access:</b>	Either of the two car parks on the A82 at NN 168569 or further east.

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Duncansby Head, Caithness

## Other walks

### 37. Duncansby Head, Caithness



**Distance:** 6 km / 4 miles  
**Approx. Time:** 2 - 3 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 68 m  
**OS Map:** Explorer 451 - Thurso  
**Map Ref:** Pg 94, G5  
**Access:** John o'Groats harbour

### 38. Glenmulliach Viewpoint



**Distance:** 5.5 km / 3.5 miles  
**Approx. Time:** 1.5 - 2.5 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 80 m  
**OS Map:** Explorer OL58 - Braemar  
**Map Ref:** Pg 95, G8  
**Access:** Car park at Glenmulliach Forest on the A939, just south of Tomintoul. Part of the Glenlivet Estate trails.

### 39. Mellon Udrigle Circular, Wester Ross



**Distance:** 4 km / 2.5 miles  
**Approx. Time:** 1.5 to 2 hours  
**Difficulty:** Easy  
**Height Gain:** 57 m  
**OS Map:** Explorer 434 - Gairloch  
**Map Ref:** Pg 94, D7  
**Access:** Car park at Mellon Udrigle beach, reached on an unnamed road north of the A832 north of Poolewe.



Sculpture at Quarry by Tomintoul, Cairngorms National Park

The 2.5-mile circular walk explores the wild moorland coastline and reveals superb views across the sea back to Assynt and over to the Summer Isles.

Further east, in Moray Speyside, an area acclaimed for its milder weather, a walk of 3.5 miles takes in beautiful Culbin Forest, which is edged by Culbin Sands and close to famous Findhorn Bay.

A circular waymarked route here reaches the highest point in the forest, on Hill 99, with wonderful views over the forest below, the salt marshes and sand banks of the fabulous coastal nature reserve.

For a more dramatic coastal panorama, head to the most north-easterly mainland settlement of John o'Groats. A four-mile return walk hugs the stunning north coast, east to Duncansby Head Lighthouse and then on to the huge rock stacks known as The Stacks of Duncansby. A 147-mile coastal walking route, the John o'Groats Trail, runs from Inverness to John o'Groats, making this area a veritable walkers' paradise.

Look out for wildlife including seals, Eider ducks and possibly even otters. 'Groatie Buckies', a small cowrie shell once used as a currency, can be found at sandy Roberts Haven.



## 40. Suilven

The dramatic hump-backed outline of Suilven is an iconic view in Sutherland. The most popular route is to start from near Lochinver, on the west coast, following a tarmac road to Glencanisp Lodge at first, before joining an all-terrain vehicle track eastwards. The track eventually turns to the south as you approach the high sides of Suilven. The path upwards looks daunting but it is simply a steep path with some sections of easier zig-zagging. When you suddenly arrive on the ridge, the view south to another iconic mountain, Stac Pollaidh, is breathtaking. Turn right along the ridge. The



path crosses an impressive drystone wall before heading upwards again with some minor scrambling. After crossing a narrow neck of the ridge, you'll reach the final rocky slope. The top at 731 m top takes the form of a rounded grassy dome and the views are spectacular. The return is by the same route.



Suilven Mountain, Sutherland

<b>Distance:</b>	20 km / 12.5 miles	<b>Approx. Time:</b>	7 - 9 hours
<b>Map Ref:</b>	Pg 94, E7	<b>Height Gain:</b>	680 m
<b>OS Map:</b>	Explorer 442 - Assynt		
<b>Access:</b>	Take Canisp road east of Lochinver. The start point is the end of the public road. There is limited parking space.		

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Loch Ness from Dores Beach

## Other walks

### 41. North Bay Circular, Isle of Raasay



**Distance:** 5 km / 3.1 miles

**Time:** 2 - 2.5 hours

**Difficulty:** Easy

**Height Gain:** 70 m

**OS Map:** Explorer 409 - Raasay, Rona & Scalpay

**Map Ref:** Pg 95, D8

**Access:** Ferry Pier on Raasay, close to the ferry terminal. Calmac operates a ferry between Sconser on the Isle of Skye and Raasay.

### 42. Loch Ness 360 Trail: Fort Augustus to Foyer



**Distance:** 24.5 km / 15 miles

**Time:** 5.5 - 7 hours

**Difficulty:** Moderate/challenging

**Height Gain:** 390 m

**OS Map:** Explorer 416 - Loch Ness

**Map Ref:** Pg 95, E9

**Access:** The town of Fort Augustus on the southern shore of Loch Ness.

### 43. Steall Falls Walk, Glen Nevis, Lochaber



**Distance:** 4 km / 2.5 miles (return)

**Time:** 1.2 - 2 hours

**Difficulty:** Easy

**Height Gain:** 80 m

**OS Map:** Explorer 392 - Fort William

**Map Ref:** Pg 95, E10

**Access:** Car park at end of Glen Nevis road, near Fort William.



Sgurr of Eig, Isle of Eigg

The Isle of Skye is much visited by visitors, and walkers will discover some great hikes on the large island, including the epic Cuillin ridge.

For an altogether quieter gem of an isle, neighbouring Raasay is a must-visit. A ferry journey between Skye and Raasay, where the three-mile North Bay Circular walk offers historic interest, as well as delightful views. Walkers visit the ruins of 11th century St Moluag's chapel and an ancient carved stone nearby. There is also a walk up the island's highest summit, Dun Caan.

Like Skye, few visitors will bypass Loch Ness during a holiday in the Highlands. Famed as the home of an ancient monster, a more modern attraction is the Loch Ness 360° Trail, an 80-mile route that connects the Great Glen Way with the South Loch Ness Trail to form a route for walkers, cyclists and horse riders.

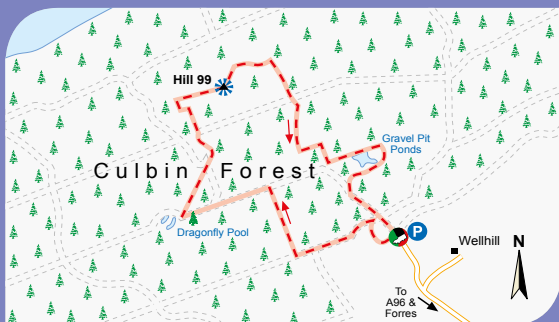
To walk the entire loop would take six days, however there are plenty of shorter sections. From Fort Augustus, on the southern shore of Loch Ness, north to the village of Foyers, is 15 miles.

The route starts with a long and steady climb to reach a marvellous viewpoint that reveals a wide sweeping vista over the southern end of the loch and wider Stratherrick. The descent that follows takes in more delightful views including wild moorland and picturesque Loch Knockie.

Perhaps you'll choose to walk further along the eastern shore of Loch Ness the next day towards the attractive city of Inverness, or pick another path from a seemingly limitless menu of walking routes for all.



## 44. Culbin Forest Hill 99, Moray



Culbin Sands, Forest and Findhorn Bay are home to Hill 99, the highest point in the forest and so-called as it's Culbin's highest dune at 99 feet tall. The walk starts from Wellhill car park and follows black arrow signs on a circular route that can be a little steep in places, although not arduous. At the summit there is a trig point surrounded by seats

and a wooden platform above that is reached by a staircase. This offers wider views of the forest below, which also has wildlife ponds for children to explore, as well as views of the salt marshes and sand banks of the Culbin Sands Nature Reserve and hills on the other side of the Moray Firth. The circular route returns to the car park.

<b>Distance:</b>	5.7 km / 3.5 miles	<b>Approx. Time:</b>	2 hours
<b>Map Ref:</b>	Pg 95, G8	<b>Height Gain:</b>	30 m
<b>OS Map:</b>	Explorer 423 - Elgin, Forres & Lossiemouth		
<b>Access:</b>	Culbin Forest is 3 miles north west of the town of Forres and the walk starts at Wellhill car park.		

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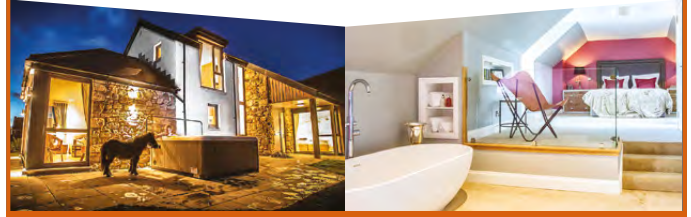
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# The Kingdom of Fife

Rolling hills, a fabulous coastline and a wealth of history make Fife a magnet for walkers.

**F**amed worldwide as the home of golf, the Kingdom of Fife is also a favourite with walkers, especially for families and people who prefer the trails to be more easy-going.

There are many walking routes, from short and sweet to longer and higher, whether you choose to head along a picturesque coastline or amid undulating hills and atmospheric forests.

A great place to start is the long shore of Fife, to the east of the region, where a string of pretty fishing villages and the golf town of St Andrews draw visitors.

The Fife Coastal Path extends for almost 120 miles from the Forth Estuary in the south to the Tay Estuary in the north of Fife.

Starting with an easy, family-friendly walk, the signposted Seashell Trail at Tentsmuir

National Nature Reserve takes in a section of the Coastal Path and detours inland over sand dunes and forest to reach an old Ice House and a World War II pillbox.

For a longer coastal walk, Crail to St Andrews, or vice versa, offers some 14 miles of sublime views and plenty of fine beaches. It's a relatively flat path but you could stop halfway at Kingsbarns if you tire.

At Fife Ness, where this walk starts, there's a wildlife reserve, which is worth a visit. As you walk, look out for a rock formation known as The Rock and Spindle, which appears like a huge spinning wheel, the tall pillar representing the distaff while the wheel-shaped projection is the spindle.

And once you reach St Andrews you should take some time to explore the ancient town with its cathedral, castle, the British Golf Museum and much more besides.

A new long-distance walking trail, the 64-mile Fife Pilgrim Way leaves Culross or North Queensferry (you can choose which) in west Fife to reach St Andrews Cathedral.

For 400 years, St Andrews was one of the main pilgrimage destinations in Medieval Europe. Rich and poor flocked to be near the bones of St Andrew, one of the disciples of Jesus.

An 8.5-mile section of the full route leaves Kennoway for Ceres on a waymarked route on mostly trails and paths. The views are wonderful with hedgerow-bordered fields, woodland and open countryside. On a fine day, you'll see as far as the East Neuk of Fife, the Firth of Forth and the Lomond Hills.

At Clatto Den and Clatto Reservoir in the summer months, darting dragonflies and damselflies fill the air and wildflowers create colourful displays.

Clatto Reservoir on the Fife Pilgrim Way

## 45. West Lomond Loop



Looking towards East Lomond

The West Lomond Loop takes walkers to the highest point in the Kingdom of Fife, and the taller of the two Lomond hills, the 522 m summit of West Lomond. If you have the energy you could also walk to the top of East Lomond (424 m) and Bishop Hill (460 m) afterwards. From Craigmear Car Park, head through a metal gate to a broad track over open land. At the foot of West Lomond, take the

path to the north, skirting around the hill. The climb to the top is fairly steep but it's worth the effort for panoramic views over rolling countryside and sparkling Loch Leven, the largest loch in the lowlands. To return, descend to the south east, avoiding an old quarry. Follow a path and cross a stile. At a self-closing gate, turn east. At the road, turn north back to car park.

Distance:	8 km / 5 miles
Approx. Time:	3 – 4 hours
Height Gain:	300 m
Map Ref:	Pg 95, G11
OS Map:	Explorer 370 - Glenrothes North, Falkland & Lomond Hills
Access:	Craigmear Car Park between Leslie and Falkland.

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With a stunning coastline, beautiful countryside and pretty towns and villages Fife is a great destination for walkers. Take a long distance hike or a leisurely stroll and enjoy the views, spot some wildlife, soak up the history and refuel with delicious local food and drink. At the end of your walk take a well-earned rest – we've got some awesome accommodation in Fife!

# Fife

For inspiration and ideas on walking in Fife visit [www.welcometofife.com](http://www.welcometofife.com)

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## Other walks

### 46. Seashell Trail at Tentsmuir



**Distance:** 5.5 km / 3.5 miles  
**Time:** 1.5 - 2 hours  
**Difficulty:** Easy  
**Height Gain:** Negligible  
**OS Map:** Explorer 371 - St Andrews & East Fife  
**Map Ref:** Pg 95, H10  
**Access:** Tentsmuir Forest Car Park (charge). Signposted from Leuchars and south of Tayport on B945.

### 47. Mount Hill & Hopetoun Monument, Cupar



**Distance:** 4 km / 2.5 miles  
**Time:** 1.5 - 2 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 130 m  
**OS Map:** Explorer 371 - St Andrews & East Fife  
**Map Ref:** Pg 95, G11  
**Access:** Travel north-west from Cupar on the A913 for 3.5 km. Turn left on the B class road past The Mount Farm and park in the lay-by beside the public footpath sign.

### 48. Fife Pilgrim Way (Kennoway to Ceres)



**Distance:** 14 km / 8.5 miles  
**Time:** 3 - 4 hours  
**Difficulty:** Moderate  
**Height Gain:** 160 m  
**OS Map:** Explorer 370 - Glenrothes North, Falkland & Lomond Hills  
**Map Ref:** Pg 95, H11  
**Access:** Free parking in Kennoway and in Ceres. Look for Fife Pilgrim Way signposts to the north of Kennoway where the route follows pavement to Bonnybank.



Newark Castle, near St Monans

Ceres is a lovely place to enjoy lunch and stroll the historic streets, dating back to the 17th century. There is the fascinating Fife Folk Museum here, if you want to find out more about past times.

Perhaps the sight of the Lomond Hills, seen from across the Kingdom, will give you the notion to climb to one of the prominent summits. The Lomonds comprise of two main peaks and a choice of routes to East Lomond or West Lomond, or you could do both in one outing.

A five-mile West Lomond Loop takes in the taller peak reaching a 522 m altitude for a superb panorama of the delightful Fife countryside, towards sparkling Loch Leven and the Ochil hills, with the Forth Valley in the distance.

Another hill walk, although with less height gain, starts at the historic town of Cupar,

## Did You Know?

Rarely seen together, it's possible to spot both grey and common seals at Tentsmuir National Nature Reserve.

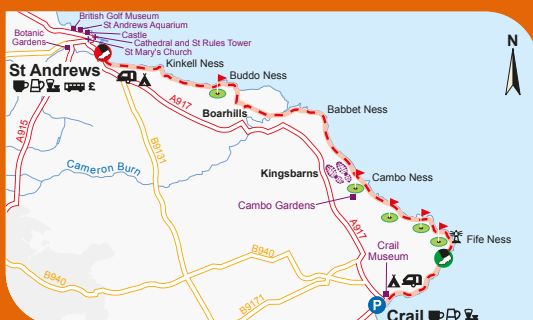
close to the Fife Pilgrim Way, and heads up Mount Hill.

Of historic interest is the 29 m tall Hopetoun Monument, which was erected in 1824 in memory of John Hope, the 4th Earl of Hopetoun (1765–1823).

A region of so many choices, especially for people who are new to walking or like their hikes to be less challenging, it's likely you'll want to book a return holiday here as soon as you can.



## 49. Crail to St Andrews (Fife Coastal Path)



St Andrews Cathedral

This 14.5-mile walk is part of the Fife Coastal Path, which extends almost 120 miles from Kincardine, and north to the Tay Bridge. En route, walkers will discover quaint former fishing villages, sandy beaches and high cliffs with fantastic views. The Crail to St Andrews section begins at the most easterly point of the long-distance path at Fife Ness, where there is also a wildlife reserve. After a narrow road that passes

an old harbour, walkers join a path skirting ancient Balcomie Links Golf Course and passing Constantine's Cave. The next section, beneath Randerston Cliffs, is walked at low tide. Towards Babbet Ness, the path descends to the beach before heading along farm tracks to Boarhills hamlet. There is a series of steps to Kinkell Ness, before you descend (at low tide) into St Andrews, which is the world-famous Home of Golf.

<b>Distance:</b>	23 km / 14.5 miles
<b>Approx. Time:</b>	5 - 7 hours
<b>Height Gain:</b>	40 m
<b>Map Ref:</b>	Pg 95, H11
<b>OS Map:</b>	Explorer 371 - St Andrews & East Fife
<b>Access:</b>	Park in the village of Crail or at Fife Ness.

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# Loch Lomond, The Trossachs, Stirling & Forth Valley

So easy to reach and with a wide variety of walking routes, this region is a must-visit.

**P**erfectly located on the doorstep of three cities, Glasgow, Edinburgh and Stirling, as well as numerous towns and villages, this region is popular with day walkers as well as walking holidaymakers.

Thanks to an ancient force of nature, the Highland Fault Line, there is a division of landscapes with both lowlands and Highlands' scenery in one great area.

At its heart is Loch Lomond & The Trossachs National Park, one of two great Scottish national parks. Landmarks include picturesque Loch Lomond, which is Britain's largest area of fresh water, and part of Scotland's original long-distance walk, the West Highland Way.

Another long-distance walk, the coast-to-coast John Muir Way, journeys through the

region. It's possible to walk a section of nine miles along the historic Union Canal between Falkirk and Linlithgow. The canal was built in the early 1800s and was used to transport coal until the revolution of the railways.

At Falkirk, walkers can see the impressive Falkirk Wheel boatlift and the huge statues known as The Kelpies, located at The Helix. Other attractions en route include Callendar House and Park, dating from the 14th century, and the 200-year-old Avon Aqueduct – Scotland's largest – that carries the Union Canal over the River Avon. Linlithgow is home to a canal centre, a palace and a beautiful loch.

Walkers can take more steps back in time on a six-mile route from Balquhider to Kirkton Glen in Stirlingshire. The delightful

out-and-back walk meanders north through the wooded glen of Kirkton.

It's possible to visit the grave of famous 18th century Scottish folk hero and outlaw, Rob Roy MacGregor, at Balquhider Parish Church here.

At a well-located bench there is a vista back down the glen towards the Corbett of Ben Vane, a lesser-known neighbour of Ben Ledi, close to the popular visitor town of Callander.

A little further south, a family-friendly walk leaves another visitor hotspot, the village of Aberfoyle, behind as it heads into the great Loch Ard Forest. The 3.5-mile circuit through the trees and alongside the island-strewn loch starts from Forestry & Land Scotland's Milton Car Park.



Loch Ard, Loch Lomond & The Trossachs National Park

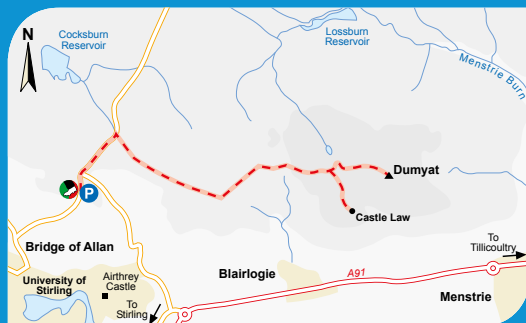


## 50. Dumyat

Dumyat (pronounced dum-eye-at) is part of the Ochil hills range near the city of Stirling. It is easy to reach and offers a relatively easy walk to reach the 418 m summit.

The start is from a high roadside car park. There is a gate to the hill and then a newly laid path can be seen right ahead. The route undulates and gently ascends with only a few shorter, steeper efforts over rocks.

This route heads first to Castle Law at 374 m and then to Dumyat at 418 m, although you could go straight to Dumyat.



There is a trig point, a large metal beacon and a number of memorials all located on Dumyat summit. The views from the top are superb and on a clear day you'll see the famous Wallace Monument in the foreground, Stirling itself and the wider Stirlingshire countryside. Return the same way.



Dumyat, Clackmannanshire

<b>Distance:</b>	7.4 km / 4.6 miles	<b>Approx. Time:</b>	2 - 3.5 hours
<b>Map Ref:</b>	Pg 95, F11	<b>Height Gain:</b>	230 m
<b>OS Map:</b>	Explorer 366 - Stirling or Explorer OL46 - Stirling & Ochil Hills West		
<b>Access:</b>	Pendreich Forest car park, reached on the Sheriffmuir road from Bridge of Allan.		

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**Other walks**

**51. Loch Ard Circular**



**Distance:** 5.6 km / 3.5 miles  
**Time:** 2 - 3 hours  
**Difficulty:** Easy  
**Height Gain:** 50 m  
**OS Map:** Explorer 365 - The Trossachs  
**Map Ref:** Pg 95, F11  
**Access:** Forestry & Land Scotland car park at Milton. Follow signposts to car park 1 mile west of Aberfoyle on the B829.

**52. Falkirk to Linlithgow Canal Walk**



**Distance:** 14.4 km / 9 miles  
**Time:** 3.5 - 5 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** Negligible  
**OS Map:** Explorer 349 - Falkirk  
**Map Ref:** Pg 95, G11  
**Access:** Falkirk Train Station (return from Linlithgow train station).

**53. Kirkton Glen from Balquhidder**



**Distance:** 10 km / 6 miles  
**Time:** 2.5 - 4 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 150 m  
**OS Map:** Explorer 365 - The Trossachs  
**Map Ref:** Page 95, F10  
**Access:** Rob Roy's Grave, Balquhidder.

For more information on walks in Loch Lomond, The Trossachs, Stirling & Forth Valley go to:  
[www.visitscotland.com/walk](http://www.visitscotland.com/walk)



Falkirk Wheel

Loch Ard is where the River Forth begins its journey to the sea and Loch Ard Forest boasts no less than 17 species of conifer alongside remnants of ancient oaks. Wildlife includes red and roe deer, pine martens, otters, red squirrels and water voles. Sharing the forest with this plethora of wildlife is a series of outstanding sculptures created by local artist and environmentalist Rob Mulholland.

As you walk, you'll see in the distance the impressive bulk of Ben Lomond, which is Scotland's most southerly Munro (a collection of 282 mountains with a summit of at least 3,000 ft).

Perhaps you'll be drawn to this Munro, located on the eastern shore of Loch Lomond, for a loftier hike. Many people choose to walk the 'tourist' trail up and down the mountain, while a 7.5-mile circular route starts in the

same place, at Rowardennan, and climbs first to the westerly Ptarmigan Ridge summit before approaching the summit of Ben Lomond at 974 m via a steep and rocky path. The return path follows the 'tourist path' back to the car park at the start.

Another popular summit in the region is Dumyat, above the city of Stirling. It's a rewarding five-mile outing and follows a newly laid path.

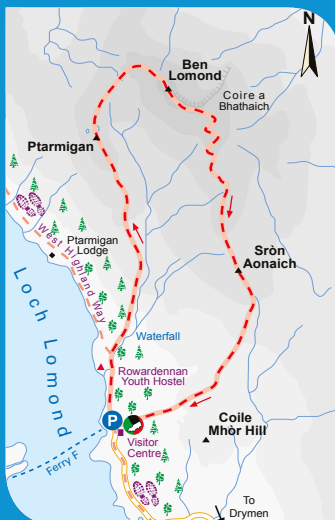
You could head straight for the 418 m summit or take in Castle Law at 374 m, too. The views are wonderful and, if the weather is fine, you'll enjoy a panorama over the wider Stirlingshire countryside, across the rest of the hill range of the Ochils and including the famous Wallace Monument.

Whatever your walking aspirations, this region will easily please.



**54. Ben Lomond**

Ben Lomond is an iconic mountain on the eastern shore of Loch Lomond. A hike to the top offers fabulous views over Loch Lomond & The Trossachs National Park on a fine day. This route is circular, rather than an out-and-back walk. Start by following the West Highland Way north from Rowardennan, then turn slightly inland to skirt right of the Hostelling Scotland Youth Hostel. Just beyond this, cottages branch off right on to a path beside a burn, climbing through woods and then up a hillside. Below a waterfall stay left instead of crossing a stile. The path climbs and passes below rocky outcrops before zigzagging steeply on to the grassy Ptarmigan summit. Walkers follow the wide ridge as it loops around the head of a corrie before a final effort on a steep and rocky section to the top. In wet conditions, you may find you need to use your hands to scramble upwards. Return via the well-trodden 'tourist path'.



Ben Lomond to the left, seen from the An Ceann Mor, Loch Lomond

<b>Distance:</b>	12 km / 7.5 miles
<b>Approx. Time:</b>	4.5 - 6 hours
<b>Height Gain:</b>	974 m
<b>Map Ref:</b>	Pg 95, F11
<b>OS Map:</b> Explorer OL 39 - Loch Lomond North	
<b>Access:</b> Rowardennan car park at the end of minor road after the B837 reaches Balmaha. You need to pay to park.	

# Orkney

The low-lying islands of Orkney are perfect for walks on the wild side.

**W**ith beautiful rolling countryside, breathtaking coastlines and numerous pristine beaches, Orkney is a paradise for walkers.

Much of the island chain is low-lying, which makes it an ideal place to pull on walking boots whatever your age or fitness level.

Although seemingly remote, Orkney is just 10 miles from the mainland of Scotland at its nearest point, so it's easy to reach by boat, or you can fly from one of four city airports in usually a little over one hour.

The most difficult decision will be where to walk first. It's worth strolling around some of Orkney's amazing archaeological wonders, such as the UNESCO World Heritage Site of the Ring of Brodgar, a Neolithic henge and stone circle on Mainland. Right next door, fascinating excavations continue at the Ness of Brodgar site.

Locals will also recommend you to head east on Mainland to walk a coastal path to The Gloop, a name that comes from the Old Norse "gluppa" (chasm). The Gloop is a huge collapsed sea cave and is part of 200 acre Mull

Head Nature Reserve with coastal grassland, heath and sea cliffs.

The iconic sea stack, the Old Man of Hoy, is a big draw for visitors, too, and an out-and-back signposted walk of six miles from Rackwick Youth Hostel (accessible by bus) offers wonderful vistas of the 137 m tall Old Man on Hoy Island, which you reach via Orkney Ferries. The island cliffs are also breeding grounds for sea birds.

To the north west of the archipelago, a lesser visited island, Westray, boasts a lovely circular walk of just over four miles to visit more spectacular coastal attractions, including the cliffs and seabird colonies of Noup Head, which is an RSPB reserve. You'll be treated to eye-catching stacks, arches and caves.

Further north still is North Ronaldsay. The island is almost completely enclosed by a stone wall that ensures Ronaldsay's seaweed-eating sheep remain on the rocky shore around the island. A long but not too strenuous walk circuits the island staying close to the outside of the wall.

In this Year of Coasts and Waters, there has never been a better time to visit Orkney.

## Other walks

### 55. Old Man of Hoy Walk, Isle of Hoy



**Distance:** 10 km / 6 miles  
**Time:** 2 - 3 hours

**Difficulty:** Easy/moderate

**Height Gain:** 150 m

**OS Map:** Explorer 462 - Hoy, South Walls & Flotta

**Map Ref:** Pg 94, G5

**Access:** Ferry from Stromness on Mainland to pier on Hoy. Bus to Rackwick Youth Hostel operates in summer.

### 56. Noup Head, Westray



**Distance:** 4.3 miles

**Time:** 2 - 2.5 hours

**Difficulty:** Easy

**Height Gain:** 52 m

**OS Map:** Explorer 464 - Orkney - Westray, Papa Westray, Rousay, Egilsay & Wyre

**Map Ref:** Pg 94, G4

**Access:** There is limited parking close to Backarass Farm on an unnamed road west of Pierwall.

### 57. North Ronaldsay Sheep Dyke Hike, Isle of North Ronaldsay



**Distance:** 19 km / 12 miles

**Time:** 6.5 - 8 hours

**Difficulty:** Moderate

**Height Gain:** 80 m

**OS Map:** Explorer 465 - Sanday, North Ronaldsay, Eday & Stronsay

**Map Ref:** Pg 94, H4

**Access:** North Ronaldsay Pier at the south of the island.

For more information on walks in Orkney go to: [www.visitscotland.com/walk](http://www.visitscotland.com/walk)

## 58. Mull Head, East Mainland



This walk on Orkney Mainland's most easterly point offers a perfect mix of sea views, natural gems and historical interest. The route follows a coastal path past the geologically impressive Gloop, a collapsed sea cave, and further on to visit remains of an ancient settlement at the Brough of Deerness. You continue on to Mull Head itself, where it's worth stopping to enjoy a spectacular

sea vista to the west and south. A short walk away is the Covenanter's Memorial, which remembers 200 Covenanters who perished in 1679 when their ship was wrecked nearby. The path heads gently uphill to meet a road. Go left and continue on to meet a track that joins another road. Go right and, after 1 km, by a house, take a track on your left back to the start of the walk.

<b>Distance:</b>	10 km / 6 miles
<b>Approx. Time:</b>	3 hours
<b>Height Gain:</b>	60 m
<b>Map Ref:</b>	Pg 94, H5
<b>OS Map:</b>	OS Explorer 461 - South Ronaldsay, Shapinsay & Kirkwall
<b>Access:</b>	From Kirkwall follow the A960 and the B9050 to the road end car park.





Tolsta Beach, Isle of Lewis

Other walks

**59. Clisham Horseshoe, Harris**



**Distance:** 14.5 km / 9 miles  
**Time:** 7 - 9 hours  
**Difficulty:** Challenging  
**Height Gain:** 760 m  
**OS Map:** Explorer 456 - North Harris  
**Map Ref:** Pg 94, C7  
**Access:** Look for parking on the A859, just south of a bridge over the Abhainn Scaladail.

**60. Tolsta to Ness, Lewis**



**Distance:** 20 km / 12.5 miles (one-way)  
**Time:** 6 - 7 hours (approx.)  
**Difficulty:** Moderate/challenging  
**Height Gain:** 110 m  
**OS Map:** Explorer 460 - North Lewis / Ceann a Tuath Leòdhais  
**Map Ref:** Pg 94, D6  
**Access:** South of Skigersta (Sgiogarstaigh), Ness, or at Traigh Gheardha, Tolsta; parking available. Bus service to both points.

**61. Druidibeg, South Uist**



**Distance:** 8 km / 5 miles  
**Time:** 3 hours  
**Difficulty:** Easy  
**Height Gain:** Negligible  
**OS Map:** Explorer 453 - Benbecula  
**Map Ref:** Pg 95, B8  
**Access:** Turn off A865 at B890 for Loch Sgioport. Park after 2.5 km by junction with track.

For more information on walks in Outer Hebrides go to:  
[www.visitscotland.com/walk](http://www.visitscotland.com/walk)

# Outer Hebrides

A wonderfully wild and scenic island chain with different walks for all.

**W**alkers enjoy the get-away-from-it-all atmosphere of the Outer Hebrides, as well as the wide variety of landscapes and the incredible history.

The island chain is also easy to reach, via several ferry routes or by plane to land at Stornoway or on Traigh Mhor on the Isle of Barra - the only place in the world where scheduled flights land on a beach runway.

A popular way to experience a range of different islands in one trip is to hike the long-distance waymarked trail, The Hebridean Way, over 10 days. Starting on the small island of Vatersay, the route travels north through nine more islands to reach Lewis. A highlight is the chance to visit the vast and stunning white sandy beaches along the long coast of the archipelago.

Vatersay is worth spending a little longer exploring. A walk of almost four miles on the southern part of the H-shaped isle reveals the unique landscape so deeply worn by the sea that only a narrow strip of sandy grassland, known as machair, prevents it becoming two islands.

Further north, on South Uist, an easy-going walk of three hours at Loch Druidibeg National Nature Reserve reveals a wonderful world of wildlife. Spot some of the 200 species of flowering plants, as well as numerous birds.

While much of the terrain of the Outer Hebrides is fairly flat, Harris boasts some fantastic mountains including the tallest An Cliseam, at 799 m.

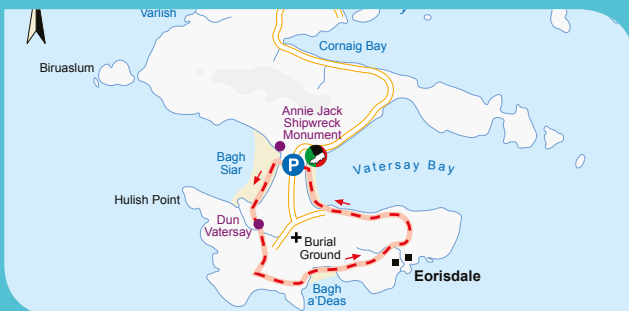
A challenging but rewarding hike of nine miles follows the Clisham Horseshoe with a long climb to the summit following a ridge from the north west. The views over South Harris are breathtaking.

On Lewis, the most northerly of the islands, a linear walk travels a 'Heritage Trail' of some 12.5 miles from Tolsta to Ness at the Butt of Lewis. The walk combines historical highlights, such as the remains of Lord Leverhulme's famous 'Bridge to Nowhere' and the ruined chapel of Filisclaitir.

With so much to discover in such a well-connected island chain, it's a good idea to stay for longer than you planned to!



## 62. Vatersay, Isle of Vatersay



East Beach, Isle of Vatersay

The Isle of Vatersay is located to the south of the Isle of Barra. Heavily eroded by sea and wind, the island takes the form of an H shape. This walk offers wonderful sights along the coast and inland, as well as archaeological sites and numerous opportunities for bird spotting. In the summer, you'll be wowed by displays of wild flowers on the machair (fertile grasslands). The walk starts at a monument

commemorating the 348 lives lost in 1853 when the ship 'Annie Jane' went down. The route heads across the machair before climbing Dun Vatersay, which was once an Iron Age fort. Just before the top there is the site of a Bronze Age Kerbed Burial Cairn. From the Dun, walk over open and rocky ground, heading towards the sandy beach of South Bay before returning by Vatersay Bay.

<b>Distance:</b>	6 km / 3.7 miles	<b>Approx. Time:</b>	3 hours
<b>Map Ref:</b>	Pg 95, B9	<b>Height Gain:</b>	50 m
<b>OS Map:</b>	Landranger 31 - Barra & South Uist / Pathfinder 247 NL 69/79		
<b>Access:</b>	Turn off A888 in Castlebay. Cross causeway to Vatersay. Continue to south. Pass an old school on right, then car park is on left.		

# PERTHSHIRE PATHS...

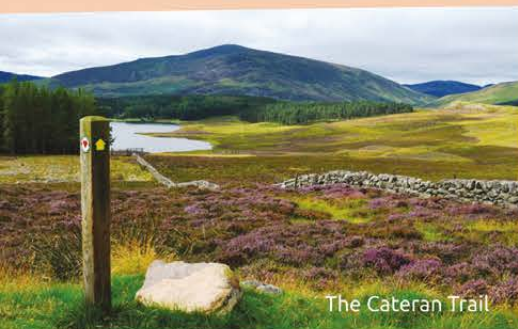
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# Perthshire

A region of verdant and rolling landscapes is sure to be an instant hit with walkers.

**F**rom atmospheric forests, to easy-going hill walks and exhilarating mountain hikes, Perthshire has it all – and more.

The region is located at the geographical heart of Scotland and boasts the historic city of Perth as well as many charming towns and villages.

Perthshire is also known as ‘Big Tree Country’ and many walking routes explore extensive woodlands and forests. A walk of around three hours is found near Perth and follows an undulating path to Moncreiffe Hill, or “hill of the tree”.

You’ll see Douglas fir and Scots pine and enjoy superb views of the surrounding countryside, including Scotland’s longest river, the Tay.

Another recommended woodland walk is located north west of Perth on the southern shore of Loch Rannoch. Access is via a minor road, west of Kinloch Rannoch and from the hamlet of Carie.

The Black Wood of Rannoch is a relic of the great Caledonian Forest that once covered much of Scotland, and the Allt na Bogair Trail offers a circular

waymarked route following a lively stream uphill.

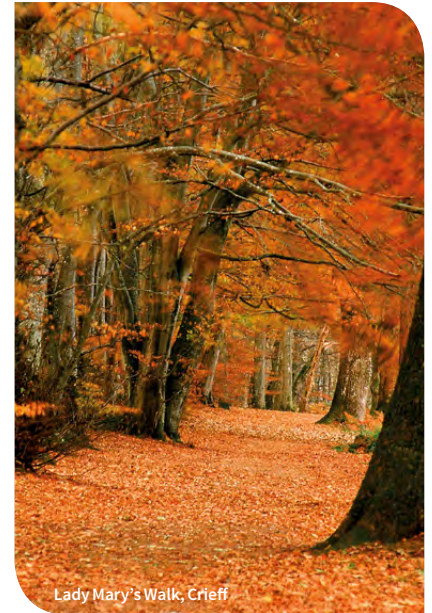
It won’t surprise you to know that these tranquil woodlands were once a place where wolves roamed and illicit whisky stills were concealed. It’s also said to be where the Jacobites laid low after the rebellion of 1745.

There are fantastic views over Loch Rannoch and also across the water to the summit of the Corbett Beinn a’ Chuallaich.

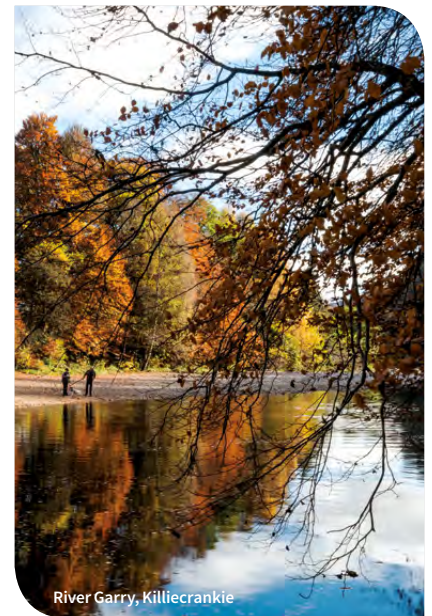
The village of Comrie is the starting point of more woodland paths. A walk signposted as the Glen Lednock Circular leads to a rocky gorge where the River Lednock cascades and trees cover an amphitheatre known as the Deil’s (or Devil’s) Cauldron.

If you have the energy, you can make a steep but relatively short ascent to the Melville Monument, an obelisk on Dun More hill that commemorates Henry Dundas, the 1st Viscount Melville.

For more intrepid walkers, the region includes Highland Perthshire to the north, which overlaps in places with the Cairngorms National Park, and offers many fabulous high-rise hikes.



Lady Mary’s Walk, Crieff



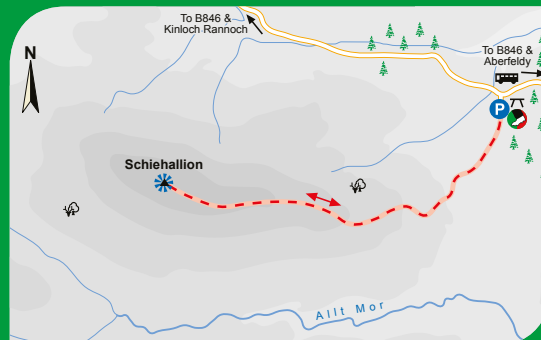
River Garry, Killiecrankie



## 63. Schiehallion

On a fine day, Schiehallion, one of our 282 Munros, is one of Scotland’s most approachable mountain hikes for the relatively fit and experienced walker.

Starting on a track to the south of the Braes of Foss car park, walkers follow an obvious path that ascends the eastern slopes of this mountain. The higher you climb the wider the views grow as you look over a fabulous vista of moorland, hills and other mountains. You’ll also spot Loch Tummel far below. The route continues to climb and gradually becomes more



rocky, until you finally reach a rounded ridge towards the western end of Schiehallion, where the summit at 1,083 m (3,553 ft) is found. In poor weather the boulder-strewn top can be tricky, so make sure you can use a map and compass. The return is back down the same well-trodden path.



Schiehallion and Loch Tummel, Perthshire

<b>Distance:</b>	10 km / 6.5 miles	<b>Approx. Time:</b>	4 - 6 hours
<b>Map Ref:</b>	Pg 95, F10	<b>Height Gain:</b>	750 m
<b>OS Map:</b>	Explorer 386 - Pitlochry & Loch Tummel		
<b>Access:</b>	Car park off B846 at Braes of Foss.		



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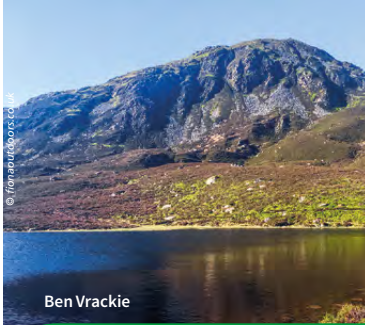
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Ben Vrackie

## Other walks

### 64. Ben Vrackie

**Distance:** 9.5 km / 6 miles

**Time:** 4.5 hours

**Difficulty:** Challenging

**Height Gain:** 640 m

**OS Map:** Explorer 386 - Pitlochry

**Map Ref:** Pg 95, G10

**Access:** Car park off A924 in Moulin, by Pitlochry.



### 65. Allt na Bogair Trail

**Distance:** 8 km / 5 miles

**Time:** 2 hours

**Difficulty:** Easy

**Height Gain:** 140 m

**OS Map:** Landranger 42 or 51;

Explorer 385 - Rannoch Moor & Ben Alder

**Map Ref:** Pg 95, F10

**Access:** Forestry & Land Scotland car park at Carie, 5 km west of Kinloch Rannoch on minor road running along south side of Loch Rannoch (Grid ref: NN 616570). Nearest bus stop is Kinloch Rannoch.



### 66. Glen Lednock via Deil's Cauldron

**Distance:** 7 km / 4 miles

**Time:** 2 - 3 hours

**Difficulty:** Easy/moderate

**Height Gain:** 60 m

**OS Map:** Explorer 368 - Crieff,

Comrie & Glen Artney

**Map Ref:** Pg 95, F10

**Access:** Laggan car park on the eastern edge of Comrie, near Comrie Golf Club.



Glen Almond and the Lednock Hills near Crieff

There are dozens of Munros (Scottish mountains with a summit of more than 3,000 ft / 914 m) and Corbetts (mountains with a summit of more than 2,500 ft / 762 m) in wider Perthshire.

A six-mile out-and-back hike of the Corbett, Ben Vrackie, follows a fairly straightforward path from Moulin, a village just north of the busy tourist town of Pitlochry. The route quickly ascends to open moorland that can feel suddenly remote and rugged.

The climb is steep in places but the rewards for your efforts are the wonderful views from the top across to the mountains of Beinn a' Ghlo and the Cairngorms beyond. There is a helpful viewpoint marker at the summit.

One of the country's most straightforward Munro hikes is Schiehallion, more remotely located west of Pitlochry.

A memorial at the start of the walk commemorates Schiehallion's part in a famous experiment in the late 18th century when British Astronomer Royal Neville Maskelyne became the first to measure the mass of the earth. He did so by observing the deflection of a pendulum by the mass of Schiehallion.

Today, the tall mountain is a popular walk with a well-trodden path almost to the 1,083 m summit. The boulder-strewn summit can require careful navigation on all but the finest days.

The views as you climb higher and higher perfectly showcase Perthshire's beauty and give vistas of wildly rugged Rannoch Moor and the high peaks of Glen Coe to the west.

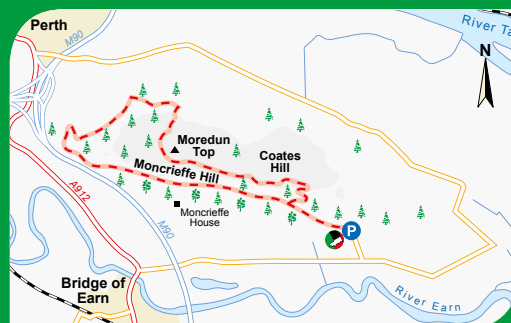
Perhaps your hardest decision in this region is choosing where to walk next – and next and next.

## 67. Moncreiffe Hill

The name of the hill, Monadh Craibh (Gaelic), means 'hill of the tree'. Given the expanse of trees, including towering Douglas fir (among the tallest trees in Britain), European larch, majestic Scots pine and oak, ash, birch and sycamore, it's not a surprising name.

There are three Woodland Trust routes to choose from and this one described is the longest red trail.

The route follows a loop of the forest and is mostly undulating with only a few steeper sections. The highest point of the walk



sees you pop out above the trees for superb views that take in Perth, the River Tay and its estuary, the River Earn, south to Fife and the Lothian Hills, far west to the peaks of Ben More and Stob Binnein, and north and east to rolling hills and mountains.



Moncreiffe Hill

<b>Distance:</b>	8 km / 5 miles	<b>Approx. Time:</b>	2 - 3 hours
<b>Map Ref:</b>	Pg 95, G10	<b>Height Gain:</b>	170 m
<b>OS Map:</b>	Explorer 369 - Perth		
<b>Access:</b>	Small parking area at Moncreiffe Hill woods, near Easter Moncreiffe, near Perth.		





# The Scottish Borders

A gem of a region nestled in rolling countryside between the English border and Edinburgh.



**The peaceful and beautiful region of the Scottish Borders is a great discovery for walkers and is so easy to reach from central Scotland and the north of England.**

The undulating landscape offers a wealth of walks for all, from easy family strolls to more challenging and lofty hill hikes.

You could choose to drive to the Scottish Borders, or take the bus or train. The Borders Railway, which opened in 2015, links Edinburgh with Tweedbank, near Galashiels. The train ride itself is a fantastic experience with scenic views of open farmland and gorgeous valleys from the windows.

You could alight at Tweedbank to take in a circular walk of three miles before taking the return journey to Scotland's capital city.

The route packs in many attractions including Gunknowe Loch, which is a waterfowl hotspot; Abbotsford, the home of acclaimed historical novelist and poet, Sir Walter Scott; and a historic railway viaduct that was built in the 1840s for a previous railway line, then shut in the 1960s and has now been reopened.

You'll walk a stretch of the famous salmon river, the Tweed, which also forms a natural England-Scotland border.

Another famous scribe with strong connections to the area is John Buchan. He is remembered on a walk from Peebles, a popular visitor town just 20 miles south of Edinburgh, to the pretty village of Broughton.

Buchan is probably best known for his novel, *The Thirty-Nine Steps*, yet he

was also the 1st Baron Tweedsmuir, a historian, a diplomat, journalist and Unionist politician.

The 13-mile waymarked John Buchan Way journeys through a wonderful landscape of hills, yet never calls for a summit ascent, so it's ideal if you like an adventure but without too much climbing uphill.

From Peebles you are spoilt for choice for hill walks, although if you are keen to see the views without too much effort, Hamilton Hill and Standalane is ideal.

It's possible to leave the car behind and walk from the town centre to pass Standalane Farm and walk uphill towards the summit of Hamilton Hill (371 m). The walk is 4.5 miles and rewards with wonderful views towards the more distant Meldon Hills.



## 68. Tweedbank and Abbotsford Walk

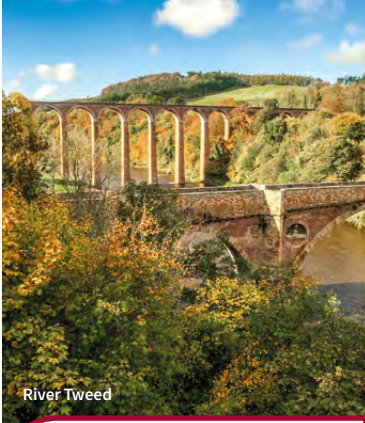


Abbotsford House, near Melrose

This circular route conveniently starts at Tweedbank station and heads clockwise, passing some interesting sights, including Gunknowe Loch, which was created in the 1970s when the village of Tweedbank was built. Look out for a variety of waterfowl. Abbotsford, the famous home of historical novelist and poet, Sir Walter Scott (1771 to 1832) is next and is well worth a visit. The visitor centre houses an exhibition of Scott's life and legacy. Heading north, you'll

reach the River Tweed, Scotland's 4th largest river, where the route continues and hugs the beautiful waterway. You'll walk beneath Redbridge Viaduct, which was first built in the late 1840s to carry the Edinburgh to Hawick railway and later extended to Carlisle. It was closed to passenger traffic in 1968 and reopened for the new Borders Railway five years ago. You'll continue along the Tweed to Lowood Bridge, where you turn back towards the station.

<b>Distance:</b>	5 km / 3 miles
<b>Approx. Time:</b>	2 hours
<b>Height Gain:</b>	50 m
<b>Map Ref:</b>	Pg 95, H12
<b>OS Map:</b>	Explorer 338 - Galashiels
<b>Access:</b>	Tweedbank Station, via trains on the Borders Railway Line. See <a href="http://www.scotrail.co.uk">www.scotrail.co.uk</a>



River Tweed

### Other walks

#### 69. Hamilton Hill and Standalane



**Distance:** 7 km / 4.5 miles  
**Time:** 2 - 3 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 180 m  
**OS Map:** Explorer 337 - Peebles & Innerleithen  
**Map Ref:** Pg 95, G12  
**Access:** Greenside Car Park, Peebles.

#### 70. St Abbs to Eyemouth



**Distance:** 6 km / 3.7 miles (one way)  
**Time:** 2 - 2.5 hours  
**Difficulty:** Easy/moderate  
**Height Gain:** 10 m  
**OS Map:** Explorer: 346 - Berwick-upon-Tweed  
**Map Ref:** Pg 95, I11  
**Access:** Start at St Abbs Harbour.

#### 71. River Tweed and Lees Circuit



**Distance:** 4.8 km / 3 miles  
**Time:** 1 - 2 hours  
**Difficulty:** Easy  
**Height Gain:** 5 m  
**OS Map:** Explorer 346 - Berwick-upon-Tweed  
**Map Ref:** Pg 95, I12  
**Access:** Home Park Car Park in Coldstream.



Hamilton Hill, near Peebles

The region boasts a fascinating history; the long-distance Borders Abbeys Way is a great way to visit some of the highlights. You could choose a section of the waymarked 64.5-mile route between the four great 12th century abbeys of Melrose, Dryburgh, Kelso and Jedburgh.

The wider Scottish Borders region has a fantastic coastline on its eastern side. You could celebrate the Year of Coasts and Waters 2020 on the 28-mile Berwickshire Coastal Path from Cockburnspath to Berwick-upon-Tweed via St Abbs.

A shorter section of the route can be walked from St Abb's Head, where there's a lighthouse and high cliffs, to Eyemouth. As well as the exhilarating views from your clifftop vantage point, there's a chance to see thousands of

seabirds over the four-mile section, including guillemots, razorbills, kittiwakes, fulmars, shags, puffins, shearwaters and skuas.

A little further west – and inland again – is a lovely walk of only three miles from Coldstream. The town is the famous home of the Coldstream Guards, the oldest regiment of the British Army.

The River Tweed and Lees Circuit reveals another beautiful stretch of the long river and also takes you along the tops of water dykes that were built by prisoners during the Napoleonic Wars. Keep an eye out for river wildlife as you stroll this easy-going route.

With so many walking routes to discover in the Borders, you'll be keen to return time and again.



## 72. John Buchan Way

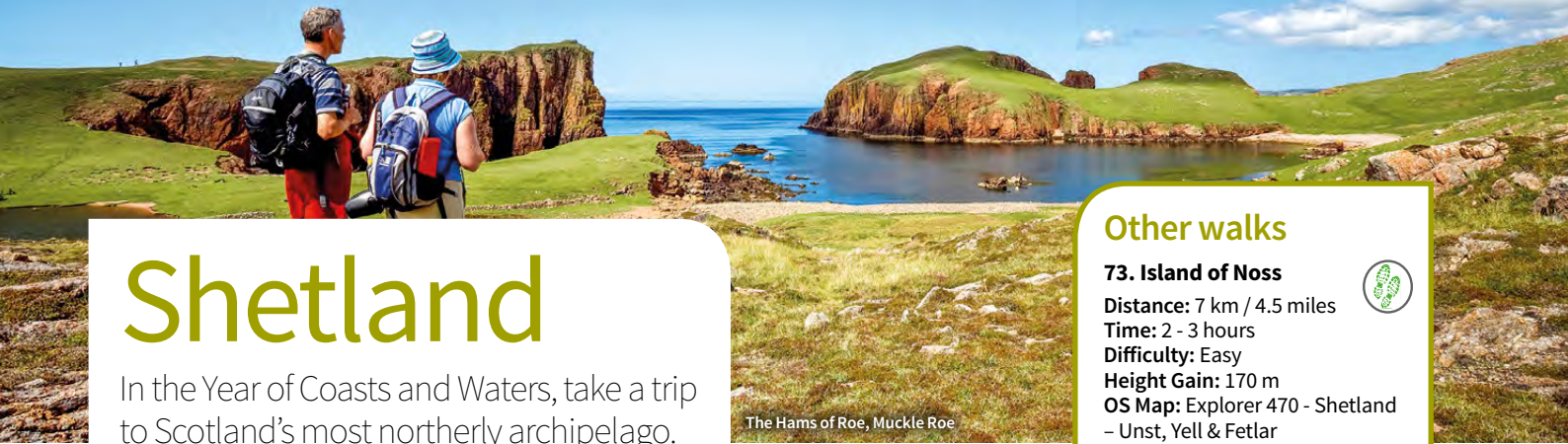


John Buchan Way

John Buchan, the famous writer whose family is strongly linked with the area, is remembered on this waymarked walk from the popular visitor town of Peebles to the village of Broughton. Buchan wrote fast-moving thrillers, many of them starring the secret agent Richard Hannay, and including his most well-known, *The Thirty-Nine Steps*. The walk crosses the picturesque rolling landscape of the upper Tweed Valley, heading south from Peebles and

then mainly westerly to reach Broughton. The route has surprisingly little height gain and mainly undulates and winds around various hills along the way, still offering many fine viewpoints. A small museum, dedicated to the John Buchan Story, is located in Peebles and well worth a visit on your return to the start of the walk. It's possible to journey between Peebles and Broughton by a bus, or you can use two cars, to do the walk in one day.

<b>Distance:</b>	21 km / 13 miles
<b>Approx. Time:</b>	1 day
<b>Height Gain:</b>	240 m
<b>Map Ref:</b>	Page 94, G12
<b>OS Map:</b> Explorer 336 - Biggar & Broughton; Explorer 337 - Peebles & Innerleithen	
<b>Access:</b> Bank House at west end of High Street, Peebles.	



# Shetland

In the Year of Coasts and Waters, take a trip to Scotland's most northerly archipelago.

It's easy to see why walkers are attracted to Shetland with its combination of spectacular coasts, high cliffs, gentle hills, wildlife and ancient history.

Although seemingly far-flung, the UK's most northerly chain of islands is surprisingly easy to reach thanks to a timetable of regular plane and ferry services.

With some 300 isles to choose from, where will you head first? Yell, in the north, boasts an award-winning beach, Breckon Sands, visited on a walk of some 5.5 miles. The route hugs a ruggedly beautiful coast taking in two rocky headlands with the chance to hear – and see – myriad resident seabirds and maybe even spot an otter.

Further wildlife gems are discovered on a coastal circuit of 4.5 miles on the small island of Noss, located to the east of the Isle of Bressay.

Noss is a National Nature Reserve and home to some of Europe's finest seabird colonies. On the approach to Noss Head look out for puffins, as well as otters or

even whales, in the waters between Noss and Bressay.

Fetlar, which is also known as the 'Garden of Shetland', is another must-visit. Although small, the island is acclaimed for a multitude of historical, archaeological, geological and wildlife interest.

Two walking routes, of 3.5 miles or 5 miles, start at Funzie Beach in the south east corner of Fetlar. Pebbles here are believed to be millions of years old.

You'll visit a museum, church, old hall, follies and a bird hide. There is also a beach at Tresta with graphite pebbles than can be used to draw on paper.

More geology wonders abound on Muckle Roe, an island located in St Magnus Bay, to the west of Mainland. A walk visits the Hams – 'harbours' – of Muckle Roe and a chance to see numerous sea stacks and rock arches, created by the erosion of sea and wind.

With so much to see on Shetland, you will be easily persuaded to visit again – and again.

## Other walks

### 73. Island of Noss



**Distance:** 7 km / 4.5 miles  
**Time:** 2 - 3 hours  
**Difficulty:** Easy  
**Height Gain:** 170 m  
**OS Map:** Explorer 470 - Shetland - Unst, Yell & Fetlar  
**Map Ref:** Pg 94, J2  
**Access:** Visitor centre at Gungstie, on Noss.

### 74. Funzie Ness, Isle of Fetlar



**Distance:** 5.5 km / 3.5 miles or 8.5 km / 5 miles  
**Time:** 2.5 hours or 4 hours (Approx)  
**Difficulty:** Easy  
**Height Gain:** 80 m  
**OS Map:** Explorer 470 - Shetland - Unst, Yell & Fetlar  
**Map Ref:** Pg 94, J1  
**Access:** Funzie Beach, east end of Fetlar.

### 75. Hams of Muckle Roe Circular

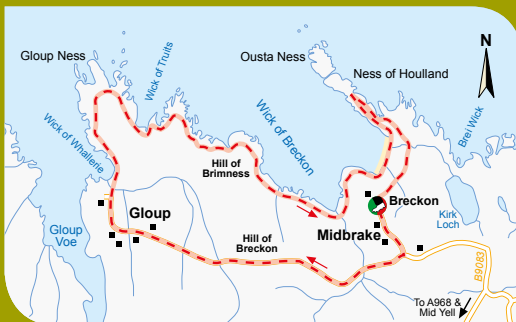


**Distance:** 11 km / 7 miles  
**Time:** 5 - 6 hours  
**Difficulty:** Moderate  
**Height Gain:** 60 m  
**OS Map:** Explorer 469 - Shetland - Mainland North West  
**Map Ref:** Pg 94, I2  
**Access:** Leave Mainland over a bridge to Muckle Roe and take the first left on the minor road. Park at the road end.



## 76. Sands of Breckon

This circular walk includes Yell's most northerly beach at Breckon, which is often sheltered from Shetland's prevailing south-westerly winds. From Breckon Farm, the route follows a road south then west towards Gloop Voe, where there is a memorial in memory of 58 Shetland fishermen who died off the coast in 1881. As you reach Gloop Ness, you can enjoy views from the old coastguard watch hut before following the coast to Breckon, looking out for birds and otters. Skirting below Breckon Farm, you'll find a path down to the award-winning



sands and on to the Ness of Houlland. Look out for stones, hidden in crevices of the rocks at the eastern end for rough "sugary" garnets, which sometimes get washed out of the more crumbly mica schists. The geology is fascinating, with folded patterns in the rocks. The route continues to where you started.



<b>Distance:</b>	9 km / 5.6 miles	<b>Approx. Time:</b>	4.5 hours
<b>Map Ref:</b>	Pg 94, I1	<b>Height Gain:</b>	60 m
<b>OS Map:</b>	Explorer 470 - Shetland, Unst, Yell and Fetlar		
<b>Access:</b>	Park by Yell's most northerly beach, Breckon.		





Sgurr nan Gillean and Sligachan Bridge, Isle of Skye



Corrie Fee National Nature Reserve, Angus

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# Scotland, created for **Walking**



Summit of Ben A'an

# Loch Lomond & The Trossachs National Park



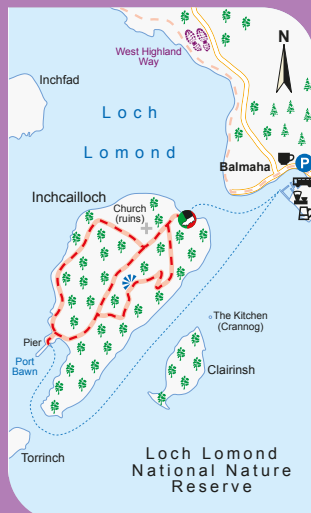
Scotland's original National Park is home to a wonderfully diverse walkers' playground.



## 77. Inchcailloch Walks

The island of Inchcailloch is a great destination for a short walk. This wooded island is reached via a five-minute ferry trip from Balmaha, on the eastern shore of Loch Lomond, which stops at the island's north pier. There are three 1 km walking route options. The Low Path is a gentle walk via oakwoods that were planted two centuries ago and played a vital role producing tannin, which was used to soften the leather belts that drove the Industrial Revolution. You'll also pass the remains of farm buildings, and a graveyard and church.

The Summit Path is a little more challenging with a steep climb to the top of the island. The rewards are fantastic views of both Highland and lowland landscapes, as well as Loch Lomond and its other islands. A third walk, the Central Path, links the North Pier to Port Bawn.



View from the island of Inchcailloch, Loch Lomond

<b>Distance:</b>	3 km / 2 miles (1 km each)
<b>Approx. Time:</b>	30 - 45 mins each
<b>Height Gain:</b>	75 m
<b>Map Ref:</b>	Pg 95, F11

OS Map: Explorer 347 - Loch Lomond South

Access: The island is reached by boat from Balmaha.

## Park information

### Long distance paths

**West Highland Way** (96 miles)  
Scotland's oldest and most popular long distance route linking Glasgow and Fort William.  
[www.westhighlandway.org](http://www.westhighlandway.org)

**Rob Roy Way** (94 miles)  
Uncover intriguing history on this route running from Drymen to Pitlochry.  
[www.robroyway.com](http://www.robroyway.com)

**Loch Lomond & Cowal Way** (57 miles)  
Discover fabulous coastal and inland views on this stunning route from Portavadie to Inveruglas.  
[www.lochlomondandcowalway.org](http://www.lochlomondandcowalway.org)

**The Three Lochs Way** (31 miles)  
The walk starts in Balloch then goes to Gare Loch, traversing above the shores of Loch Long and finishing back on Loch Lomond at Inveruglas.  
[www.threelochs.co.uk](http://www.threelochs.co.uk)

### Must see and do in the park

- See the spectacular Falls of Dochart which lie at the heart of the lovely Highland village of Killin.
- Visit Benmore Garden near Dunoon to walk along the avenue of Canadian giant redwoods, and keep your eyes open for red squirrels.
- Take a boat ride on the steamship Sir Walter Scott on beautiful Loch Katrine and enjoy some of the most stunning views in Scotland.

### Park walks

- Firkin Point, West Lomondside
- Puck's Glen, Cowal
- Ben A'an, Trossachs
- Loch Sloy, Arrochar Alps
- Lochan Spring Trail, Aberfoyle
- Ben Arthur (The Cobbler), Arrochar Alps
- Great Trossachs Path

### Park events

**30 May**  
The Drymen Show  
[www.drymenshow.com](http://www.drymenshow.com)

**4 July**  
Luss Highland Games  
[www.lushighlandgames.co.uk](http://www.lushighlandgames.co.uk)

**18 July**  
Loch Lomond Highland Games  
[www.llhgb.com](http://www.llhgb.com)

**25 July**  
Locheamhead Highland Games  
[www.locheamheadhighlandgames.co.uk](http://www.locheamheadhighlandgames.co.uk)

**27 - 29 August**  
Cowal Highland Gathering  
[www.cowalhighlandgathering.com](http://www.cowalhighlandgathering.com)



Queen Elizabeth Forest Park, Loch Lomond & The Trossachs National Park

**With both lowland and Highland landscapes, Loch Lomond & The Trossachs National Park attracts a wide variety of walkers, from those looking for a short stroll to more experienced and energetic walkers setting out on a greater challenge.**

The 720 square mile park is easy to reach, whether you are coming from the cities of Glasgow, Edinburgh or Stirling. The town of Balloch, which sits on the southern shore of picturesque Loch Lomond, is the gateway for many, to the park. Take a walk along the Millennium Forest Path and discover the Atlantic oak woodlands around the loch.

The famous mountain of Ben Lomond, acclaimed as Scotland's most southerly Munro, sits on the eastern shore of the large loch and to the west there are multiple high summits amid the rugged Arrochar Alps.

For hills that offer a quicker summit but still have rewarding views, there's 454 m tall Ben A'an on the shore of Loch Katrine, or how about a walk to the summit of Conic Hill (361 m) at Balmaha? Keep an eye out for red squirrels in the conifer trees at the start of Conic Hill and you might see birds of prey, including buzzards and hen harriers, on the open hill.

Long-distance trails are great for walkers of all aspirations. You could choose to walk the full length of, for example, the 96-mile West Highland Way, the 92-mile Rob Roy

Way in the Trossachs and the 57-mile Loch Lomond & Cowal Way, or choose a shorter section and follow waymarkers for a few miles. As 2020 is the 40th anniversary of the West Highland Way, look out for celebratory events taking place.

Queen Elizabeth Forest Park is home to many trails, too, and you will discover a range of maps provided by Forestry & Land Scotland.

Several shorter signposted routes are discovered on one of Loch Lomond's islands, Inchcailloch. A five-minute ferry trip from Balmaha heads to the isle for a great family adventure. Inchcailloch is part of the Loch Lomond National Nature Reserve and it is home to a variety of birds, such as blackcap, willow warbler and chiff chaff, as well as fallow deer.

Scottish wildlife abounds across this National Park, with common sightings of squirrels, hares, roe and red deer, as well as rarer glimpses of otters, capercaillies and ospreys. Look out, too, for golden eagles soaring above an area called Breadalbane, ospreys fishing on the Lake of Menteith and porpoises and seals in Loch Long and Loch Goil.

Loch Lomond & The Trossachs National Park is a place of seemingly endless walking.

For more inspiration on walking in the park, visit [www.lochlomond-trossachs.org](http://www.lochlomond-trossachs.org)



Walkers on Conic Hill, part of the West Highland Way, near Balmaha



Loch Kinord, Cairngorms National Park

# Cairngorms National Park



The UK's largest National Park is full of abundant wildlife and walking routes for all.

Cateran Trail, Cairngorms National Park

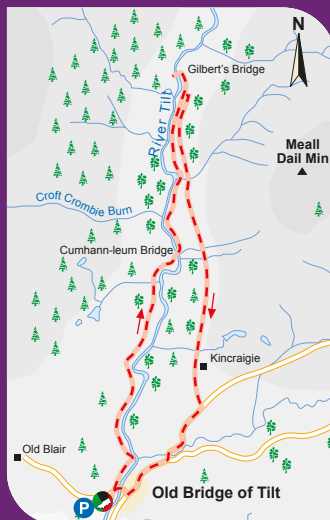


## 78. Gilberts Bridge Walk, Glen Tilt

Glen Tilt in Highland Perthshire, in the south of the Cairngorms National Park, is a beautiful glen, especially when autumn turns the foliage a riot of bright colours. This walk is a circular route of almost six miles and heads to Gilberts Bridge along the west bank of the picturesque River Tilt, a tributary of the River Garry.

The trail is a delight and undulates via a fabulous wooded gorge with the rushing River Tilt often in sight. A viewpoint is reached, which boasts fantastic vistas of glorious Glen Tilt ahead. At beautiful stone Gilberts Bridge, cross the river and return along a trail on the other side of the river. The route climbs through woodland to follow a flatter route higher up the valley. It can be muddy in places.

The path eventually reaches a road to head through the tiny settlement of Old Bridge of Tilt and back to the car park.



River Garry, by Killiecrankie, Cairngorms National Park

<b>Distance:</b>	9 km / 5.6 miles
<b>Approx. Time:</b>	2 - 3 hours
<b>Height Gain:</b>	133 m
<b>Map Ref:</b>	Pg 95, F9

**OS Map:** Explorer OL49 - Pitlochry & Loch Tummel; Explorer OL51 - Atholl

**Access:** Start at Glen Tilt car park, near Blair Atholl. It is important to note that the path on Atholl Estates can sometimes be closed for rifle shooting. It will be clear when this is taking place.

## Park information

### Recommended routes

**Lairig Ghru** (27 miles)  
Linn of Dee to Aviemore.

**Speyside Way** (80 miles)  
Aviemore to Buckie.  
[www.speysideway.org](http://www.speysideway.org)

**Deeside Way** (41 miles)  
Aberdeen to Ballater.  
[www.deesideway.org](http://www.deesideway.org)

**Cateran Trail** (64 miles)  
A circular route through  
Perthshire and Angus.  
[www.caterantrail.org](http://www.caterantrail.org)

### Must see and do in the park

- Walk through the ancient Caledonian Pine forests.
- Experience wild land at the heart of the National Park.
- Visit one of the nine National Nature Reserves in the park.
- Sit and admire two of the greatest salmon rivers in the world, the Spey and the Dee.
- Visit the Highland Wildlife Park at Kincaig or the Highland Folk Museum in Newtonmore.

### Park walks

- Capel Mounth, Angus Glens
- Bruar Falls, by Blair Atholl
- Loch Brandy, Glen Clova
- Creag Choinnich, Braemar
- Speyside Way from Grantown-on-Spey to Aviemore
- Deeside Way from Cambus o' May to Ballater
- Tomintoul Country Walk, Tomintoul

### Park events

**15 - 17 May**  
The Cairngorms Nature BIG Weekend  
[www.cairngormsnaturebigweekend.com](http://www.cairngormsnaturebigweekend.com)

**16 - 22 May**  
Ballater Walking Festival  
[www.walkballater.com/](http://www.walkballater.com/)

**TBC**  
Angus Glens Walking Festival  
[www.angusalive.scot/countryside-adventure/angus-glens-walking-festival/](http://www.angusalive.scot/countryside-adventure/angus-glens-walking-festival/)

**12 - 21 June**  
Moray Walking & Outdoor Festival  
[www.themorayway.org.uk/festival/](http://www.themorayway.org.uk/festival/)



The Watchers on the Snow Roads Scenic Route, Corgarff

**B**ritain's biggest National Park, the Cairngorms is an impressive destination with a hugely varied landscape.

Of special significance is a sub-arctic upland plateau with a unique alpine semi-tundra moorland. This habitat is home to many rare plants, as well as birds, such as ptarmigan, dotterel, snow bunting, golden eagles, ring ouzels and red grouse. Animals including red deer, red squirrels, pine martens and Scottish wildcat can be found in the woodland and forests.

One of the UK's last major areas of the Caledonian Forest is also found in the National Park, where many walkers will enjoy following trails surrounded by this ancient woodland.

As far as the eye can see there are mountains, hills, winding rivers, lochs and woodlands where an extensive network of trails offer easily, accessible walks. If you are new to walking, look for waymarked routes, such as those found at Rothiemurchus, Abernethy and Glenmore forests and other areas.

Some long-distance trails, including the Speyside Way, the Deeside Way, the Dava Way and the Cateran Trail, criss-cross the park and offer further options for signposted walks of a few hours or several days. The choice is yours.

The National Park's glorious glens are great for walkers who like to look up at a magnificent landscape, without too much climbing.

To the southern edge of the park, in Highland Perthshire, Glen Tilt is easily accessible, especially for the first section through a beautiful wooded gorge along the River Tilt.

A circular route of almost six miles, starting and finishing in a car park near Blair Atholl, follows trails on both sides of the River Tilt via a viewpoint and Gilberts Bridge.

Perhaps you'll be drawn onwards and further along the glen for a longer walk. Glen Tilt gives access to a number of wonderful mountains, including Beinn Mheadhonach and the Munros and tops of Beinn a' Ghlo.

Another great destination for walkers for a variety of options is Cairngorm Mountain, near Aviemore, a resort that is also much loved by skiers in the winter. You can join a guided ranger walk to the stunning Northern Corries of the Cairngorms.

For those who like to tick off high summits, the Cairngorms National Park has plenty more to choose from. There are some 55 Munros (Scottish mountains with a summit of at least 3,000 ft) and 26 Corbetts (mountains with a 2,500 ft to 3,000 ft peak).

Recommended hikes include Lochnagar from Glen Muick, Ben Alder and the Corrieyairack Pass from Laggan to Fort Augustus.

It's no surprise that many visitors return to the Cairngorms National Park time after time to discover even more walking routes.

## Did you know?

A quarter of Britain's rarest and most endangered wildlife species are protected in the Cairngorms National Park.



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# Scotland's Great Trails

Mennock Pass, Southern Upland Way

The routes on these pages are included in the family of Scotland's Great Trails - each are at least 25 miles in length, distinctively waymarked, mostly off-road and have an array of visitor services. They offer excellent opportunities to discover the best of Scotland's nature and landscapes and to experience our incredible history and culture, and more information on them can be found at [www.scotlandsgreattrails.com](http://www.scotlandsgreattrails.com). Where will Scotland's Great Trails lead you?



## 1. Annandale Way

**Start:** North of Moffat - G13  
**End:** Newbie Barns Solway Firth - G13  
**Length:** 88 km / 55 miles  
**Time:** 4 - 5 days  
**Terrain:** Varied - riverside, woodland, farmland and high hills.  
**Info:** [www.annandaleway.org](http://www.annandaleway.org)

## 2. Arran Coastal Way

**Start:** Brodick - E12  
**End:** Brodick - E12  
**Length:** 105 km / 65 miles  
**Time:** Up to 7 days  
**Terrain:** Varied - rugged coastline, forest tracks, rural roads.  
**Info:** [www.coastalway.co.uk](http://www.coastalway.co.uk)

## 3. Ayrshire Coastal Path

**Start:** Glenapp - E13  
**End:** Skelmorlie - E12  
**Length:** 161 km / 100 miles  
**Time:** 6 - 7 days  
**Terrain:** Varied - beaches, rocky shores, town promenades and farmland.  
**Info:** [www.ayrshirecoastalpath.org](http://www.ayrshirecoastalpath.org)

## 4. Berwickshire Coastal Path

**Start:** Cockburnspath - H11  
**End:** Berwick-upon-Tweed - I12  
**Length:** 45 km / 28 miles  
**Time:** 2 - 4 days  
**Terrain:** Rugged coastline.  
**Info:** [www.scotborders.gov.uk/berwickshirecoastalpath](http://www.scotborders.gov.uk/berwickshirecoastalpath)

## 5. Borders Abbeys Way

**Circular:** Kelso-Jedburgh-Hawick-Selkirk-Melrose-Kelso - H12  
**Length:** 103 km / 64.5 miles  
**Time:** 4 days  
**Terrain:** Varied - riverside, hills and woodland.  
**Info:** [www.bordersabbeysway.co.uk](http://www.bordersabbeysway.co.uk)

## 6. Catearan Trail

**Circular:** Blairgowrie-Kirkmichael-Spittal of Glenshee-Kirkton of Glenisla-Alyth-Blairgowrie - G9/G10  
**Length:** 103 km / 64 miles  
**Time:** 5 days  
**Terrain:** Very varied - farmland, forest and hills.  
**Info:** [www.caterantrail.org](http://www.caterantrail.org)

## 7. Clyde Walkway

**Start:** Partick, Glasgow - F12  
**End:** New Lanark - G12  
**Length:** 65 km / 40 miles  
**Time:** 2 - 3 days  
**Terrain:** Varied - urban, rural and riverside.  
**Info:** [www.scotlandsgreattrails.com/trail/clide-walkway/](http://www.scotlandsgreattrails.com/trail/clide-walkway/)

## 8. Cross Borders Drove Road

**Start:** Harperrig - G12  
**End:** Hawick - H12  
**Length:** 83 km / 52 miles  
**Time:** 4 - 5 days  
**Terrain:** Route across rolling hills and through sheltered glens.  
**Info:** [www.scotlandsgreattrails.com/trail/cross-borders-drove-road/](http://www.scotlandsgreattrails.com/trail/cross-borders-drove-road/)

## 9. Dava Way

**Start:** Granttown-on-Spey - G8  
**End:** Forres - G8  
**Length:** 38 km / 24 miles  
**Time:** 1 - 2 days  
**Terrain:** Fairly easy along an old railway line.  
**Info:** [www.davaway.org.uk](http://www.davaway.org.uk)

## 10. Fife Coastal Path

**Start:** Kincardine - G11  
**End:** Newburgh - G10  
**Length:** 187 km / 117 miles  
**Time:** 6 - 8 days  
**Terrain:** Mainly easy - coastal.  
**Info:** [www.fifecoastalpath.co.uk](http://www.fifecoastalpath.co.uk)

## 11. Formartine and Buchan Way

**Start:** Dyce - H9  
**End:** Fraserburgh - I7, Peterhead - I8  
**Length:** 87 km / 54 miles  
**Time:** 4 - 5 days  
**Terrain:** Easy along an old railway line.  
**Info:** [www.scotlandsgreattrails.com/trail/formartine-buchan-way/](http://www.scotlandsgreattrails.com/trail/formartine-buchan-way/)

## 12. Forth & Clyde and Union Canals

**Start:** Bowling Harbour - F12  
**End:** Lochrin Basin, Edinburgh - G11  
**Length:** 101 km / 63 miles  
**Time:** 3 - 4 days  
**Terrain:** Mainly easy along flat canal route.  
**Info:** [www.scottishcanals.co.uk/canals/forth-clyde-canal/](http://www.scottishcanals.co.uk/canals/forth-clyde-canal/)

## 13. Great Glen Way

**Start:** Fort William - E9  
**End:** Inverness - F8  
**Length:** 127 km / 79 miles  
**Time:** 5 - 6 days  
**Terrain:** Canal, lochside and forest, first half fairly easy, then more hilly.  
**Info:** [www.greatglenway.com](http://www.greatglenway.com)

## 14. Great Trossachs Path

**Start:** Callander - F11  
**End:** Inversnaid - F11  
**Length:** 48 km / 30 miles  
**Time:** 2 days  
**Terrain:** Varied - lochside, woodland and open hillside.  
**Info:** [www.thegreattrossachsforest.co.uk/great-trossachs-path](http://www.thegreattrossachsforest.co.uk/great-trossachs-path)

## 15. John Muir Way

**Start:** Helensburgh - E11  
**End:** Dunbar - H11  
**Length:** 215 km / 134 miles  
**Time:** 7 - 10 days  
**Terrain:** Very varied - coastal, moorland, woodland, farmland, canal towpaths, urban.  
**Info:** [www.johnmuirway.com](http://www.johnmuirway.com)

## 16. Kintyre Way

**Start:** Tarbert - D12  
**End:** Machrihanish - D13  
**Length:** 161 km / 100 miles  
**Time:** 4 - 7 days  
**Terrain:** Varied - mainly coastal, also rural inland walking.  
**Info:** [www.scotlandsgreattrails.com/trail/kintyre-way/](http://www.scotlandsgreattrails.com/trail/kintyre-way/)

## 17. Loch Lomond & Cowal Way

**Start:** Portavadie - E12  
**End:** Inveruglas - E11  
**Length:** 92 km / 57 miles  
**Time:** 5 days  
**Terrain:** Varied - lochside, hills, coast, and woodland landscapes.  
**Info:** [www.lochlomondandcowalway.org](http://www.lochlomondandcowalway.org)

## 18. Moray Coast Trail

**Start:** Forres - G8  
**End:** Cullen - H8  
**Length:** 80 km / 50 miles  
**Time:** 4 - 5 days  
**Terrain:** Rugged coastline.  
**Info:** [www.morayways.org.uk/moray-coast-trail.asp](http://www.morayways.org.uk/moray-coast-trail.asp)

## 19. Mull of Galloway Trail

**Start:** Mull of Galloway - E14  
**End:** Glenapp - E13  
**Length:** 56 km / 35 miles  
**Time:** 2 - 4 days  
**Terrain:** Cliff tops, shoreline, farmland and quiet roads.  
**Info:** [www.mullofgallowaytrail.co.uk](http://www.mullofgallowaytrail.co.uk)

## 20. River Ayr Way

**Start:** Muirkirk - F12  
**End:** Ayr - F12  
**Length:** 71 km / 44 miles  
**Time:** 2 - 3 days  
**Terrain:** Varied - moorland, woodland and riverside tracks.  
**Info:** [www.scotlandsgreattrails.com/trail/river-ayr-way/](http://www.scotlandsgreattrails.com/trail/river-ayr-way/)

## 21. Rob Roy Way

**Start:** Drymen - F11  
**End:** Pitlochry - G10  
**Length:** 124 km / 77 miles (or 151 km / 94 miles via Amulree)  
**Time:** Up to 7 days  
**Terrain:** Varied - riverside, woodland, farmland, tarmac minor road and along cycle/walking tracks.  
**Info:** [www.robroyway.com](http://www.robroyway.com)

## 22. Romans and Reivers Route

**Start:** Ae - G13  
**End:** Hawick - H12  
**Length:** 83 km / 52 miles  
**Time:** 4 - 5 days  
**Terrain:** Roman roads, forest tracks and quiet lanes.  
**Info:** [www.scotlandsgreattrails.com/trail/romans-reivers-route/](http://www.scotlandsgreattrails.com/trail/romans-reivers-route/)

## 23. Southern Upland Way

**Start:** Portpatrick - E14  
**End:** Cockburnspath - H11  
**Length:** 344 km / 214 miles  
**Time:** 12 - 16 days  
**Terrain:** Very varied - coast, forest, farmland and hills, rising to over 700 m.  
**Info:** [www.southernuplandway.gov.uk](http://www.southernuplandway.gov.uk)

## 24. Speyside Way

**Start:** Aviemore - F9  
**End:** Buckie - H8  
**Length:** 128 km / 80 miles  
**Time:** 5 - 7 days  
**Terrain:** Mainly fairly easy - coast, riverside and farmland.  
**Info:** [www.speysideway.org](http://www.speysideway.org)

## 25. St Cuthbert's Way

**Start:** Melrose - H12  
**End:** Lindsfarne - I12  
**Length:** 100 km / 62 miles  
**Time:** 4 - 6 days  
**Terrain:** Very varied - rural, heather hills, woodland and coastal.  
**Info:** [www.stcuthbertsway.info](http://www.stcuthbertsway.info)

## 26. Three Lochs Way

**Start:** Balloch - F11  
**End:** Inveruglas - E11  
**Length:** 55 km / 34 miles  
**Time:** 3 - 4 days  
**Terrain:** Varied - moorland and woodland, mainly easy-going.  
**Info:** [www.threelochsway.co.uk](http://www.threelochsway.co.uk)

## 27. West Highland Way

**Start:** Milngavie - F11  
**End:** Fort William - E9  
**Length:** 154 km / 96 miles  
**Time:** 7 - 10 days  
**Terrain:** Very varied - a lowland start is followed by more rugged terrain.  
**Info:** [www.westhighlandway.org](http://www.westhighlandway.org)

## 28. West Island Way

**Start:** Kilchattan Bay - E12  
**End:** Port Bannatyne - E12  
**Length:** 40 km / 25 miles  
**Time:** 2 - 3 days  
**Terrain:** Varied - coastal, moorland, farmland and woodland.  
**Info:** [www.westislandway.co.uk](http://www.westislandway.co.uk)

# Long Distance Routes

Glen Affric, Affric-Kintail Way

**A**longside Scotland's Great Trails, there are a great number of other long distance routes to discover.

Twenty-three of these routes are presented here and take you through some of the country's most incredible landscapes. These routes are typically more demanding and may not be waymarked - because of this some require exceptional map reading skills and as a result might not be advisable for less experienced walkers. A truly extraordinary journey awaits you.

## 1. Affric-Kintail Way

**Start:** Drumadrochit - F8  
**End:** Morvich - E8  
**Length:** 71 km / 44 miles  
**Time:** 4 days  
**Terrain:** Varied - forest tracks, roads and remote paths.  
**Info:** [www.affrickintailway.com](http://www.affrickintailway.com)

## 2. Breadalbane - The Clan Ring

**Start:** Crieff - G10  
**End:** Crieff - G10  
**Length:** 115 km / 72 miles  
**Time:** 6 days  
**Terrain:** Varied - rough terrain, forest, open hillside, minor roads and paths.  
**Info:** [www.breadalbane.org](http://www.breadalbane.org)

## 3. Breadalbane - The Tay Ring

**Start:** Aberfeldy - F10  
**End:** Aberfeldy - F10  
**Length:** 34 km / 21 miles  
**Time:** 2 days  
**Terrain:** Varied - hillside paths & forest tracks.  
**Info:** [www.breadalbane.org](http://www.breadalbane.org)

## 4. Cape Wrath Trail

**Start:** Fort William - E9  
**End:** Cape Wrath - E5  
**Length:** 320 km / 200 miles  
**Time:** 14 - 16 days  
**Terrain:** Varied - rough terrain, forest, open hillside, glens, minor roads and paths.  
**Info:** [www.capewrathtrailguide.org](http://www.capewrathtrailguide.org)

## 5. Clyde Coastal Path

**Start:** Skelmorlie - E12  
**End:** Milngavie - F11  
**Length:** 80 km / 55 miles  
**Time:** 4 days  
**Terrain:** Coastal, urban, moorland, farmland.  
**Info:** [www.focrt.org/ccp/](http://www.focrt.org/ccp/)

## 6. Deeside Way

**Start:** Aberdeen - I9  
**End:** Ballater - H9  
**Length:** 66 km / 41 miles  
**Time:** 3 - 4 days  
**Terrain:** Well surfaced, former railway line.  
**Info:** [www.deesideway.org](http://www.deesideway.org)

## 7. East Highland Way

**Start:** Fort William - E9  
**End:** Aviemore - F9  
**Length:** 132 km / 82 miles  
**Time:** 5 - 7 days  
**Terrain:** Varied - forest tracks, lochside trails and open hillside.  
**Info:** [www.easthighlandway.com](http://www.easthighlandway.com)

## 8. Fife Pilgrim Way

**Start:** Culross/North Queensferry - G11  
**End:** St Andrews - H10  
**Length:** 104 km / 64 miles  
**Time:** 5 - 6 days  
**Terrain:** Varied.  
**Info:** [www.fifeecoastandcountrysidetrust.co.uk/walks/fife-pilgrim-way](http://www.fifeecoastandcountrysidetrust.co.uk/walks/fife-pilgrim-way)

## 9. Gore-Tex Scottish National Trail

**Start:** Kirk Yetholm - I12  
**End:** Cape Wrath - E5  
**Length:** 864 km / 537 miles  
**Time:** 5 weeks approx  
**Terrain:** Varied.  
**Info:** [www.scottishnationaltrail.org.uk](http://www.scottishnationaltrail.org.uk)

## 10. Hebridean Way

**Start:** Vatersay - B9  
**End:** Stornoway - C6  
**Length:** 251 km / 156 miles  
**Time:** 12 days approx  
**Terrain:** Varied - coastal, moorland, rural roads.  
**Info:** [www.visitouterhebrides.co.uk/see-and-do/activities/hebridean-way](http://www.visitouterhebrides.co.uk/see-and-do/activities/hebridean-way)

## 11. John Buchan Way

**Start:** Peebles - G12  
**End:** Broughton - G12  
**Length:** 21 km / 13 miles  
**Time:** 7 hours  
**Terrain:** An upgraded stretch of path through the hills.  
**Info:** [www.scotborders.gov.uk/johnbuchanway](http://www.scotborders.gov.uk/johnbuchanway)

## 12. John o' Groats Trail

**Start:** Inverness - F8  
**End:** John o' Groats - G5  
**Length:** 237 km / 147 miles  
**Time:** 14 days  
**Terrain:** Varied - shorelines, cliff tops, back lanes and paths.  
**Info:** [www.jogt.org.uk](http://www.jogt.org.uk)

## 13. The Minigaig Pass

**Start:** Blair Atholl - F10  
**End:** Kingussie - F9  
**Length:** 45 km / 28 miles  
**Time:** 1 - 2 days  
**Terrain:** Challenging - rural paths, glens, mountains and moorland.  
**Info:** [www.ldwa.org.uk](http://www.ldwa.org.uk)

## 14. Moray Way

**Circular:** Forres-Findhorn-Hopeman -Lossiemouth-Garmouth-Fochabers -Craigellachie-Aberlour-Ballindalloch -Grantown-on-Spey - G8  
**Length:** 153 km / 95 miles  
**Time:** 6 - 9 days  
**Terrain:** Varied - coastal, riverside, farmland, moorland.  
**Info:** [www.morayways.org.uk](http://www.morayways.org.uk)

## 15. North Sea Trail

**Start/End:** Various - covers east of Scotland, including Scottish Borders, East Lothian, Fife, Angus, Aberdeenshire and Moray.  
**Length:** Approx. 750 km / 466 miles  
**Terrain:** Varied.  
**Info:** [www.ldwa.org.uk](http://www.ldwa.org.uk)

## 16. River Tay Way

**Start:** Kenmore - F10  
**End:** Dundee - H10  
**Length:** 121 km / 75 miles  
**Time:** TBC  
**Terrain:** Varied.

## 17. Sir Walter Scott Way

**Start:** Moffat - G13  
**End:** Cockburnspath - H11  
**Length:** 148 km / 92 miles  
**Time:** 5 - 7 days  
**Terrain:** Varied - hillside paths, tarmac minor roads and forest tracks.  
**Info:** [www.sirwalterscottway.com](http://www.sirwalterscottway.com)

## 18. Skye Trail

**Start:** Rubha Hinish - C8  
**End:** Broadford - D9  
**Length:** 128 km / 80 miles  
**Time:** 7 days  
**Terrain:** A challenging route. Very varied.  
**Info:** [www.skyetrail.org.uk](http://www.skyetrail.org.uk)

## 19. South Loch Ness Trail

**Start:** Fort Augustus - E9  
**End:** Torbreck, Inverness - F8  
**Length:** 45 km / 28 miles  
**Time:** 2 - 3 days  
**Terrain:** Minor roads, forest tracks and constructed trail.  
**Info:** [www.visitinvernesslochness.com/things-to-do/south-loch-ness-trail.aspx](http://www.visitinvernesslochness.com/things-to-do/south-loch-ness-trail.aspx)

## 20. Stevenson Way

**Start:** Mull - C10  
**End:** Edinburgh - G11  
**Length:** 370 km / 230 miles  
**Time:** 2 days [per section]  
**Terrain:** Varied - hillside paths, tarmac minor roads and forest tracks.  
**Info:** [www.stevensonway.org.uk](http://www.stevensonway.org.uk)

## 21. Trail of the 7 Lochs

**Start/End:** Inverfarigaig, Inverness-shire - F8  
**Length:** 80 km / 50 miles  
**Time:** 4 - 5 days  
**Terrain:** Varied - forest roads, tracks and hillside.  
**Info:** [www.visitinvernesslochness.com/things-to-do/7-lochs-trail.aspx](http://www.visitinvernesslochness.com/things-to-do/7-lochs-trail.aspx)

## 22. Unst Island Trek

**Start/End:** Belmont Ferry - J1  
**Length:** 97 km / 60 miles  
**Time:** 28 hours  
**Terrain:** Sandy beaches to spectacular high grass covered cliffs tops.  
**Info:** [www.unstwav.weebly.com](http://www.unstwav.weebly.com)

## 23. Way of St Andrews

**Start:** Varied  
**End:** St Andrews - H10  
**Length:** Varied  
**Time:** Varied  
**Terrain:** Varied  
**Info:** [www.thewayofstandrews.com](http://www.thewayofstandrews.com)

### SPRF - Scottish Pilgrim Routes Forum

A network of organisations and individuals committed to developing routes for off-road pilgrimage travel across Scotland.  
[www.sprf.org.uk/routes.html](http://www.sprf.org.uk/routes.html)



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# Walking events and festivals

Walk your way throughout Scotland with  
the great variety of events on offer.

Enchanted Forest, Pitlochry



Glen Clova, Angus Glens Walking Festival



Portsoy Harbour, part of the Six Harbour Walk



**T**hroughout Scotland you will find a wide range of events with a walking theme, ranging from a short ranger-led walk, mountain film festivals to inspire you or a rewarding week-long walking festival where you can enjoy a local welcome (usually with some rather inviting post-walk entertainment) and challenging but safe walking led by experienced local leaders.

If you're new to walking in Scotland, walking festivals offer you a great opportunity to learn more about a particular area and build up your Scottish walking experience in a safe and friendly social setting.

These pages detail some of the most popular walking festivals and events which are taking place throughout Scotland in 2020.

Log on to the websites listed to find out more about these events.

#### 1. Edinburgh Mountain Film Festival

This event is dedicated to the promotion of adventure through films, lectures and exhibitions. The festival aims to entertain, enlighten and inspire.

**Dates:** 15 - 16 February  
**Email:** [stevie@edinburghmountainff.com](mailto:stevie@edinburghmountainff.com)  
**Website:** [www.emff.co.uk](http://www.emff.co.uk)

#### 2. Fort William Mountain Festival

The 2020 festival will see a range of activities from mountain skills workshops to competitions and from international speakers to film screenings.

**Dates:** 19 - 23 February  
**Email:** [info@mountainfestival.co.uk](mailto:info@mountainfestival.co.uk)  
**Website:** [www.mountainfestival.co.uk](http://www.mountainfestival.co.uk)

#### 3. Walk Islay Walking Week

Join the hundreds of people to date on a walking week for all on Islay, Jura and Colonsay with graded walks. This is the 17th Walk Islay to date.

**Dates:** 19 - 24 April  
**Email:** [admin@islayjura.com](mailto:admin@islayjura.com)  
**Website:** [www.walkislay.co.uk](http://www.walkislay.co.uk)

#### 4. Six Harbour Walk, Buckie

This 15-mile sponsored walk runs along the coast from Portsoy to Buckie and raises funds for charities.

**Dates:** 3 May  
**Website:** [www.sixharbourwalk.eboard.com](http://www.sixharbourwalk.eboard.com)

#### 5. Newton Stewart WalkFest

The 18th annual Newton Stewart Walking Festival aspires to provide a unique opportunity to explore this beautiful south west corner of Scotland.

**Dates:** 8 - 14 May  
**Contact:** 07421 312 056  
**Website:** [www.walkfestnewtonstewart.com](http://www.walkfestnewtonstewart.com)

#### 6. The Great Outdoors Challenge

An annual backpacking event in which 300 participants walk from the west coast of Scotland to the east.

**Dates:** 8 - 22 May  
**Contact:** 01540 673360/ 673583  
**Email:** [newtonmorehostel@gmail.com](mailto:newtonmorehostel@gmail.com)  
**Website:** [www.tgochallenge.co.uk](http://www.tgochallenge.co.uk)

#### 7. Isle of Arran Mountain Festival

About 20 different guided walks taking place across the island showcasing just how good an environment Arran is for any level of walker.

**Dates:** 15 - 18 May  
**Email:** [info@arranmountainfestival.co.uk](mailto:info@arranmountainfestival.co.uk)  
**Website:** [www.arranmountainfestival.co.uk](http://www.arranmountainfestival.co.uk)

#### 8. Ballater Walking Festival

The festival includes walks of varying difficulty exploring the hills and glens of the eastern Cairngorms National Park, Aberdeenshire and Angus.

**Dates:** 16 - 22 May  
**Contact:** 01339 755467  
**Email:** [info@royal-deeside.org.uk](mailto:info@royal-deeside.org.uk)  
**Website:** [www.walkballater.com](http://www.walkballater.com)

#### 9. Crieff and Strathearn Drivers' Tryst Walking Festival

With themed easy walks, high level hill walks and a programme of evening social events, the Drivers' Tryst Festival has something for everyone.

**Dates:** 22 - 25 May  
**Contact:** 01764 650606  
**Email:** [droverstryst@gmail.com](mailto:droverstryst@gmail.com)  
**Website:** [www.droverstryst.com](http://www.droverstryst.com)

#### 10. Clyde Muirshiel Walking Festival

The festival aims to promote the regional park and wider area as a walking destination, and provides led walks for everyone, from the leisurely paced stroll to the more serious hill walker.

**Dates:** 23 - 25 May  
**Contact:** 01475 521 458  
**Email:** [rangers.cut@clydemuirshiel.co.uk](mailto:rangers.cut@clydemuirshiel.co.uk)  
**Website:** <http://clydemuirshiel.co.uk/walkingfestival>

#### 11. Angus Glens Walking Festival

Experienced leaders will guide you through this beautiful yet little known part of Scotland and give information on the history, wildlife and culture of the area.

**Dates:** TBC  
**Email:** [marketing@angusalive.scot](mailto:marketing@angusalive.scot)  
**Website:** [www.angusalive.scot/countryside-adventure/angus-glens-walking-festival/](http://www.angusalive.scot/countryside-adventure/angus-glens-walking-festival/)

#### 12. Moray Walking & Outdoor Festival

A variety of walks for all abilities - check out the website for more information and full details of the programme of events.

**Dates:** 12 - 21 June  
**Website:** [www.themorayway.org.uk/festival/](http://www.themorayway.org.uk/festival/)

#### 13. Midlothian Outdoor Festival

A broad range of activities and events that showcase some of the great things you can do in Midlothian's outdoors.

**Dates:** TBC  
**Contact:** 01875 821990  
**Website:** [www.midlothian.gov.uk/outdoor-festival](http://www.midlothian.gov.uk/outdoor-festival)

#### 14. Scottish Borders Walking Festival

The 26th annual Scottish Borders Walking Festival will be hosted by Jedburgh. The festival is the oldest established walking festival in Scotland and features some of the most breathtaking scenery in the UK. There are typically 3 to 5 walks a day of varying lengths, so there's something for everyone.

**Dates:** 5 - 12 September  
**Email:** [info@borderswalking.com](mailto:info@borderswalking.com)  
**Website:** [www.borderswalking.com](http://www.borderswalking.com)

#### 15. Cowalfest Walking & Outdoor Festival

The main attraction of the programme is the wide range of activities offering everything from walks and talks, runs and ceilidhs, cycle rides and tours. For all ages and all levels of fitness and interests.

**Dates:** September  
**Email:** [info@cowalfest.org](mailto:info@cowalfest.org)  
**Website:** [www.cowalfest.org](http://www.cowalfest.org)

#### 16. The Enchanted Forest, by Pitlochry

Visit the Enchanted Forest in autumn 2020 and enjoy a light and sound extravaganza at Faskally Wood, near Pitlochry.

**Dates:** 1 October - 1 November  
**Contact:** 0871 288 7655  
**Website:** [www.enchantedforest.org.uk](http://www.enchantedforest.org.uk)

#### 17. Dundee Mountain Film Festival

The 38th anniversary of the UK's longest continuous running Mountain Film Festival.

**Dates:** 26 - 28 November  
**Email:** [mail@dmff.org.uk](mailto:mail@dmff.org.uk)  
**Website:** [www.dmff.co.uk](http://www.dmff.co.uk)

## Insider Tip

Please camp responsibly, in particular by taking away all your litter, removing all traces of your tent pitch and not causing any pollution – for further information see the Scottish Outdoor Access Code ([www.outdooraccess-scotland.scot/](http://www.outdooraccess-scotland.scot/)). Take extra care and follow any local advice when parking cars or campervans.

“ Scotland is very varied, because of the weather. It looks so lush yet in other places you can see desert moorland. ”

*Blythe Duff, actress*

# YOU'LL BE SURPRISED WHERE OUR SEARCH FOR QUALITY TAKES US



🔍 Loch Lomond from Conic Hill part of the West Highland Way



Quite simply, it takes us the length and breadth of Scotland to visit thousands of different properties every year and grade them on the things we know matter to you. Things like the overall quality on offer and warmth of welcome to help you make a more informed choice. VisitScotland Quality Assurance – **Quality you can trust.**

- ★ An acceptable standard
- ★★ A good, all round standard
- ★★★ Very good standard, with attention to detail in every area
- ★★★★ Excellent – superb food where provided and friendly, professional service
- ★★★★★ An exceptional standard where quality, hospitality and service are hard to fault

★ Serviced accommodation establishments awarded gold stars have consistently achieved the highest levels of excellence within their star grading.



### Taste Our Best

One way to ensure that you'll enjoy great quality Scottish food and drink, prepared with care and delivered with passion, is to look for places that are part of Taste Our Best, our food and drink quality scheme.



### Green Tourism-because we care

Businesses that work in a sustainable, environmentally friendly way are graded: Bronze 🍷, Silver 🍷🍷 or Gold 🍷🍷🍷  
[www.green-tourism.com](http://www.green-tourism.com)

**We want you to feel welcome** – find establishments that pay particular attention to your specific needs:

- |                     |          |
|---------------------|----------|
| Walkers             | Cyclists |
| Anglers             | Bikers   |
| Classic Cars        | Golfers  |
| Visiting Golfers    | Children |
| Field Sports        | Groups   |
| Ancestral Tourism   | Pets     |
| Experiencing Gaelic |          |

For any feedback or comments you may have on quality assured properties please email us on [qa@visitscotland.com](mailto:qa@visitscotland.com).

# BRINGING INSPIRATION AND IDEAS TO YOU



Loch Brandy in Glen Clova, Angus

Only in Scotland can you find information and advice in so many places.



Our friendly information experts can offer advice on what's on, where to go and book tickets for events, activities and transport. Our Shop Local initiative promotes local artisans so we're sure to help you find the perfect gift from Scotland.




Our happy herd of Coo Vans will be on the moo-ve throughout Scotland, with our Coo-visors delivering excellent local advice. Look out for them at events and attractions and discover our top tips to make the most of your Scottish experience.



Our accredited iKnow Partners are based throughout Scotland and can offer tailored advice to help you make the most of your visit. Chat with them for insider tips about the must see attractions in the local area. Find them at [visitscotland.com/iknow](https://visitscotland.com/iknow)

**ABERDEEN & ABERDEENSHIRE**




★★★★★ SELF-CATERING  
Prices on request

### Ballogie Estate

Ballogie has a selection of unique accommodation, including two five star properties set in beautiful and varied locations around the estate. We cater for large groups, corporate events and weddings as well as smaller more intimate escapes; whatever your needs we have something to suit all tastes.

Take time to browse through our website to find more information on the leisure activities and facilities available on the estate, including Potarch Restaurant.

Contact us to book your perfect Highland retreat.



T: 01339 886497  
E: info@ballogie-estate.co.uk  
Ballogie, Aboyne AB34 5DS  
[www.ballogie-estate.co.uk](http://www.ballogie-estate.co.uk)

**ABERDEEN & ABERDEENSHIRE**




★★★★ HOTEL  
Prices on request

### The Banff Springs Hotel

The Banff Springs Hotel is the perfect base for your golfing trip. We have 36 modern bedrooms and fantastic bar and restaurant facilities on site.


We offer various golf stay and play packages ranging from a 2 night stay, 2 rounds to a 6 night stay, 5 rounds at our two local courses Duff House Royal (5 mins) and Royal Tarlair (10 mins). As well as these courses there is also a driving range in Macduff.

We are approx. 10 miles from Gardenstown, Pennan and Portsoy, 15 from Cullen giving you the choice of many beautiful coastal walks to explore.



T: 01261 812881  
E: info@thebanffsprings.co.uk  
Golden Knowes Road, Banff AB45 2JE  
[www.thebanffsprings.co.uk](http://www.thebanffsprings.co.uk)

**ABERDEEN & ABERDEENSHIRE**




★★★★ SELF-CATERING  
SC prices from £395 pw

### Bonn-Na-Coille Cottages, Ballater

Two spacious and comfortable cottages, Pine Tree and Sycamore, with decked patio and wood-burning stove respectively, situated close to the centre of the lovely village of Ballater in the Cairngorms National Park. Pine Tree sleeps 2 + 1; Sycamore 2+ single bed-settee.

The village has many amenities including bike-hire and lies only a few miles from Balmoral and the Glen Tanar and Muir of Dinnet reserves. There are many published walks on the doorstep as well as Munros not least the famous Lochnagar. Restaurants, cafes and pubs in village. Short breaks and special deals off-season; discount for single person lets. Many returning visitors year on year.



T: 01224 585500 M: 07980 965 901  
E: stay@ballaterselfcatering.co.uk  
8 Braemar Road, Ballater, AB35 5RL  
[www.ballaterselfcatering.co.uk](http://www.ballaterselfcatering.co.uk)

**ABERDEEN & ABERDEENSHIRE**



SELF-CATERING  
SC prices from £70 prpn


### Cairngorm Bothies

Beautifully situated in an unspoilt area of a Scottish Highland Estate are the Cairngorm Bothies. Each bothy provides comfortable accommodation for up to four people in the Cairngorm National Park.

Carefully constructed from eco-friendly and sustainable materials, each bothy fits snugly into its surroundings, minimising its impact on the forestscape. Each with its own unique and idyllic setting, you'll find the bothy that's perfect for you. Each bothy is interiorly themed to follow rural employment type, providing a distinctive personality. Far from the basic facilities provided by traditional bothies, each self contained unit caters for all of your needs.

T: 0758 343 6040  
E: alan@cairngormlodges.com  
Aboyne, Aberdeenshire AB34 5NJ  
[www.cairngormbothies.com](http://www.cairngormbothies.com)


**ABERDEEN & ABERDEENSHIRE**



★★★ SELF-CATERING  
SC prices from £440


### Cairngorm Lodges

Cairngorm Lodges are luxury, self-catering, pet-friendly forest lodges set in the heart of Royal Deeside on the boundary of the Cairngorms National Park. The lodges enjoy their own unique setting within a Scots Pine Forest adjacent to a beautiful lochan. Sleeping 4, each lodge is equipped to a high standard and includes a wood burning stove to ensure a cosy stay. The lodges have a central space with kitchen, dining area and comfy sofas to relax on. Guests are provided with organic fair-trade bedlinen and towels, electricity and logs for their woodburner.



T: 0758 343 6040  
E: sarah@cairngormlodges.com  
Logie Coldstone, nr Dinnet, Aboyne AB34 5PQ  
[www.cairngormlodges.com](http://www.cairngormlodges.com)


**ABERDEEN & ABERDEENSHIRE**



★★★★ SELF-CATERING  
SC prices from £770 (3 bedroom) pw


### Craigendarroch Lodges by Hilton Grand Vacations

Ballater is known as the eastern gateway to The Cairngorms National Park and is a walkers paradise with a range of beautiful trails. A stunning location beside the River Dee within the idyllic and historic setting of Royal Deeside, these lodges are surrounded by plentiful nearby outdoor activities including fishing, horseback riding, cycling, and main attractions such as Balmoral Castle and Royal Lochnagar Distillery. The lodges are well-appointed with private terraces and many with private saunas, and sleep 2 to 8 people. Lodge guests can enjoy the resort facilities including restaurants, swimming pools, gym, spa, squash, snooker and tennis. These lodges are also available for purchase.



T: 01339 755 558  
E: higvc@hgv.com  
Braemar Road, Ballater AB35 5XA  
[www.higvc.co.uk](http://www.higvc.co.uk)

**ABERDEEN & ABERDEENSHIRE**




★★★★ SMALL HOLIDAY PARK  
SC prices from £20 prpn

### Hillhead Caravan Park

Hillhead caravan park has 17 touring pitches, 17 of which have electric hook ups which have a 6 amp supply and all are on hard standing. Holiday homes are all fully serviced and in a quiet wooded setting on level grass.

There is a central outdoor children's play area, a reception and a small Library with Books and DVDs.

The toilet block has excellent facilities including integrated facilities for the disabled, a launderette and indoor campers washing-up area; a charge is made for the launderette facility but no charge is made for the hot water. Free WiFi.



T: 01467 632809  
E: enquiries@hillheadcaravan.com  
Hillhead Caravan Park Kintore, inverurie AB51 0YX  
[www.hillheadcaravan.com](http://www.hillheadcaravan.com)

**ABERDEEN & ABERDEENSHIRE**



★★★★ SELF-CATERING  
SC prices from £420 pw

### Perkhill Holiday Cottages

Recently renovated and furnished to a very high standard. Perkhill Holiday Cottages all offer a top quality self-catering accommodation in a rural location in Royal Deeside.

All cottages benefit from underfloor heating, wood burning stoves, fully fitted kitchens, flat screen TVs with DVD player, Wi-Fi and stunning views. The idyllic location offers a range of countryside activities such as shooting, fishing and walking as well as access to both the Scottish Highlands and the Granite City. Please take a look at our TripAdvisor reviews. Dog friendly accommodation.



T: 01339 883636 or 07718 032367  
E: pippa@perkhillholidaycottages.co.uk  
Perkhill, Lumphanan, Banchoy AB31 4RB  
[www.perkhillholidaycottages.co.uk](http://www.perkhillholidaycottages.co.uk)

**ABERDEEN & ABERDEENSHIRE**



\*\*\* INN  
Prices from £55 pppn


### The Ship Inn

Historic harbour-side inn (est. 1771) offering a great selection of excellent home cooked food. Cosy bar with 2 fireplaces. Outdoor terrace. Real ales. Fine wines. Over 100 single malt whiskies. En suite bedrooms with harbour views. Ideally situated for many of the great walks in the area.



T: 01569 762617  
E: enquiries@shipinnstonehaven.com  
5 Shorehead, Stonehaven AB39 2JY  
[www.shipinnstonehaven.com](http://www.shipinnstonehaven.com)


**ABERDEEN & ABERDEENSHIRE**



\*\*\* INN  
B&B prices from £80 prpn


### Station Hotel Portsoy

- On the Beautiful Moray Coast.
- One of the best unspoilt villages in North East Scotland.
- Stunning coastal walks and trails.
- 14 comfortable en-suite rooms and restaurant using the freshest local produce.



T: 01261 842327  
E: enquiries@stationhotelportsoy.co.uk  
Station Hotel Portsoy, Aberdeenshire AB45 2QT  
[www.stationhotelportsoy.co.uk](http://www.stationhotelportsoy.co.uk)


**ARGYLL & THE ISLES**



\*\*\* to \*\*\* SELF-CATERING  
SC prices from £250 pw


### Ardbrecknish House

We have 10 separate fully self-catering properties at Ardbrecknish House sleeping from 12 down to 2 persons, total of 55 bed places. Open all year, bar on site also open every evening from 6 pm. Restaurant only open during the main season mid March to end of October. Party groups can be catered for by prior arrangement. Wi-Fi available 24/7, bus stop 2 miles away at Cladich. Glasgow airport is one and a half hours away, Oban 45 minutes and Glen Coe an hour away.



T: 01866 833223  
E: ardbrecknish@btconnect.com  
Dalmally, Argyll PA33 1BH  
[www.loch-awe.co.uk](http://www.loch-awe.co.uk)


**ARGYLL & THE ISLES**



\*\*\* SELF-CATERING  
SC prices from £490 pw

### Ardoran Marine Self-Catering Lodges

Our three secluded and private self-catering chalets are situated on the shores of Loch Feochan and have stunning views over Loch Feochan and beyond. Situated only five miles south of Oban within easy reach of all that Oban has to offer, yet in a very rural location. All chalets have fully equipped kitchens with microwave oven, full size cooker and fridge/freezer. Television with FreeSat, DVD player and full bed linen are provided. Services included in the price are; free Wi-Fi, off-peak electricity, gas for cooking and a private water supply.



T: 01631 566123  
E: admin@ardoran.co.uk  
Lerags, Oban PA34 4SE  
[www.ardoran.co.uk/holiday-cottages](http://www.ardoran.co.uk/holiday-cottages)

**ARGYLL & THE ISLES**



\*\*\*\* RESTAURANT WITH ROOMS  
Prices from £72 pppn

### Argyll Hotel Iona

For great Hebridean hospitality, the Argyll Hotel Iona has plenty to offer singles, couples, groups and families. Open April to end of October there are lots of activities both on Iona and Mull. Outstanding scenic walks start literally from our doorstep and lead to historic buildings, scenic rambles and breathtaking beaches. Delicious home-made lunches and dinners, using the best local and organic produce. Packed lunches are always available. We are proudly part of the Mull and Iona Food trail supporting local food produce.



T: 01681 700334  
E: reception@argyllhoteliona.co.uk  
Isle of Iona, PA76 6SJ  
[www.argyllhoteliona.co.uk](http://www.argyllhoteliona.co.uk)

**ARGYLL & THE ISLES**



\*\*\* HOTEL  
Prices from £120 prpn

### Bridgend Hotel

Located in the idyllic village of Bridgend at the heart of Islay, the three star Bridgend Hotel offers the perfect base to explore the island whether you wish to walk, visit Distilleries or beaches, bird watch, cycle, shoot or fish, or simply to sample seasonal local produce at its best. Our popular Restaurant offers Islay shellfish, game and lamb from Islay Estates and our bars stock local whiskies, ales and gin.



T: 01496 810212  
E: info@bridgend-hotel.com  
Bridgend, Isle of Islay PA44 7PB  
[www.bridgend-hotel.com](http://www.bridgend-hotel.com)


**ARGYLL & THE ISLES**



\*\*\*\* SELF-CATERING  
DB&B prices from £100 pcpn

### Clan Cottages

Clan Cottages comprises of five newly built thatched holiday cottages situated on the shores of Loch Nell and the river Nell near Oban. It is the perfect base to explore Argyll and the islands. Ideal location for walking, cycling and fishing with an abundance of wildlife. Open all year round. Relax and enjoy a perfect stay with us.



T: 01631 770372  
E: info@clancottages.com  
Dalnabreac, Oban PA34 4XU  
[www.clancottages.com](http://www.clancottages.com)

**ARGYLL & THE ISLES**



\*\*\*\* (GOLD) RESTAURANT WITH ROOMS  
Prices from £100 prpn


### The Pierhouse Hotel & Seafood Restaurant

Hidden away in the quiet village of Port Appin, Argyll, on the shores of Loch Linnhe and surrounded by the spectacular raw beauty of the magnificent west coast of Scotland, you will find The Pierhouse Hotel, winner of The Good Hotel Guide 2018 Editor's Choice Award: Eco-Friendly Hotel. With breathtaking views to the islands of Lismore and Mull the relaxed, informal atmosphere in our small hotel and renowned Scottish Seafood Restaurant is one of Argyll's most idyllic and romantic destinations.



T: 01631 730302  
E: reservations@pierhousehotel.co.uk  
Port Appin, Appin PA38 4DE  
[www.pierhousehotel.co.uk](http://www.pierhousehotel.co.uk)

**ARGYLL & THE ISLES**



**HOTEL**  
Prices from £50 prpn low/ £125 high season

### Port Askaig Hotel

Situated at the main ferry terminal. Picturesque, family run Highland inn on the shores of the Sound of Islay, the ferry offers easy access to Jura, Colonsay & the mainland. Groups catered for. Our Starboard restaurant offers bistro style dining, with a full meal service in both bars and hot snacks available outwith main meal times. Our Port Bar, the oldest licensed premises on Islay, features a selection of Islay Malts and a display of old & rare bottles. Free parking and free Wi-Fi. Complimentary teas and coffees on arrival.

13 en suite rooms Bistro & 2 Malt Whisky Bars. Shop/Post Office/Fuel on site.

T: 01496 840245  
E: hotel@portaskaig.co.uk  
Port Askaig, Isle of Islay PA46 7RA  
[www.portaskaig.co.uk](http://www.portaskaig.co.uk)

**ARGYLL & THE ISLES**




**SMALL HOTEL**  
Prices from £80 prpn

### Royal An Lochan Hotel

The Royal an Lochan Hotel in Tighnabruaich offers stunning views of Loch Fyne. It is situated in the serene heart of Argyll and Bute and offers the very best in accommodation and hospitality. We have 11 bedrooms, 8 with stunning views of Loch Fyne, all bedrooms are well appointed and most have large bathrooms. The hotel is ideally situated for those wishing to walk and climb in the Cowal Peninsula and Argyll with The Loch Lomond & Cowal Way and various munros right on our doorstep.

T: 01700 811239  
E: info@theroyalanlochan.co.uk  
Shore Road, Tighnabruaich PA21 2BE  
[www.theroyalanlochan.co.uk](http://www.theroyalanlochan.co.uk)



**ARGYLL & THE ISLES**



**\*\*\* INN**  
B&B prices TBC pppn


### Taychreggan Hotel

Taychreggan began life as a humble 17th century cattle drovers inn, built on a small peninsula that juts out into the loch. It was from here, at Loch Awe's narrowest crossing point, the cattle would swim across. From bustling with cattle the hotel now boasts a romantic country house hotel; full of features of a bygone day with the same idyllic setting. You will always receive the best rates if you book directly with us over the phone. Call now on 01866 833 211 for our best deals on accommodation.

T: 01866 833211  
E: taychregganhotel@hotmail.com  
Taychreggan Hotel, (by Taynuilt, near Oban) Argyll PA35 1HQ  
[www.taychregganhotel.co.uk](http://www.taychregganhotel.co.uk)




**ARGYLL & THE ISLES**



**\*\*\*\*\* HP, \*\*\* to \*\*\*\*\* SC**  
SC prices from £265 pw


### Tralee Bay Holidays

This 5-star holiday park is located on the beautiful West Coast of Scotland just 9 miles from Oban. Set in 26 acres of woodlands overlooking Ardmucknish Bay, it is the perfect location for a relaxing, family holiday by the beach. Tralee Bay offers a range of self-catering accommodation from spacious, modern caravans to luxury 4-star lodges.

T: 01631 720255  
E: tralee@easynet.co.uk  
Benderloch, Oban PA37 1QR  
[www.tralee.com](http://www.tralee.com)







**DUMFRIES & GALLOWAY**



**HOTEL**  
Prices from £42.50 pp sharing


### Best Western Station Hotel

Enjoy a warm welcome and great service in this lovely traditional Victorian Railway hotel. Relax for a bit in our Lounge Bar or Terrace Garden. Warm yourself with a bowl of homemade soup and a sandwich at lunchtime or enjoy a delicious dinner in our Courtyard Bistro, where cullen skink, haggis, as well as shortbread and seasonal berries are likely to feature on the menu. Rooms, equipped with Freeview TV, free Wi-Fi, and our comfortable beds will ensure a restful night's sleep, while breakfast has a wide choice from continental with pastries & croissants to a Full Scottish Breakfast to set you up for another day of exploring.

T: 01387 254316  
E: info@stationhotel.co.uk  
49 Lovers Walk, Dumfries DG1 1LT  
[www.stationhoteldumfries.co.uk](http://www.stationhoteldumfries.co.uk)

**DUMFRIES & GALLOWAY**




**\*\*\* HOTEL**  
Prices from £49.50 pppn

### Cairndale Hotel & Leisure Club

The Cairndale Hotel in Dumfries Town centre offers a central location for your walking holiday in South West Scotland. Boasting a fully equipped leisure club for your relaxation after a days' walk, the hotel has 91 en-suite bedrooms. A hearty breakfast and dinner in our Reivers restaurant are also included.

T: 01387 254111  
E: sales@cairndalehotel.co.uk  
English Street, Dumfries DG1 2DF  
[www.cairndalehotel.co.uk](http://www.cairndalehotel.co.uk)




**DUMFRIES & GALLOWAY**



**\*\*\* SELF-CATERING**  
SC prices from £540 pw

### Chapelerne Farmhouse

Recently refurbished large farmhouse with beautiful views over the Urr valley. Situated on the owners' farm with a lovely secluded garden, perfect for relaxing in. Has easy access to A75, minutes from market town of Castle Douglas. Sleeps up to 10. Ample parking and outside storage area.

T: 01556 650270  
E: trowdale2@gmail.com  
Bride of Urr, Castle Douglas DG7 3BX  
[www.chapelerne.com](http://www.chapelerne.com)

**DUMFRIES & GALLOWAY**




**SMALL HOTEL**  
Prices from £60 prpn

### The Kings Arms Hotel

Dating from the 17th-century, the Kings Arms Hotel is one of the oldest establishments in Lockerbie. Recently taken over and undergoing some refurbishment but still offering attractive bedrooms, free Wi-Fi, parking & 2 bars. Relax in the cocktail lounge with its open fire or in the main bar with its log burner. We offer a selection of local drinks including gin from just down the road. Serving wholesome fresh, local homemade food. A full Scottish breakfast is available each morning, along with other delicious treats. The bedrooms are individually decorated and all have an en-suite shower, TV, tea/coffee making facilities. For a 20% discount book direct with us mentioning Visit Scotland.

T: 01576 202410  
E: reception@kingsarmshotel.co.uk  
29 High Street, Lockerbie DG11 2JL  
[www.kingsarmshotel.co.uk](http://www.kingsarmshotel.co.uk)

**DUMFRIES & GALLOWAY**




2015 AA

★★★★★ **SMALL HOLIDAY PARK**

SC prices from £14 pppn


### Loch Ken Holiday Park

Idyllically set in the beautiful Galloway Hills, on the shores of Loch Ken, Loch Ken Holiday Park is a fantastic caravan & camping destination with modern facilities. A peaceful haven in an area of outstanding yet uncrowded beauty, with a wealth of wildlife and panoramic views over the loch, perfect for walking holidays! We offer luxurious holiday homes for hire and hardstanding waterfront touring and motorhome pitches with an extensive tent field with electric hook-ups. Heated toilet block, children's play park and grocery shop all on site.



T: 01644 470282  
E: office@lochkenholidaypark.co.uk  
Parton, Castle Douglas DG7 3NE  
[www.lochkenholidaypark.co.uk](http://www.lochkenholidaypark.co.uk)

**DUMFRIES & GALLOWAY**







★★★ **FARMHOUSE**

Prices from £30 pppn


### Newark Farmhouse

Situated in Upper Nithsdale amid magnificent views of the River Valley, this period farmhouse, on a working farm, offers excellent value for money. The homely en-suite rooms are tastefully decorated and furnished to a very high standard. We have free Wi-Fi, can make you a packed lunch and dry off your clothes and boots. We can also take you into the village for an evening meal. This beautiful part of Scotland is great walking country with the Southern Upland Way, Scotland's coast to coast footpath of 212 miles from Portpatrick - Cockburnspath passing nearby. There are many other walks in the area, perfect for walkers of all abilities.

T: 01659 50263 M: 0782 612 4239  
E: info@newarkfarm.com  
Sanquhar, Dumfriesshire DG4 6HN  
[www.newarkfarm.com](http://www.newarkfarm.com)

**DUMFRIES & GALLOWAY**







REAL FARM HOLIDAYS

★★ to ★★★★★ **SELF-CATERING**

SC prices from £11 pppn

### Real Farm Holidays, Kirkwood

Your dogs would choose a Real Farm Holiday, 5 star & 3 star self-catering in South Scotland. 650 beautiful acres for peaceful walks beside the Annandale Way & many farm activities.

T: 01576 510200  
E: VSW@RealFarms.co.uk  
Lockerbie DG11 1DH  
[www.RealFarmHolidays.co.uk](http://www.RealFarmHolidays.co.uk)

**DUNDEE & ANGUS**



**BED & BREAKFAST**


**B&B prices from £55 pn**

### Airlie Arms Hotel

This traditional, family run hotel in the heart of Kirriemuir is situated at the gateway to the Angus Glens and close to many local attractions. An ideal base for hill walking, and sight seeing. We offer comfortable en-suite accommodation at reasonable rates. The town is well known as the birthplace of Sir J M Barrie, author of Peter Pan. Scotland is a wonderful country with so much to see and do. Make the Airlie Arms in Kirriemuir the destination for your next holiday.

T: 01575 218080  
E: airliearms@outlook.com  
St Malcolms Wynd, Kirriemuir, Angus, DD8 4HB  
[www.airliearms.net](http://www.airliearms.net)

**DUNDEE & ANGUS**



**HOTEL**


Prices from £35 pppn

### The George Hotel

The George Hotel Montrose is a great place to stay in the Angus area. If you are looking for a walking holiday, we can arrange fantastic "value for money" packages or weekend breaks. We have 24 comfortable en-suite bedrooms all of which are smart and comfortable and equipped with tea and coffee making facilities and a flat screen TV. There is Wi-Fi access throughout the hotel with homemade hearty meals along with a selection of beers and whiskies available in the restaurant and lounge bar.

T: 01674 675050  
E: reception@thegeorge-montrose.co.uk  
22 George Street, Montrose DD10 8EW  
[www.thegeorge-montrose.co.uk](http://www.thegeorge-montrose.co.uk)

**DUNDEE & ANGUS**









★★★★ **HOTEL**

See website for rates

### Glen Clova Hotel

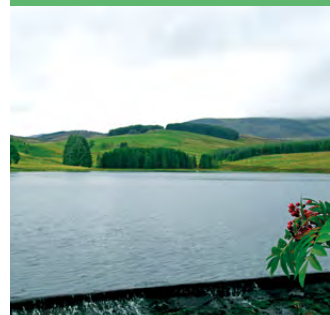
We look forward to welcoming you to our family run country hotel at the foot of beautiful Glen Doll in the Angus Glens (only 90 minutes from Edinburgh). The hotel offers en suite guest rooms, luxury lodges with hot tubs, freshly prepared menus using local produce and genuine warm Scottish hospitality. Located in the Cairngorm National Park there are a number of walks and climbs available directly from the hotel and within the surrounding area. This includes 2 Munros Mayar and Driesh. Glen Clova is the ideal base to explore a different walk every day.

For more information [www.clova.com](http://www.clova.com)

T: 01575 550350  
E: hotel@clova.com  
Glen Clova, Nr Kirriemuir DD8 4QS  
[www.clova.com](http://www.clova.com)

**DUNDEE & ANGUS**









★★★ **SELF-CATERING**

SC prices from £323-£700 pw


### Larch Cottage

Located minutes from the Catevan Trail as well as numerous other walks, Larch Cottage is the perfect location for a walking holiday. The luxury pine chalet built near the village of Kirkton of Glenisla is furnished to a high standard and has fitted carpets and electric heaters in all rooms, and a log-burning stove in the sitting area. The sloping ceilings, large windows, and southern exposure make the chalet very light and spacious. Glenisla is one of the prettiest of the Angus Glens, and is a great location for numerous outdoor activities, including cycling, hillwalking and fishing, and for exploring further afield in the Cairngorms National Park.

T: 01575 530258  
E: jmsivr@aol.com  
Hole of Ruthven, Airlie, Kirriemuir DD8 5NZ  
[www.eastmillholidays.co.uk](http://www.eastmillholidays.co.uk)

**EDINBURGH & LOTHIAN**




★★★ **HOTEL**

Prices from £69 pppn

### Braid Hills Hotel

The Braid Hills Hotel stands on a hill above Pentland Terrace and Comiston Road in Edinburgh and has excellent views over the city. Built in 1886 the hotel truly is an Edinburgh landmark, overlooking Braidburn Valley Park and with stunning views of the Pentland National Park. Located in the immediate area of the hotel we have easily accessible walks at Braid Hills, Hermitage of Braid and of course the world famous Arthurs Seat is only a short bus ride away. We have 71 bedrooms available, many with stunning views over the city skyline & Braidburn Valley Park. Our 1886 Restaurant and private dining rooms are perfect for a dinner for two or walking group get-together.



T: 0131 447 8888  
E: reservation@braidhillshotel.co.uk  
134 Braid Road, Edinburgh EH10 6JD  
[www.braidhillshotel.co.uk](http://www.braidhillshotel.co.uk)

**EDINBURGH & LOTHIAN**



**HOTEL**  
Prices from £68 prpn


**Dunmuir Hotel**

The Dunmuir Hotel is a multi award winning family hotel and the leading hotel in Dunbar, East Lothian. No 1 on TripAdvisor for Dunbar and No 2 in East Lothian. We are situated at the end of the John Muir way in Dunbar.

- 20 Stylish Rooms with one accessible room
- Award winning Restaurant
- Complimentary Wi-Fi
- Car-parking (We can accommodate a Coach)

T: 01368 862033  
E: info@dunmuirhotel.co.uk  
11 Newhouse Terrace, Dunbar EH42 1LG  
[www.dunmuirhotel.co.uk](http://www.dunmuirhotel.co.uk)


**EDINBURGH & LOTHIAN**



**★★★★ (GOLD) GUEST HOUSE**  
B&B prices from £50 prpn


**Gil Dun Guest House**

The Gil Dun is situated in a quiet cul-de-sac within the oldest Edinburgh district of Newington, close to the city centre and walking distance to Edinburgh Castle and Holyrood Palace also on a main bus route. The guest house has recently been re-furnished to a high standard for the comfort of our guests but still maintaining many traditional features. Parking also available. At the Gil Dun your wellbeing is our priority assuring you of a good night's sleep and a hearty Scottish cooked to order A La Carte breakfast just how you like it.

 GOLD

T: 0131 6671368  
E: gildun.edin@btinternet.com  
Spence Street, Edinburgh EH16 5AG  
[www.gildun.co.uk](http://www.gildun.co.uk)

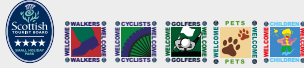
**EDINBURGH & LOTHIAN**



**★★★★ SMALL HOLIDAY PARK**  
SC prices from £40 prpn

**Gilsland Park**

A family run, family focussed holiday park in the charming town of North Berwick, East Lothian, is the perfect place to take a well earned break. Holidays for the whole family with interests for everyone. A range of accommodation for you, your family or group in one of the most sought after locations in Scotland. Choose from; Hot Tub Lodges for 2 to 6 people all with great decking that allow you to lie back, relax and soak up the wonderful views. 2 and 3 bedroomed Caravans – again all fully equipped with decking and outside furniture plus a full range of Glamping on offer, giving you all the freedom of camping but with a bit more luxury!



T: 01620 893790  
E: info@gilslandpark.co.uk  
Grange Road, North Berwick EH39 5JA  
[www.gilslandpark.co.uk](http://www.gilslandpark.co.uk)

**EDINBURGH & LOTHIAN**



**★★★★★ CAMPING PARK**  
Prices from £55 pn


**Hilly Cow Wigwams**

Make your wigwam trip truly memorable by staying at Hilly Cow Wigwams. Come stay on Leyden, a working farm in West Lothian, near Edinburgh. We have an arrange of wigwams from standard to deluxe wigwams with hot tubs, perfect for after a long walk, with the beautiful views of the Forth Valley and the Pentland hills. Hilly Cow Wigwams can offer all the sights of the farm, walks and cycle routes.



T: 01506 882410 M: 0782 477 0568  
E: lesley@hillycowwigwams.co.uk  
Leyden Farm, Kirknewton EH27 8DQ  
[www.hillycowwigwams.co.uk](http://www.hillycowwigwams.co.uk)

**EDINBURGH & LOTHIAN**



**INN**  
Prices prpn TBC

**The Old Aberlady Inn**

The Old Aberlady Inn is a fantastic traditional pub located in the historic and picturesque coastal village of Aberlady. We are located on the John Muir Way and are very popular with walkers with many coming to enjoy a stay or some food. From the kitchen we like to keep things simple - homemade classics in a relaxed pub atmosphere using fresh locally sourced ingredients. To help you take advantage of this beautiful area we have six en-suite letting rooms with all the facilities you expect.

T: 01875 870503  
E: theoldaberladyinn@outlook.com  
High Street, Aberlady EH32 0RE  
[www.oldaberladyinn.co.uk](http://www.oldaberladyinn.co.uk)

**EDINBURGH & LOTHIAN**



**★★★ to ★★★★★ SELF-CATERING**  
SC prices from £350 pw

**Stonelaws Holiday Cottages**

Delightful high quality holiday cottages next to the John Muir Way in the heart of stunning East Lothian countryside, yet a short distance from North Berwick and the coast, and easy journey to Edinburgh. Four lovely cottages (Sleep 1-15), including one with wet room and woodburner, and 2 which can interlink to sleep up to 8. All are fully equipped and with stunning country gardens to provide a relaxing holiday with excellent walking and cycling right on the doorstep. Dogs by arrangement, Cyclist and Walkers Welcome. Short breaks from 2 nights.



T: 01620 870606 / 0770 236 1599  
E: info@stonelawsholidaycottages.co.uk  
Stonelaws Farm, East Linton EH40 3DX  
[www.stonelawsholidaycottages.co.uk](http://www.stonelawsholidaycottages.co.uk)

**GREATER GLASGOW & THE CLYDE VALLEY**



**★★★★★ HOSTEL**  
SC prices from £20 pppn


**The Attic**

The Attic at Edenmill opened in 2019. It's a 42 bed, 5 star hostel with affiliation to Hostelling Scotland. Comprising of a large kitchen, dining and sitting area. Providing a mix of private rooms and shared dormitories each with en-suite showers. Our cafe recently won 2019's best new Scottish Cafe. Serving produce all sourced locally, using vegetables and herbs from our kitchen garden. The butcher uses Scottish meat and prepares all pies, sausages, steaks on site. We also have an events room, soft play and toddler area to accommodate all.



T: 0788 440 4540  
E: info@theattic.scot  
Edenmill Farm, Blanefield G63 9AX  
[www.edenmill.co.uk/theattic](http://www.edenmill.co.uk/theattic)


**THE HIGHLANDS**



**★★★★ GUEST HOUSE**  
B&B prices from £80 prpn

**Ardentorrie House**

Situated 200 meters from the end of the Great Glen Way and the North Coast 500, Ardentorrie Guest House provides clean and comfy accommodation, whether you're staying with us for a few days, or a few weeks. Our great location is just a few minutes away from the city centre, with views overlooking the castle and city. We want you to feel at ease when staying with us and you're guaranteed a warm welcome, whether you've stayed before or it's a first time visit. All rooms are fully en-suite and include snacks, ironing facilities, hair dryer, Freeview LCD TV, a local information pack, and toiletries in the shower area.



T: 01463 230090  
E: enquiries@ardentorrieguesthouse.co.uk  
2 Gordon Terrace, Inverness, IV2 3HD  
[www.ardentorrieguesthouse.co.uk](http://www.ardentorrieguesthouse.co.uk)





THE HIGHLANDS  
 \*\*\* HOTEL  
 Prices from £60 pppn

**Ardlui Hotel**

The Ardlui Hotel is an intimate country hotel which lies within the breathtaking scenery of the Loch Lomond National Park. Our restaurant incorporates a range of fresh, local produce within its menu, while the cosy lounge bar is stocked with over 90 different malts. Our ferry will take you back and forth to the West Highland Way on the east bank of the loch. We also have walkers' bothies sleeping either 2/3 or 4/5 available on our campsite for only £15 per person per night. Sleeping bag hire is also available. Drying room for boots and gear. Pets welcome.







T: 01301 704243  
 E: info@ardlui.co.uk  
 Ardlui, Loch Lomond, Argyll G83 7EB  
[www.ardlui.com](http://www.ardlui.com)



THE HIGHLANDS  
 \*\*\* HOSTEL  
 Prices from £19 pppn

**Bank Street Lodge**

We offer superb value accommodation with clean, comfortable rooms & friendly staff. Situated in Fort William's town centre, only a 5 minute walk to the bus and train stations. We have our own guest car-parking facilities, TV room/lounge, fully equipped kitchen, drying room and a laundry service. We have two floors with basic dormitory/bunk accommodation on the ground floor, and en suite rooms on the first floor. Reception is open 24 hours, with no curfew or lockout. Most of our dorms have only 4 beds.



T: 01397 700070  
 E: bankstreetlodge@btconnect.com  
 Bank Street, Fort William PH33 6AY  
[www.bankstreetlodge.co.uk](http://www.bankstreetlodge.co.uk)



THE HIGHLANDS  
 SELF-CATERING  
 SC prices from £80 pn (min. 3 night stay)

**Burnbank Lodges**

Your perfect, peaceful, Highland hideaway. Burnbank Lodges is ideally located, not far from Fort William, perfect for anyone wanting to explore the Scottish Highlands, take part in the outdoor pursuits Lochaber has to offer or simply to relax in a peaceful environment. All of our 12 Lodges have one bedroom, either in a double or twin configuration with either a river or woodland view. Three of the woodland lodges are pet friendly. Short breaks and longer stays are available all year round. We just ask you stay a minimum of three nights.

T: 01397 712520  
 E: helloburnbank@gmail.com  
 Burnbank Lodges, Spean Bridge, Highlands PH34 4EU  
[www.burnbanklodges.co.uk](http://www.burnbanklodges.co.uk)



THE HIGHLANDS  
 \*\*\* INN  
 B&B prices from £35 pppn

**Cairn Hotel**

An authentic Highland inn perfectly placed in the Cairngorm National Park for the mountaineer or woodland walker in the beautiful village of Carrbridge. Guided tours and advice available for guests staying in our very well appointed rooms. Offering comfortable accommodation, seasonal menus using the best local produce and winner of TripAdvisor Certificate of Excellence 2019.




T: 01479 841212  
 E: stay@cairnhotel.co.uk  
 Main Road, Carrbridge PH23 3AS  
[www.cairnhotel.co.uk](http://www.cairnhotel.co.uk)



THE HIGHLANDS  
 SELF-CATERING  
 SC prices from £220 pw

**Cairngorm Highland Bungalows**

Luxuriously furnished and equipped bungalows ranging from 2-4 bedrooms sleeping 2-8. All have Sky TV, Wi-Fi, cooker, washer/dryer, fridge and microwave. Some have open fires. All have mountain views. Leisure club, skiing, golf, pets welcome. Within walking distance of Aviemore, which is in the heart of the Cairngorm National Park with some of the most beautiful walks and most challenging Munros in the country. The Speyside way is also only a 2 minute walk away.

Short breaks available.

T: 01479 810653  
 E: linda.murray2812@gmail.com  
 29 Grampian View, Aviemore PH22 1TF  
[www.cairngorm-bungalows.co.uk](http://www.cairngorm-bungalows.co.uk)



THE HIGHLANDS  
 \*\*\*\*\* SELF-CATERING  
 SC prices from £1500 pw

**Cameron Lodge**

The house was built to create a contemporary and luxurious living space which captures the stunning scenery and magnificent views yet nestles comfortably in its surroundings. Roshven lies within the world renowned, Lochaber Geopark, which contains not only the UK's highest mountains and deepest lochs but also some of the world's greatest geology with the added benefit of being easily accessible. A great variety of activities are catered for in the local area and further afield. Sea Kayaking, hill walking, bird watching, mountain biking and skiing.



T: 0131 6671792  
 E: info@cameronlodge.co.uk  
 Roshven, Lochalort, Glenug PH38 4NB  
[www.cameronlodge.co.uk](http://www.cameronlodge.co.uk)



THE HIGHLANDS  
 \*\*\* HOTEL  
 Prices from £65 pppn

**Cnoc Hotel**

Whatever type of walking routes you enjoy, our location offers many options. Loch Ness and the surrounding area is a fantastic place for hiking. We are also on the doorstep of the stunning Glen Affric and Glen Strathfarrar which cater for all abilities including for the more adventurous "Munro Bagging". The area is not only known for its walks but also its beauty, and many other areas are within easy driving distance for all grades of walkers & hill climbers. Try our excellent meals at the award winning restaurant, offering the finest of cuisine using freshly prepared local produce. Or perhaps try the local beers in the Chisholm Bar, fully licensed from 12 noon every day.









T: 01463 761264  
 E: cnochotel@hotmail.com  
 Struy, By Beaully IV4 7JU  
[www.thecnochotel.co.uk](http://www.thecnochotel.co.uk)



THE HIGHLANDS  
 \*\*\* SELF-CATERING  
 SC Prices from £624 (2 bedrooms) pw

**Coylumbridge Highland Lodges**

Tucked into the foothills of the Cairngorm Mountains with lovely walks, lochs and cycle trails, these lodges offer a perfect base for walkers in the Highlands of Scotland. With the Cairngorms National Park on our doorstep, walkers can enjoy idyllic walks including a stroll down The Speyside Way towards Boat of Garten. Well-equipped with a distinctive Nordic design, the lodges sleep 4 to 8 people. Lodge guests can access resort amenities and activities including dining, indoor pool, sauna, adventure golf, soft play, mini bowling and a games arcade. These lodges are also available for purchase.

T: 01339 755 558  
 E: hlgvc@hgv.com  
 Aviemore, Inverness-Shire PH22 1QN  
[www.hlgvc.co.uk](http://www.hlgvc.co.uk)

THE HIGHLANDS



★★★★ SELF-CATERING  
SC prices from £1060 pw


### Creag Eiridh

In a secluded rural holiday location charming Creag Eiridh is an immaculately presented 4-bedroom (sleeps up to 10) premium holiday house. It is situated in a breathtaking position on the northern shore of Loch Nevis in the Western Highlands of Scotland. We want to make sure your stay at Creag Eiridh is as luxuriously comfortable as possible enabling you to truly relax. The property is furnished to a high specification throughout with carefully chosen and thoughtful facilities that we're confident will cater for your every need.



T: 01747 852289  
E: creageiridh@virginiahayward.com  
Knoydart, Mallaig PH41 4PL  
[www.creageiridh.co.uk](http://www.creageiridh.co.uk)


THE HIGHLANDS



★★ to ★★★ SELF-CATERING  
SC prices from £300 pw

### Culligran Cottages

Magic! Come for a spell and Glen Strathfarrar will cast one over you. Ideal for walking holidays of all standards. April to June especially recommended. Situated in a nature conservation area, close to Glen Affric. 17 miles of private road. Bikes for hire. Abundant wildlife. Salmon/trout fishing on the River Farrar. Choice of traditional Highland cottage (as pictured) or Norwegian-style chalet. Open late March to early November.



T: 01463 761285  
E: info@culligrancottages.co.uk  
Glen Strathfarrar, Struy, Beauly IV4 7JX  
[www.culligrancottages.co.uk](http://www.culligrancottages.co.uk)

THE HIGHLANDS



★★★★ HOTEL  
Prices from £89 pppn

### Duisdale House Hotel (Isle of Skye)

An award winning romantic hotel, on The Isle of Skye with views to the Sound of Sleat. The 18 bedrooms come with flat screen TVs and luxury amenities; choose from contemporary design to romantic four poster. Award winning restaurant, the Chart Room bar, open fire in the lounge and excellent malt whisky selection. Luxurious garden hot tub! Yacht moorings available. Short breaks available year round – check website for current offers. VisitScotland Thistle Award Winner - Best Hotel. Catering in Scotland Excellence Awards – Independent Hotel of the Year 2015 - Winner. Hotel of the Year Awards – Gold Laurel – National 2015.



T: 01471 833202  
E: info@duisdale.com  
Sleat, Isle of Skye IV43 8QW  
[www.duisdale.com](http://www.duisdale.com)

THE HIGHLANDS



★★★★ SELF-CATERING  
SC prices from £650 pw


### Edinbane Self Catering The Isle of Skye

The Isle of Skye Edinbane Self-Catering on the croft at Edinbane, North West Skye, 50 mins from the Bridge, Two 4 \* VS rated stone cottages. Outstanding location for hill walking, bird watching, outdoor, marine activities and touring. Properties well equipped and supplied with comprehensive information packs on where to go and what to do. Washing and drying facilities available. Walkers, Cyclists, Children, Cats, Dogs, Horses welcome Cots and high chair available. Prices - £650 - £800 per week, min stay 3 nights main season, 2 nights shoulder months.



T: 01470 582784  
E: enquiries@edinbane-self-catering.co.uk  
Nuig House, 3 Edinbane, Portree IV51 9PR  
[www.edinbane-self-catering.co.uk](http://www.edinbane-self-catering.co.uk)


THE HIGHLANDS



★★★ HOSTEL  
Prices from £18 pppn

### Flora Macdonald Hostel

With private rooms, Flora Macdonald Hostel is a great base and location for couples or groups. Set in an elevated position offering stunning views across to the Knoydart coastline, the hostel is situated only 2 miles north of Armadale ferry. Full central heating, hot showers, modern kitchen, pine and bunk beds, laundry and WiFi access. During the winter we only accept groups numbering from 6 to 25 persons AND for a minimum of TWO nights stay. Check Hostel World for reviews.



T: 01471 844272 / 01471 844440  
E: thefloramacdonaldhostel@btconnect.com  
3 Kilmore, Isle of Skye IV44 8RG  
[www.skye-hostel.co.uk](http://www.skye-hostel.co.uk)

THE HIGHLANDS



INN  
B&B prices from £75 pppn

### Foyers House

Foyers House is a small family run adult only inn situated in the Scottish Highland village of Foyers, on the South side of Loch Ness. Foyers House has an enviable location, having one of the highest view points above Loch Ness - allowing you to wake up to the most spectacular panoramic views of Loch Ness and the surrounding mountains and enjoy the peace and tranquility of an unspoilt natural environment. The Wee Dram Whisky Bar @ Foyers House offers guests a quiet relaxed atmosphere to enjoy dinner, where our chef proudly cooks home made meals using locally sourced produce.

T: 01456 486405  
E: foyers.house@mail.com  
Upper Foyers, Loch Ness IV2 6XX  
[www.lochnesshotel.co.uk](http://www.lochnesshotel.co.uk)

THE HIGHLANDS



★★★ to ★★★★★ SELF-CATERING  
SC prices from £350 pw


### Gaskbeg Holiday Cottages

Situated on a hill farm at the gateway to the Cairngorms National Park, these 2 outstanding cottages with modern interiors and excellent environmental credentials make a fantastic base for exploring the Highlands. Short break bookings very welcome.



T: 01528 544336 M: 0788 871 7866  
E: gaskbeg@btinternet.com  
Gaskbeg Farm, by Newtonmore PH20 1BS  
[www.gaskbeg.co.uk](http://www.gaskbeg.co.uk)

THE HIGHLANDS




★★★★ SELF-CATERING  
SC prices from £350 - £650 pw

### Glen Affric Holiday Park

Surrounded by some of the most fantastic mountain scenery and at the gateway to "the most beautiful Glen in Scotland" our newly refurbished detached timber cabins nestle on the banks of the River Glass in spacious landscaped grounds surrounded by mountains, forest walks, waterfalls and yet only 15 minutes drive from Loch Ness and 26 miles from Inverness.

With a shop and pub/restaurant all within walking distance in the local village of Cannich you will have everything to ensure a fantastic walking experience and all at very reasonable prices.



T: 01456 415369  
E: info@glenaffrichholidaypark.com  
Cannich, Beauly, Inverness-shire IV4 7LT  
[www.glenaffrichholidaypark.com](http://www.glenaffrichholidaypark.com)



THE HIGHLANDS  
**SELF-CATERING**  
 SC prices from £510 pw

**Glen Dael, Dornoch**

An artist's renovated, bright bungalow, sleeping 6 in three bedrooms, perfect for families, couples and small groups in historic Dornoch. The accommodation comprises a lounge, dining/kitchen, utility, bathroom (with over bath shower), WiFi, TV with Freeview, DVD, CD with iPod dock, electric hob, fan oven, washer drier, tumble drier, dishwasher and oil central heating. All linen and towels are included. There are numerous scenic beach and forest walks in the local area and we are also a great base for those looking to explore the Scottish Highlands (Sutherland including Assynt, Caithness, Black Isle, Inverness) by foot. Please call about short breaks off-season. Sorry, no pets or smokers.

T: 0778 642 3744  
 E: fionastevensonart@hotmail.com  
 30 Lockharton Ave, Edinburgh, Scotland, EH14 1AZ



THE HIGHLANDS  
 \*\*\* to \*\*\*\*\* **SELF-CATERING**  
 SC prices from £330 pw

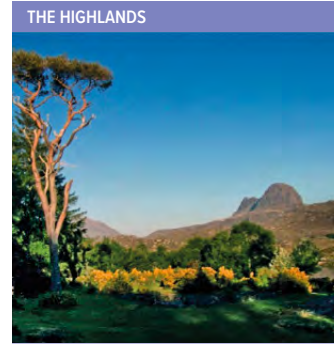
**Glen Nevis Holidays**

Our self-catering accommodation and caravan and camping park (camping from only £22.50 pn) are set in the midst of spectacular Highland scenery at the foot of Ben Nevis.

Whether you want to conquer Britain's highest peak or explore Glen Nevis via the many footpaths that wind through forests and alongside the River Nevis you'll find it all at your front door.

We have our own restaurant and bar, cafe and shop on-site and are a five minute drive to Fort William – an ideal Highland base.

    
 T: 01397 702191  
 E: holidays@glen-nevis.co.uk  
 Glen Nevis, Fort William PH33 6SX  
**www.glen-nevis.co.uk**



THE HIGHLANDS  
 \*\*\* **GUEST HOUSE**  
 B&B prices from £100 prpn

**Glencanisp Lodge B&B**

Victorian Hunting Lodge now run as a B&B. Owned and operated by the local community, and situated in the beautiful north west Highlands. Breathtaking views of Suilven and the stunning Assynt landscape. Use the cozy and comfortable Lodge as the base for your ascent of this magical mountain, along with many other walking opportunities on the doorstep. Red Divers, Pinemartens, Eagles and more within walking distance of Glencanisp Lodge. Step outside the front door of the Lodge and set forth on your own magical Highland experience – you won't forget it!





    
 T: 01571 844122  
 E: glencanispodge@gmail.com  
 Glencanisp, Lochinver, Sutherland IV27 4LW  
**www.assynt-foundation.co.uk**



THE HIGHLANDS  
 \*\*\*\* **SELF-CATERING**  
 SC prices from £450-£780 pw

**Glencoe Mountain Cottages**

Spectacular location. Situated amongst the mountains of Glencoe, you can walk from the front door of our popular cottages. With the vast amount of local walking available, stunning views and peaceful location, we are sure you won't be disappointed by your visit, whatever the time of year you choose. We have been told there are 43 Munros within an hours drive. Glencoe is one of the most impressive locations in the country: the cottages enjoy possibly the finest view of the Aonach Eagach Ridge.

     
 T: 01855 811827  
 E: enquiries@glencoe-mountainscottages.co.uk  
 Gleann Leac Na Muidhe, Glencoe, Highlands PH49 4LA  
**www.glencoe-mountainscottages.co.uk**



THE HIGHLANDS  
**SELF-CATERING**  
 Price on application

**Glenlivet House Cottage & Glenlivet House B&B and Bunkhouse**

Soak up the best of the Highlands of Scotland on the Glenlivet Estate situated in the Cairngorms National Park, in the Cairngorms Dark Sky Park - the most northerly in the world! Glenlivet House Cottage is perfect for groups of walkers as the Speyside Way (walking trail) passes the grounds, and directly outside are miles of open country. The Glenlivet Malt Whisky Distillery is within walking distance and is part of The Malt Whisky Trail. Two en-suite double bedrooms, are also available for Bed and Breakfast in Glenlivet House. New last year we have a bunkhouse sleeping up to 3 people.

T: 01807 590742 M: 07767 652 489  
 E: margrete\_p@icloud.com  
 Glenlivet, Ballindalloch AB37 9DJ  
**www.glenlivethouse.com**



THE HIGHLANDS  
**ACTIVITY ACCOMMODATION**  
 B&B prices from £68

**Glenmore Lodge**

Just 10 minutes from Aviemore and nestled in ancient Caledonian forest in the heart of the Cairngorms. Stay at Scotland's National Outdoor Centre. The Lochain Bar on-site provides hearty home cooked food and open fires. Included in the price is access to a drying room, small pool, gym and climbing wall. Rooms are en-suite with twin beds. Wooden chalets also available.




T: 01479 861256  
 E: enquiries@glenmorelodge.org.uk  
 Glenmore, Aviemore PH22 1QZ  
**www.glenmorelodge.org.uk**



THE HIGHLANDS  
 \*\*\*\* **HOSTEL**  
 Prices from £22 pppn

**Great Glen Hostel**

Comfortable, friendly, self-catering hostel nestled between the lochs and mountains of the Great Glen, just beside the Great Glen Way. Surrounded by forest and lochside walks with a wonderful choice of Munros and Corbetts within easy reach. Twin, family and dormitory rooms, drying room and laundry, grocery store, free internet access. Groups welcome – exclusive rental available year-round.

    
 T: 01809 501430  
 E: bookings@greatglenhostel.com  
 South Laggan, Spean Bridge PH34 4EA  
**www.greatglenhostel.com**




THE HIGHLANDS  
**SELF-CATERING**  
 SC prices from £2,525 pw

**Holm Lodge**

Situated less than two miles from the City Centre of Inverness and only 25 minutes from Inverness Airport, Holm Lodge offers our guests the very best of highland tranquillity with the convenience of a town and airport only moments away. The lodge can accommodate up to 12 guests with 6 inviting bedrooms, each enjoying modern luxurious en-suite facilities and furnished to our high 5 star standard throughout. WiFi. Short term lets available.

T: 01463 237816 / 0758 718 7495  
 E: info@ness-side.com  
 Dores Road, Inverness IV2 6DH  
**www.ness-side.com**


THE HIGHLANDS



★★★★ (GOLD) BED & BREAKFAST  
B&B prices from £50 pppn


### Huntingtower Lodge

Superb eco-friendly Visit Scotland 4\* Gold Bed & Breakfast with 6 acres of ancient woodland, wild flower gardens and loch views from each individually decorated bedroom, Huntingtower Lodge is a haven for wildlife. We have an extensive knowledge of the local area and can advise on walks for all abilities and driving tours to explore the area. Our 'Taste Our Best' breakfast cooked to order will provide a great start for the day; try the Stornoway Stack or our porridge with whisky! Wet boots or jackets? The drying room is always warm.



T: 01397 700079  
E: enquiries@huntingtowerlodge.com  
Drummarbin, Fort William PH33 6RP  
[www.huntingtowerlodge.com](http://www.huntingtowerlodge.com)

THE HIGHLANDS




INN  
B&B prices from £100 ppn

### The Inn at Ardsavar

The Inn @ Àird a' Bhàisair, formerly known as the Ardsavar Hotel, one of the oldest inns on Skye, joined the Eilean Iarmain Group of businesses in 2017. Recently refurbished, and offering comfortable accommodation, the inn provides Scottish cuisine including locally caught seafood and local venison/game. Located only a short distance from Armadale, it is ideally suited to those travelling to and from the ferry to Mallaig, and is an excellent base to explore the world renowned sites of Skye.

T: 01471 844223  
E: bookings@ardvasarhotel.com  
Ardsavar, Isle of Skye IV45 8RS  
[www.the-inn-at-ardvasar.co.uk](http://www.the-inn-at-ardvasar.co.uk)


THE HIGHLANDS



★★★★ HOTEL  
Prices on application


### Inver Lodge Hotel

Set amid one of the last great unspoiled wildernesses in Europe, the Inver Lodge Hotel offers visitors a tranquil retreat of outstanding natural beauty. For anglers, walkers, bird-watchers or anyone who loves nature, a stay here gives you the opportunity to experience the spectacular natural environment while enjoying the luxurious facilities the hotel offers. Dine in our Chez Roux Restaurant where they make the most of local produce serving French style country cooking with a Scottish influence.



T: 01571 844496  
E: stay@inverlodge.com  
Lochinver, Sutherland IV27 4LU  
[www.inverlodge.com](http://www.inverlodge.com)

THE HIGHLANDS



CAMPSITE, BUNKHOUSE & ECOHUTS  
Price on application

### Lazy Duck

Sarah and Phil would love to welcome you at The Lazy Duck, home of slow living in Nethybridge. A mix of unique eco huts for two, group bunkhouse and campsite are available to book Mon-Fri, Fri-Mon for huts and pppn for camping. Wellbeing sessions are available onsite from yoga and massage to hot tub and sauna sessions. Breakfast hampers of eggs from our chickens and produce from the village are available. Mountain bike rides and walking from your door. Wildlife all around. Find flow, live slow.

T: 0784 629 1154  
E: enquiries@lazyduck.co.uk  
Nethy Bridge, Inverness-shire PH25 3ED  
[www.lazyduck.co.uk](http://www.lazyduck.co.uk)

THE HIGHLANDS



★★★ to ★★★★★ SELF-CATERING  
SC prices from £395 pw


### Linnhe Lochside Holidays

Almost a botanical garden with stunning views, in a rural setting, beside the loch. Just five miles from Fort William but well placed for day trips to Oban, Skye, Loch Ness etc. Luxurious four star Alpine Chalets, well equipped Holiday Caravans, heated toilet block for tourers and campers. Licensed shop, private shore with free trout fishing, drying room.



T: 01397 772 376  
E: relax@linnhe-lochside-holidays.co.uk  
Corpach, Fort William PH33 7NL  
[www.linnhe-lochside-holidays.co.uk](http://www.linnhe-lochside-holidays.co.uk)

THE HIGHLANDS




HOSTEL  
SC prices from £17 ppn

### Loch Ness Backpackers Lodge

Your Highland home away from home, we offer a variety of room types to suit all travellers. Our beautiful 1800s farmhouse has been lovingly adapted to offer modern facilities and plenty of communal areas including a well stocked kitchen, a living room with wood-burning stove and a large residents-only bar specialising in Scottish beers and whiskies (we have over 75!). Guitars and piano available for any visiting musicians! Ideal location for Great Glen Wayers, Affric-Kintail Wayers, Urquhart Castle visitors and Nessie-spotters. Groups welcome – please see website for catering options.

T: 01456 450807  
E: info@lochness-backpackers.com  
Coiltie Farmhouse, Drumadrochit IV63 6UJ  
[www.lochness-backpackers.com](http://www.lochness-backpackers.com)

THE HIGHLANDS



SELF-CATERING  
SC prices from £15 per night

### Lochside Hostel

Perched on the banks of Loch Ness, The Lochside Hostel offers unrivalled views of the loch and direct access to the water's edge. Perfect for walks, monster spotting and even a dip into the magical waters. We're inviting our guests to experience our amazing hostel nestled amongst the trees right on the water's edge. A mere 10 seconds from the banks of legendary Loch Ness, Lochside Hostel is utterly unique in its location, views and facilities, including a new, large and efficient drying room. Perfect for hikers, cyclists and paddlers exploring the Great Glen. You can relax in front of our beautiful real fire enjoying free tea, coffee or hot chocolate, and take advantage of our free Wi-Fi. For 10% off, use code NESSIE2020.

T: 01320 351274  
E: lochside@macbackpackertours.com  
Altsigh, Inverness IV63 7YD  
[www.lochsidehostel.com](http://www.lochsidehostel.com)

THE HIGHLANDS



SMALL HOTEL  
Prices from £79 ppn

### McInnes House Hotel

Welcome to the newly opened McInnes House Hotel in the Cairngorms National Park. We have given the hotel new modern decor, with new bedding, modern furnishings to allow you to have the most comfortable guest experience. Our bar and restaurant have also undergone an extensive make over. With new seating and decor throughout, dining beside an open fire, you can enjoy our new lunch and evening menu. Behind the bar, you can experience whisky on the rocks or mixed with a cocktail, from our finest whisky selections.

T: 01540 661967  
E: enquiries@mcinneshousehotel.com  
Newtonmore Road, Kingussie PH21 1HE  
[www.mcinneshousehotel.com](http://www.mcinneshousehotel.com)



**THE HIGHLANDS**

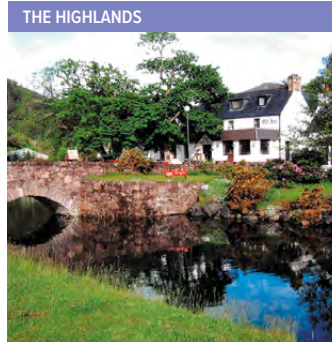
★★★★ HOSTEL

SC prices from £24.50 ppn

### Morag's Lodge

A multi-award winning 4\* hostel with a range of rooms to meet the needs of all, in the bustling village of Fort Augustus, located on the banks of Loch Ness. Your perfect base to explore the Loch Ness and Inverness area, and an ideal stop off on the Great Glen Way. Surrounded by stunning mountain scenery and set in wooded grounds, the hostel boasts 24 hour self-catering facilities, excellent home-cooked cheap meals, a rustic on-site bar, free Wi-Fi, bike storage and ample car parking.

T: 01320 366289  
E: info@moragslodge.com  
Morag's Lodge, Bunich Brae, Fort Augustus PH32 4DG  
[www.moragslodge.com](http://www.moragslodge.com)



**THE HIGHLANDS**

HOTEL

Prices from £99 prpn (double/twin)

### The Old Inn, Gairloch

Combining comfortable accommodation with a relaxed, friendly atmosphere in a lovely harbour location on the North Coast 500 Route. Coastal, beach, woodland, glen and archaeological walks nearby. Also nearby are over 60 Munros and Corbetts, as is a Highland gem links course. There are marine wildlife cruises too, with the chance to see whales, dolphins and porpoises. With award-winning restaurant specialising in local seafood and game, own Brewhouse producing hand-crafted ales and live music evenings, The Old Inn is not only ideal for you to explore and enjoy the attractions of the Northwest Highlands but also the ideal stop-off on the NC500.

T: 01445 712006  
E: enquiries@theoldinn.net  
Flowerdale Glen, Gairloch, Ross-shire IV21 2BD  
[www.theoldinn.net](http://www.theoldinn.net)



**THE HIGHLANDS**

★★★★ SELF-CATERING

SC prices from £575 pw

### Oystercatchers Cottage, Skye

Fully modernised, well-established 4 star waterfront cottage, ideally situated for access to everything from the peaks of the Cuillin to lower level walks on Skye and the mainland. 10 minutes from Kyle of Lochalsh station and within easy walking distance of the main coach routes. Sleeps up to 6 in 3 bedrooms and is superbly equipped including superfast broadband. Well set up for both Summer and Winter stays. 10 minutes' drive from Broadford with shops, cafes and restaurants. For more details and direct booking, please visit our website

T: 0793 110 8378  
E: oystercatchers1422@outlook.com  
Quarter of 22, Lower Breakish IV42 8QA  
[www.oystercatchers-cottage-breakish-skye.co.uk](http://www.oystercatchers-cottage-breakish-skye.co.uk)



**THE HIGHLANDS**

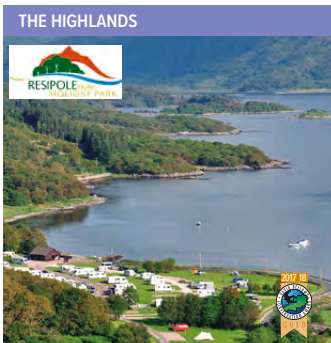
★★★ HOTEL

Prices from £65 ppn

### Poolewe Hotel

A traditional Highland hotel and restaurant, on the shores of Loch Ewe in sight of Inverewe Gardens. Guests can choose from thirteen en-suite bedrooms and suites, in the main building and annex, most enjoying spectacular views of the sea or mountains. In addition, Poolewe Hotel boasts a reputation for excellent food with a restaurant, a conservatory dining area, and a bar. The hotel welcomes dogs; there is ample parking and a bike store, free Wi-Fi is available throughout the hotel. Ideally located for walking.

T: 01445 781769  
E: poolewe.hotel@hotmail.co.uk  
Main Street, Poolewe IV22 2JX  
[www.poolewehotel.co.uk](http://www.poolewehotel.co.uk)



**THE HIGHLANDS**

★★★★ SMALL HOLIDAY PARK, ★★★ SC

Price on application

### Resipole Holiday Park

For that special place where you can relax and unwind, Resipole is well positioned to enjoy the peace, the silence and the stunning views. The touring park consists of 60 pitches suitable for caravans, motorhomes, campervans and tents. We also have our own self-catering lodges available for short or long term lets. There are over fifty walks within the area. Consider climbing the hills out to the summit of Ben Resipole to enjoy the spectacular views out to Skye, the Inner and Outer Hebrides and over to Ben Nevis.

T: 01967 431235  
E: info@resipole.co.uk  
Resipole Farm, Acharacle PH36 4HX  
[www.resipole.co.uk](http://www.resipole.co.uk)



**THE HIGHLANDS**

SMALL HOTEL

Prices from £79 prpn

### The Roy Bridge Hotel

The Roy Bridge Hotel is a Traditional Scottish Highland Inn located deep in the Northwest Highlands of Scotland, close to the Nevis Mountain Range and only 12 miles North of Fort William. The Hotel is easily accessible by car or train with the train station being located only 300 meters from the Hotel. Between March and October our Café opens daily from 8am serving breakfasts, lunches and Aroma Coffee, we also offer packed lunches and bar meals in the evening till 9pm. The Hotel has a fully licensed bar which boasts over 60 Malt Whiskies and a good selection of Fine Ales, there is also free parking and high-speed Wi-Fi.

T: 01397 712236  
E: book@roybridgehotel.co.uk  
Roy Bridge, Inverness-shire PH31 4AN  
[www.roybridgehotel.co.uk](http://www.roybridgehotel.co.uk)



**THE HIGHLANDS**

★★★ HOTEL

Prices from £85 ppn

### Royal Hotel Skye

The Royal Hotel in Portree has a selection of over 34 en suite rooms, most of which feature stunning sea views looking on to Portree Bay. We have two restaurants which regularly sell a variety of local produce, from seafood to Scottish favourites. The hotel bar stocks local whiskies and ales. With our rich history, convenient location and excellent rooms we are the perfect base for your walking holiday in Skye.

T: 01478 612525  
E: reservations@royalhotel.scot  
Portree, Isle of Skye IV51 9BU  
[www.royalhotel.scot](http://www.royalhotel.scot)



**THE HIGHLANDS**

★★★★ HOTEL


Prices from £59 ppn

### Skeabost House Hotel (Isle of Skye)

The luxurious Skeabost Country House Hotel is enviably positioned in private grounds on the edge of River Snizort. Central Skye location makes this an ideal base for exploring the island and it's spectacular walks. Boasting 8 miles of its own salmon and trout river, with fly casting lessons and guides nearby, this Isle of Skye hotel will delight. Discover individually designed bedroom and beautiful lounges. Island Hotel of the Year 2017. Complete your day of discovery with a delicious dinner from the award-winning restaurant.

T: 01470 532202  
E: info@skeabosthotel.com  
Skeabost Bridge, Portree IV51 9NP  
[www.skeabosthotel.com](http://www.skeabosthotel.com)


**THE HIGHLANDS**



**HOTEL**  
Prices from £55 pppn


### West Highland Hotel

Just a short drive from Fort William at the end of The Road to The Isles. Nestled in the hills of Lochaber, Mallaig is a perfect gateway to the islands, including Skye, Uist, the Small Isles and Knoydart. Whether you come with muddy boots or your furry friends everyone receives a warm welcome at the West Highland Hotel. Enjoy local seafood in our Terrace Restaurant with unbeatable panoramic views of the islands. Then to finish your day enjoy a whisky or gin from our extensive selection by our wood burning stove.



T: 01687 462210  
E: info@westhighlandhotel.co.uk  
Davies Brae, Mallaig PH41 4QZ  
[www.westhighlandhotel.co.uk](http://www.westhighlandhotel.co.uk)


**KINGDOM OF FIFE**



**★★★★ GUEST HOUSE**  
B&B prices from £85 pppn


### Bell Craig Guest House

We assure the warmest of welcomes, exceptional hospitality and the ideal base from which to explore the 'Kingdom of Fife' and beyond. We are a 4-star rated guest house which enjoys a central location in the very heart of St. Andrews - only 250 metres from the famous "Old Course" and a short walk to the West Sands beach, the University and local shops, restaurants and pubs. 6 rooms each with en-suite facilities, TV and alarm clock, free Wi-Fi, tea and coffee facilities. Laundry, ironing & drying facilities available.



T: 01334 472962  
E: enquiries@bellcraig.com  
8 Murray Park, St. Andrews KY16 9AW  
[www.bellcraig.com](http://www.bellcraig.com)


**KINGDOM OF FIFE**



**★★★★ HOLIDAY PARK**  
Prices from £429 pw


### Elie Holiday Park

Multi-award-winning Elie Holiday Park is one of Fife's hidden gems and the ideal location for a walking holiday. Fringed by woodlands and a nature reserve, the park has direct access to a sweeping beach and the Fife Coastal Path. Accommodation includes the choice of stylish holiday home caravans either close to the beach or forest and a lodge with private hot tub – all with the added luxury of decking. There's a family-friendly bar, restaurant, café, shop and the exciting Robinson Crusoe Adventure Park. Touring caravans and motorhomes are also welcome.



T: 01333 330283  
E: elie@abbeyford.com  
Elie Holiday Park, Shell Bay, Elie, Fife KY9 1HB  
[www.abbeyford.com](http://www.abbeyford.com)


**KINGDOM OF FIFE**



**★★★ HOTEL**  
Prices from £69.95 pppn


### The Lomond Hills Hotel

Renowned friendly service. Top three on TripAdvisor in Fife. Ideal walking, fishing and golfing base. Surrounded by over 50 golf courses within a 20 mile radius. Restaurant offering a scrumptious a la carte menu with an extensive wine list. Public bar offering over 50 malt whiskies and two quality real ales. Heated outside smoking area. Swimming pool, Jacuzzi, sauna, gymnasium, free Wi-Fi, free onsite parking.



T: 01337 857329  
E: reception@lomondhillshotel.com  
High Street, Freuchie KY15 7EY  
[www.lomondhillshotel.com](http://www.lomondhillshotel.com)


**KINGDOM OF FIFE**



**SELF-CATERING**  
SC prices from £262 pw

### Robinson Crusoe Retreat Cottages

The Robinson Crusoe Retreat Cottages are peacefully located in a quiet corner of Lower Largo, a picturesque East Neuk seaside village set within a few strides of the beach and the Fife Coastal Path, and close to many golf courses. The cottages form part of the delightful Crusoe building, a B-listed property which lies on the original site of the birthplace of Alexander Selkirk – the original castaway that inspired Daniel Defoe to write the tales of Robinson Crusoe. 1 and 3 bedroom cottages available with free Wi-Fi. Dog friendly. Guests are invited to enjoy the bar, restaurant and café at nearby Elie Holiday Park.



T: 01333 330283  
E: elie@abbeyford.com  
101 & 103 Main Street, Lower Largo, KY8 6BJ  
[www.abbeyford.com](http://www.abbeyford.com)

**KINGDOM OF FIFE**



**★★★★★ SELF-CATERING**  
SC prices from £500 pw


### Sandford Country Cottages

Luxury 1, 2 and 3 bedroom character properties situated within the courtyard of an Arts and Crafts 'B' Listed house. Located halfway between St Andrews and Dundee and ideal for walking experiences, from easy and level to wild and demanding, across the Fife Coastal Path and beyond. All bedrooms are en suite and properties can be let out individually or together to sleep 2 - 28 guests. Short breaks available all year round.



T: 01382 540000  
E: evelyn@sandfordcountrycottages.co.uk  
St Fort, Newport on Tay DD6 8RG  
[www.sandfordcountrycottages.co.uk](http://www.sandfordcountrycottages.co.uk)


**KINGDOM OF FIFE**



**★★★★ GUEST HOUSE**  
Prices from £40 pppn


### The Spindrift Guesthouse

Imposing Victorian residence built in 1870 with 8 en-suite rooms. Set in Anstruther, the East Neuk of Fife. Only a short walk to the town, harbour and excellent restaurants. Relax in the residents lounge which boasts an extensive honesty bar for guests. All rooms are furnished to a high standard with a hospitality tray, free Wi-Fi and onsite parking. Full breakfast served.



T: 01333 310573  
E: info@thespindrift.co.uk  
Pittenweem Road, Anstruther KY103DT  
[www.thespindrift.co.uk](http://www.thespindrift.co.uk)


**KINGDOM OF FIFE**



**★★★ HOLIDAY PARK**  
Prices from £328 pw

### St Andrews Holiday Park

Nestled on a hillside with spectacular views across St Andrews, this award-winning holiday park is set in an enviable coastal location on the Fife Coastal Path. Accommodation includes stylish lodges with private hot tubs affording breathtaking sea views and a wide range of modern holiday home caravans (many with decking and sea views). Enjoy the family-friendly bar, restaurant, Papa John's Pizza, fantastic play park and games room, and stunning views from the sun terrace. Touring caravans and motorhomes are also welcome.



T: 01334 474250  
E: standrews@abbeyford.com  
Kinkell Braes, St Andrews, Fife KY16 8PX  
[www.abbeyford.com](http://www.abbeyford.com)



**KINGDOM OF FIFE**  
 ★★★★★ SMALL HOLIDAY PARK  
 Prices from £382 pw

**St Monans Holiday Park**

Award-winning St Monans Holiday Park is set in a prime coastal location, quietly nestled between the East Neuk villages of Elie and Pittenweem. Overlooking the Fife Coastal Path our Signature Plus and Castaway Vista holiday homes boast stunning views and are the perfect escape for a rejuvenating golf break. There is a dog-friendly holiday home too and touring caravans, motorhomes and tents are also welcome. Guests are invited to enjoy the bar, restaurant and café at nearby Elie Holiday Park.

T: 01333 730778  
 E: stmonans@abbeyford.com  
 St Monans, Fife KY10 2DN  
[www.abbeyford.com](http://www.abbeyford.com)



**KINGDOM OF FIFE**  
 ★★★ CAMPUS ACCOMMODATION  
 B&B prices from £52 pppn

**University of St Andrews**

Agnes Blackadder Hall offers B&B accommodation in modern en-suite bedrooms with friendly service. Breakfast is served in the main dining room. DB&B, B&B and self-catering accommodation is available at David Russell Apartments, each with 5 double en-suite rooms and a kitchen/diner area. Free wifi, tea and coffee making facilities and car parking are available within all the accommodation. Both have a fully licensed bar with menu offering a range of hot and cold dishes. Leisure guests also have free access to the University Sports Centre's modern gym facilities.

T: 01334 463000  
 E: aceteam@st-andrews.ac.uk  
 Agnes Blackadder Hall, North Haugh KY16 9XW  
[ace.st-andrews.ac.uk](http://ace.st-andrews.ac.uk)

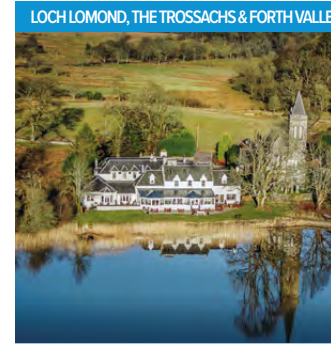


**LOCH LOMOND, THE TROSSACHS & FORTH VALLEY**  
 INN  
 Prices from TBC

**The Drymen Inn**

The Drymen Inn is a family run bar & restaurant, situated in the heart of the picturesque Scottish village of Drymen. Located in the Loch Lomond and Trossachs National Park, Drymen is the first stop on the West Highland Way, surrounded by rolling hills and beautiful countryside. The Drymen Inn also has a great team of hardworking and friendly staff working in the bar and restaurant and it has gradually become an extremely desirable venue and superb addition to The National Park. Through their polite and friendly demeanour many guests return time and time again having warmed to the personal touches that The Drymen Inn provides.

T: 01360 660123  
 E: info@thedrymeninn.com  
 5 Stirling Road, Drymen near Loch Lomond G63 0BW  
[www.thedrymeninn.com](http://www.thedrymeninn.com)

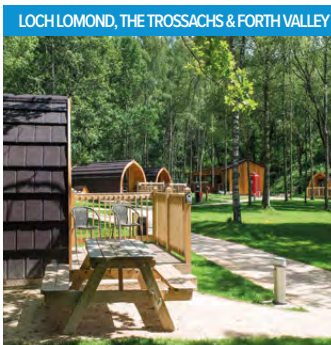


**LOCH LOMOND, THE TROSSACHS & FORTH VALLEY**  
 ★★★ HOTEL  
 Prices from £138 prpn

**The Lake Of Menteith Hotel**

Lake of Menteith Hotel and Waterfront Restaurant is set in the Trossachs National Park yet easily accessible, being an hour from Glasgow and Edinburgh and twenty minutes from both Loch Lomond and the ancient City of Stirling. Inside you will find a delightful house, much enlarged from the original 19th Century Manse. Decorated in the warm and welcoming style of a classic New England waterfront hotel with muted tones and the extensive use of local timber and stone, perfectly complementing this special waterfront setting.

T: 01877 385258  
 E: enquiries@lake-hotel.com  
 Port Of Menteith, Perthshire FK8 3RA  
[www.lake-hotel.com](http://www.lake-hotel.com)



**LOCH LOMOND, THE TROSSACHS & FORTH VALLEY**  
 CAMPING PARK  
 Prices from £10 pppn

**Loch Katrine Camping**

Situated in the heart of the Trossachs National Park, our lochside camping area gives you easy access into the Greater Trossachs Woodland. Here you will find an abundant list of foot & cycle paths and easy mountains walks. Sleeping under the stars in this lochside setting is a truly magical experience. Sir Walter Scott rightly described Loch Katrine as "the scenery of a fairy dream" in his famous poem Lady of the Lake. Additionally, why not combine your days activity with a sailing on the Historic Steamship Sir Walter Scott and/or her sister-ship, Lady of the Lake to the opposite end of Loch Katrine? Cafe, shop, cycle/buggy hire, parking and Wi-Fi all on site.

T: 01877 332004  
 E: camping@lochkatrine.com  
 Trossachs Pier, By Callander FK17 8HZ  
[www.lochkatrinecamping.com](http://www.lochkatrinecamping.com)



**LOCH LOMOND, THE TROSSACHS & FORTH VALLEY**  
 ★★★★★ SELF-CATERING  
 SC prices from £700 pw

**The Old Farmhouse**

The Old Farmhouse sits on a secluded organic farm overlooking Loch Lomond, one of Scotland's most beautiful lochs. The house, which sleeps 6, offers luxury and peace with panoramic views of the loch, islands and mountains. There are 21 Munros and 19 Corbetts in the Loch Lomond & Trossachs National Park and many "wee hills with big views". Speedboat trips from the farm make island walks possible. The farm is perfect for Ben Lomond and Ben A'an to the east and the Luss hills, and the Arrochar Alps to the west. Check availability and book through LHH Scotland [www.lhhsotland.com/property/old-farmhouse-gartocharn-alexandria](http://www.lhhsotland.com/property/old-farmhouse-gartocharn-alexandria)

T: 0773 904 6947  
 E: info@portnellanfarm.co.uk  
 Portnellan Farm, Gartocharn G83 8NL  
[www.portnellanfarm.co.uk](http://www.portnellanfarm.co.uk)



**LOCH LOMOND, THE TROSSACHS & FORTH VALLEY**  
 ★★★★★ HOTEL  
 Prices from £180 prpn (double)

**Roman Camp Hotel**

A 16th century hunting lodge in 20 acres of private gardens by the River Teith, in the heart of the Trossachs, hidden just off Callander Main Street. AA Three Rosette award winning Restaurant, oak panelled library, silk lined drawing room and all warmed by log fires and candle lit. Luxury bedrooms individually decorated and furnished to a high standard complimented with marble bathrooms, with spa baths and drench showers. Award winning food, open all day every day, booking advisable. Easily walk from our front door onto the national park path network.

T: 01877 330003  
 E: mail@romancamphotel.co.uk  
 Off Main St, Callander FK17 8BG  
[www.romancamphotel.co.uk](http://www.romancamphotel.co.uk)

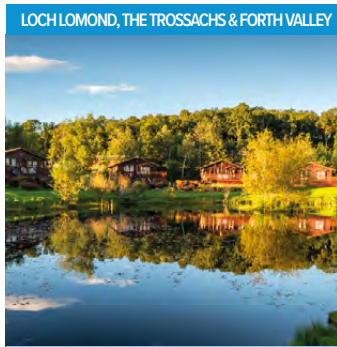


**LOCH LOMOND, THE TROSSACHS & FORTH VALLEY**  
 ★★★ SELF-CATERING  
 SC prices from £385 pw

**Tighbeag Holiday Cottage**

This detached cottage is in the heart of the Loch Lomond and Trossachs National Park within the curtilage of the owners property. This is an ideal getaway for couples with its spacious open plan living area with multi-fuel stove and central heating. Dedicated car parking. No pets and no smoking. Loch Lomond is only a short distance away from the cottage. Also Glasgow and Edinburgh are within easy reach by car or train. Short breaks welcomed.

T: 01389 830274  
 E: f.macgregor2012@btinternet.com  
 Duncryne Road, Gartocharn G83 8RX  
[www.tighbeagholidaycottage.co.uk](http://www.tighbeagholidaycottage.co.uk)



LOCH LOMOND, THE TROSSACHS & FORTH VALLEY

★★★★ HOLIDAY PARK

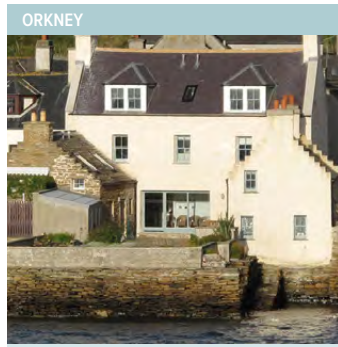
Prices from £20.00 pn

### Trossachs Holiday Park

The award winning Trossachs Holiday Park is the perfect location to enjoy the great outdoors. Explore Scotland's first National Park, Loch Lomond and The Trossachs – an area of outstanding beauty and a haven for wildlife – perfect for cycling, walking, photography, fishing and golf or simply to relax and enjoy the experience. There are plenty of activities in the area for the whole family to enjoy too. Boasting a range of self-catering accommodation from basic to luxury 5 star holiday homes and lodges, all with stunning views. As well as camping and Touring pitches. Self-catering from £27.50 per person per night.



T: 01877 382614  
 E: info@trossachsholidays.co.uk  
 By Aberfoyle, Stirlingshire FK8 3SA  
[www.trossachsholidays.co.uk](http://www.trossachsholidays.co.uk)



ORKNEY

★★★★ SELF-CATERING

SC prices from £425 pw

### Merchant's House and Fisherman's Cottage

Beautifully restored 18th century waterfront town house and cottage in the harbour town of Stromness. Furnished and decorated to an extremely high standard you will enjoy the attention to detail. Traditional yet contemporary accommodation for an Orkney Island getaway that will delight you and bring you back again and again. The rooms are light and spacious with a real luxurious feel, idyllic for relaxing after long walks. All amenities shops, restaurants, galleries, within 5 minutes' walk. Exciting coastal cliff walks accessible from the town or take a ferry from the harbour to the island of Hoy for a memorable days walk to the Old Man of Hoy.



T: 01856 850345  
 E: enquiries@orkneyscapes.co.uk  
 20-24 Alfred Street, Stromness KW16 3DF  
[www.orkneyscapes.co.uk](http://www.orkneyscapes.co.uk)



ORKNEY

GROUP ACCOMMODATION

B&B prices from £62.90 pppn

### Papdale Halls of Residence

Papdale Halls of Residence is a unique 70 bed facility in the heart of Kirkwall. It's available for group bookings of between 20 – 70 people in the school holidays (all ages welcome). Amenities include single en suite rooms, twin rooms, 4 fully wheelchair accessible rooms, lifts to all floors, ample communal space, pool tables etc, outdoor barbeque area, continental or full Scottish breakfast, meeting areas, Wi-Fi, car and coach parking, secure bike storage, laundry facilities and wet weather gear drying area, evening meals, lunches and an Orkney themed menu (on request).

T: 01856 876060  
 E: housing@orkney.gov.uk  
 By Papdale Road, Kirkwall KW15 1QN  
[www.orkney.gov.uk/bookthehalls](http://www.orkney.gov.uk/bookthehalls)



OUTER HEBRIDES

★★★ SELF-CATERING

SC prices from £500 per unit pw

### 27 Garenin

Recently refurbished and renovated with modern facilities and equipment the house is on a croft in the village of Garenin, in Carloway, Isle of Lewis. Just 5 mins from the sea and restored Blackhouse village with museum & café, plus excellent views over Carloway. There are many walks in Lewis, here are a few local walks. Walk ¼ mile towards the shore and join the 12 mile waymarked coastal walk to Shawbost passing the beaches of Dalmore (3 miles) and Dalbeag (5 miles). Follow the coast in the other direction towards Borrowston for spectacular cliff top views and walk back via the scenic single track road to Garenin.



T: 0774 818 3438  
 E: info@27garenin.com  
 27 Garenin, Carloway, Isle of Lewis, HS2 9AL  
[www.27garenin.com](http://www.27garenin.com)



OUTER HEBRIDES

★★★ SELF-CATERING

SC prices from £550- £650 pw

### Ford House

Ford House is situated in the village of Creagorry in Benbecula, 200 yards from the South Ford causeway, which links Benbecula to South Uist. The house was built in the early 1900's and has remained in the family ever since. It is an ideal central location for easy access to all local amenities and throughout the islands for your own interests. There are plenty of activities and outdoor pursuits to participate in such as fishing, hill walking, cycling, bird watching, beach combing, boat tour, canoeing, etc.



T: 01870 602268  
 E: williammuncaster123@btinternet.com  
 Creagorry, Benbecula HS7 5PG  
[www.fordhousehebrides.co.uk](http://www.fordhousehebrides.co.uk)



OUTER HEBRIDES

★★★ to ★★★★★ SELF-CATERING

SC prices from £128 pn

### Garrannan Blackhouse Village

The Garrannan Blackhouse Village nestles round a bay on the rugged coast of the island of Lewis. It offers the perfect location to step back in time to a different pace of life. Within the village we offer self-catering thatched cottages that range from 2-star group accommodation sleeping 14, to 4-star family cottages. Also, a 13 bedded hostel open all year. An ideal base for walkers!



T: 01851 643416  
 E: info@garrannan.com  
 5a Garrannan, Carloway, Isle of Lewis HS2 9AL  
[www.garrannan.com](http://www.garrannan.com)



OUTER HEBRIDES

★★ HOTEL

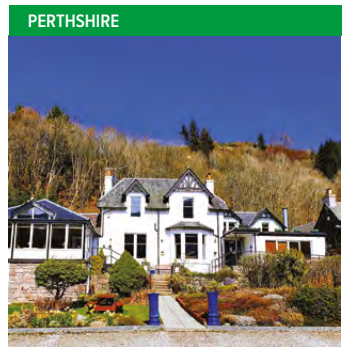
Prices from £55 pppn

### Lochboisdale Hotel

Established in the late 19th century, Lochboisdale is a traditional fishing hotel. Situated in the bay, the hotel boasts beautiful views out to Canna and Rhum. We can arrange your fishing on the famous lochs of South Uist. A rod room and drying room are available for your convenience. Low season October to the end of April from £55. High season May to end of September from £70.



T: 01878 700332  
 E: karen@lochboisdale.com  
 South Uist, Western Isles SS8 5TH  
[www.lochboisdale.com](http://www.lochboisdale.com)



PERTHSHIRE

HOTEL

Prices from £95 pppn

### Achray House Hotel

Achray House Hotel is situated in the picturesque village of St Fillans, with uninterrupted views over Loch Earn. While offering upmarket accommodation and much-praised food, we are also conveniently situated for a number of short walks including the 10k between St Fillans & Comrie, the South Loch Earn Walk and the Glen Goinean Intake Dam walk. For the more adventurous, mountain hikes can be accessed around St Fillans or Comrie.

T: 01764 685320  
 E: admin@achrayhouse.com  
 On Loch Earn, St Fillans PH6 2NF  
[www.achrayhouse.com](http://www.achrayhouse.com)



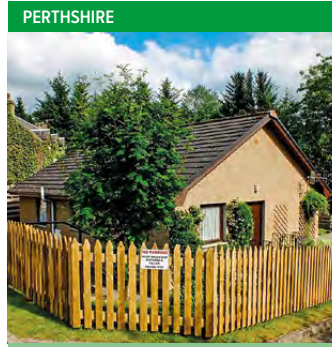


**PERTHSHIRE**  
**GUEST HOUSE**  
 B&B prices from £89 prpn

**Atholl Villa Guest House**

Atholl Villa is a 4 Star Bed and Breakfast enjoying a superb location in the pretty town of Pitlochry in Highland Perthshire. Stay and enjoy homely, comfortable and well appointed en-suite accommodation close to the Festival Theatre, Salmon ladder, central to all outdoor activities in the district a few minutes walk from rail and bus station, restaurants and all other amenities. Perfect location for any walking trip with many and varied walking options from Ben Venckie that can be accessed from the doorstep to many Munros, Grahams and Corbetts less than an hours drive from Pitlochry.

T: 01796 473820  
 E: enquiries@athollvilla.co.uk  
 29 Atholl Road, Pitlochry PH16 5BX  
[www.athollvilla.co.uk](http://www.athollvilla.co.uk)

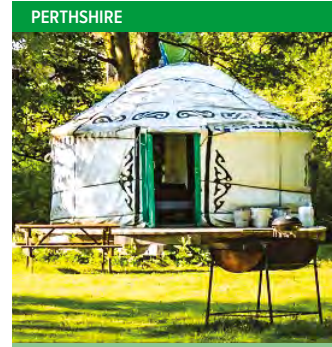


**PERTHSHIRE**  
 \*\*\* SELF-CATERING  
 SC from £325 pw/ short breaks from £200

**Atom Crow Cottage**

Bungalow (sleeps 5-6), entrance ramp, quiet location with hillside view, garden frequented by red squirrels and with a shed which locks. 10 mins walk from centre of Pitlochry and Black Sprout Waterfall, a local beauty spot linking network of walks around the town and to nearby historic Moulin. 3 bedrooms: 1 kingsize, 1 twin beds (zip link to superking) and 1 single with pullout bed to become twin. Suitable for mobility impaired - bath, separate shower & lavatory all have mobility aids and shower is wheelchair accessible: linen, utilities and WiFi included. Smart TV and plugs. Pets welcome by arrangement. Seasonal Rental Prices: week £325 - £550, weekend: £250 - £425, mid-week break £200 - £350.

T: 0776 015 4841  
 E: info@pitlochrycottagescotland.com  
 Tomcroy Terrace, Pitlochry PH16 5JA  
[www.pitlochrycottagescotland.com](http://www.pitlochrycottagescotland.com)



**PERTHSHIRE**  
 \*\*\* SELF-CATERING  
 Prices from £102 - £144.50 (per 2 nights)

**Bamff Ecotourism**

Bamff is a small family run estate on the Highland edge with a fascinating beaver project and abundant wildlife. It lies on the highland edge in NE Perthshire on the Cateran Trail. It is an ideal location for walkers on the Trail and beyond, into the Angus Glens and Perthshire hills. It is also accessible for Glenshee skiers. The Alyth mountain bike track also crosses the estate. We have a flexible range of holiday lets from cottages to glamping in yurts and an off-grid cabin overlooking beaver pools. All our holiday lets have wood-burning stoves. We supply an initial basket of logs and kindling and sell firewood and other things in our estate honesty shop.

T: 01828 632992  
 E: bamff.farms@gmail.com  
 Bamff Estates, Alyth. Perthshire PH11 8LF  
[www.bamff.co.uk](http://www.bamff.co.uk)



**PERTHSHIRE**  
**BED & BREAKFAST**  
 B&B prices from £38 ppnn

**Buttonboss Lodge**

Buttonboss Lodge offers pet-friendly accommodation in Pitlochry. Free WiFi is available throughout the property and free private parking is available on site. All rooms come with a flat-screen TV. You will find a kettle in the room. For your comfort, you will find free toiletries and a hair dryer. There is a shared lounge at the property. The nearest airport is Edinburgh Airport, 87 km from the property.

T: 01796 472065  
 E: info@buttonbosslodge.co.uk  
 25-27 Atholl Road, Pitlochry PH16 5BX  
[www.buttonbosslodge.co.uk](http://www.buttonbosslodge.co.uk)



**PERTHSHIRE**  
 \*\*\*\*\* HOTEL  
 Prices on application

**Dunkeld House Hotel**

Enjoy a luxurious break at the four-star Dunkeld House Hotel. Nestled into the Perthshire landscape the country house hotel sits on 280 acres of natural woodland overlooking the River Tay. Enjoy exceptional Scottish hospitality with traditional and contemporary rooms, fine food, and a well-stocked bar. The large estate offers woodland and riverside walks, spa and health club facilities, fishing beats, and outdoor activities. Being situated just 90 minutes from 90% of Scotland the location also provides access to many walking trails, cycle routes, and nearby beauty spots.

T: 01350 727771  
 E: reservations@dunkeldhousehotel.co.uk  
 Blairgowrie Road, Dunkeld PH8 0HX  
[reservations@dunkeldhousehotel.co.uk](mailto:reservations@dunkeldhousehotel.co.uk)



**PERTHSHIRE**  
 SELF-CATERING  
 SC Prices from £770 (3 bedroom) pw

**Dunkeld House Lodges by Hilton Grand Vacations**

A perfect base for walkers, these lodges are nestled within the spacious grounds of a 280-acre estate rich in history and legend. Perthshire is fondly known as the gateway to The Highlands, and walkers can explore the rugged Glens and beautiful paths. The Fiddlers Path in Dunkeld is particularly picturesque. Spacious, well-equipped, and furnished to a high standard, the lodges sleep 4 to 8 people. Lodge guests can access the onsite hotel facilities including a swimming pool, sauna, gym, spa, restaurant and bar. These lodges are also available for purchase.

T: 01339 755558  
 E: higvc@hgv.com  
 Dunkeld, Perthshire PH8 0HX  
[www.higvc.co.uk](http://www.higvc.co.uk)



**PERTHSHIRE**  
 \*\*\* INN  
 B&B prices from £55 ppnn

**The Famous Bein Inn**

The Famous Bein Inn enjoys a peaceful, rural location just south of Perth, a few minutes off the M90 motorway and less than an hours drive to Edinburgh. At our delightful bed and breakfast guest house we are renowned for our friendly welcome and relaxed, informal atmosphere. All our bright spacious bedrooms have modern facilities such as en-suite bathrooms, colour TV & direct dial telephone. Our chefs use the finest local produce to create traditional and imaginative menus at an affordable price. We offer great value short break packages and walking breaks and so much more.

T: 01577 830216  
 E: enquiries@beinnn.co.uk  
 Glenfarg, Perth PH2 9PY  
[www.beinnn.co.uk](http://www.beinnn.co.uk)




**PERTHSHIRE**  
 \*\*\*\*\* SELF-CATERING  
 SC prices from £520 pw

**Glenbeag Mountain Lodges**

Log Cabins with private hot tubs located in the Cairngorm National Park. These Norwegian Log Cabins have panoramic views over nearby mountains with numerous walks and trails on the doorstep including the Cateran Trail. Munros abound. Great base to explore with Royal Deeside, fishing, mountain biking and golf nearby. Or simply relax in a hot tub! Wi-Fi, Freeview TV and BBQ's. Most cabins have saunas. Some accept dogs. Sleeping from 2-5 persons. Short breaks of 2-4 nights available from £286.

T: 01250 885204  
 E: logcabins@glenbeag.co.uk  
 Spittal of Glenshee, Blairgowrie PH10 7QE  
[www.glenbeag.co.uk](http://www.glenbeag.co.uk)



**PERTSHIRE**



★★★★ INN  
B&B prices from £52.50


### Glenisla Hotel

Glenisla Hotel, situated in Kirkton of Glenisla, offers ten newly refurbished bedrooms, with views looking onto the landscape of Angus. The 40 seater Award Winning restaurant offers both traditional cooked meals as well as a seasonally changing A La Carte menu, managed by our talented & enthusiastic Head Chef. Glenisla has been under new management since the beginning of 2019 and along with a wonderful dedicated Team, has brought an abundance of tourism and employment to the area. An ideal place for a romantic night away, mini holiday or a welcome break for cyclists, walkers, shooters, golfers & skiers.

T: 01575 582223  
E: enquiries@glenisla-hotel.com  
Kirkton of Glenisla, By Blairgowrie PH11 8PH  
[www.glenisla-hotel.com](http://www.glenisla-hotel.com)

**PERTSHIRE**




SELF-CATERING  
SC prices from £40 pn

### Kennacoil

Holiday lets and camping pods with stunning views of the Perthshire countryside. Situated near the picturesque town of Dunkeld on the banks of the Tay and surrounded by magnificent woodland and hills. There are several gorgeous walks in the area, some accessible directly from your doorstep. Just 3 miles from the A9, Kennacoil also makes an ideal stopover on a journey further north (or south!). Some pet-friendly accommodation. Each camping pod has a picnic bench and a fire bowl that works as a BBQ and/or campfire.

T: 01350 723333  
E: enquiries@kennacoil.co.uk  
Kennacoil House, Dunkeld PH8 0BP  
[www.kennacoil.co.uk](http://www.kennacoil.co.uk)

**PERTSHIRE**



SMALL HOTEL  
Prices TBC prpn

### Kinloch Arms Hotel

Situated on the 3 borders of Angus, Perth and Tayside our family run rural hotel is the ideal base for your walking holiday. There are numerous walks in the local area and we are a perfect base for exploring the region by foot. After a tough day of walking what's better than your favourite tipple in our lounge bar followed by some fantastic Scottish culinary fayre prepared by award winning chef Mark Bulle. After a restful night in one of our 5 luxury en-suite bedrooms it all starts again the next day with a hearty Scottish breakfast.

T: 01828 640251  
E: paulbulle4124@yahoo.co.uk  
The Square, Meigle PH12 8RN  
[www.kinlocharmsmeigle.co.uk](http://www.kinlocharmsmeigle.co.uk)

**PERTSHIRE**




SMALL HOTEL  
Prices from £76.50 prpn

### Kirkmichael Hotel

The Kirkmichael Hotel is a charming Victorian era Coaching Inn set in the village of Kirkmichael. Only a 15 minute drive from Pitlochry, it's location on the edge of the Cairngorm's National Park serves as a great home base for walkers. Five spacious, well appointed, en suite rooms offer a warm welcome after a day on the mountains or moors. The vibrant Kirky Bar invites you to enjoy our wide variety of beers, spirits and the finest selection of Malt Whiskys. We offer complimentary drying facilities for your walking equipment.

T: 01250 881769  
E: service@kirkmichaelhotel.co.uk  
Main Street, Kirkmichael PH10 7NT  
[www.kirkmichaelhotel.co.uk](http://www.kirkmichaelhotel.co.uk)


**PERTSHIRE**



★★★★ HOLIDAY PARK  
Prices from £150-£424 pw


### Milton of Fonab Caravan Park

A quiet family-run caravan park on the banks of the River Tummel 1/2 mile south of the picturesque town of Pitlochry. Touring pitches and static caravans for hire. Free trout fishing for caravan park customers from the banks of the park. Salmon fishing within walking distance can be booked at the reception or in advance by calling 01796 472882. Online booking is now available. Prices per week from £424 for statics and from £150 for touring pitches. Only a 5 minute walk to Pitlochry Festival Theatre and Bell's Blair Athol Distillery.



T: 01796 472882  
E: info@fonab.co.uk  
Bridge Road, Pitlochry PH16 5NA  
[www.fonab.co.uk](http://www.fonab.co.uk)






**PERTSHIRE**



★★★★ SELF-CATERING  
SC prices from £299-£450 pw

### Morenish Mews

4-star self-catering accommodation perfect for couples or individuals. Set in a 4-acre secluded garden on the edge of the Ben Lawers National Nature Reserve, Morenish Mews has stunning south-facing views over Loch Tay to the Highland Perthshire hills. Walkers will find 40 Munros within a 25-mile radius. Easy access to long distance routes such as the Rob Roy Way, Three Saints Way and sections of the West Highland Way, plus numerous scenic low-level walks. Ideal for bird watching, angling, cycling, water sports and golf. Fine dining in nearby restaurants. Centrally situated for touring.

T: 01567 820527  
E: stay@morenishmews.com  
By Killin, Perthshire FK21 8TX  
[www.morenishmews.com](http://www.morenishmews.com)

**PERTSHIRE**




SELF-CATERING  
SC prices from £125 pn

### Scottish Highland Lodge

Our spacious 3 bedroomed (all en-suite) lodge in the heart of Perthshire is perfectly situated for those looking to explore the region by foot. The area offers the widest possible of walking, from gentle riverside to challenging long distance walks. After a day out walking you can come back to the comfort of the lodge where you can relax in the open plan living and dining room which opens onto your own balcony with uninterrupted views of the magnificent countryside. Free parking, Free Wi-Fi.

T: 01882 363005  
E: info@scottishhighlandlodgerental.co.uk  
Glengoulandie Lodges, Aberfeldy PH16 5NL  
[www.scottishhighlandlodgerental.co.uk](http://www.scottishhighlandlodgerental.co.uk)

**PERTSHIRE**



SELF-CATERING  
SC Prices from £35 pppn

### Taymouth Marina

Taymouth Marina offers visitors a unique experience on the banks of Loch Tay in picture-esque Perthshire. For families & couples alike, it's a destination that offers a blend of spellbinding scenery, modern accommodation and enough activities to keep everyone happy no matter how long your stay. Stay in one of our tastefully-finished lochside apartments or cottages, with private hot tubs, and immerse yourself in true relaxation at The HotBox Spa. We have a variety of watersports activities on the loch for everyone to enjoy during summer months, and an onsite café open 7 days a week. Our location in Kenmore makes us the ideal spot to take in all that Perthshire has to offer.

T: 01887 830216  
E: info@taymouthmarina.com  
Taymouth Marina, Kenmore PH15 2HW  
[www.taymouthmarina.com](http://www.taymouthmarina.com)



SCOTTISH BORDERS  
 ★★★ INN  
 Prices from £80 prpn

**The Border Hotel**

The Border Hotel is the welcome finish line for walkers completing The Pennine Way. A warm friendly welcome awaits you as you enter the cosy bar with its fine selection of beverages to enjoy in front of the roaring open fire, while the tempting menu our chefs have created using local produce offers a fine selection of freshly prepared and well presented dishes to satisfy the hungry traveller. Five comfortable en suite rooms provide the opportunity for a good nights sleep. Free Wi-Fi throughout.

T: 01573 420237  
 E: info@borderhotel.co.uk  
 Kirk Yetholm, Kels0 TD5 8PQ  
[www.borderhotel.co.uk](http://www.borderhotel.co.uk)



SCOTTISH BORDERS  
 ★★★ GUEST ACCOMMODATION  
 B&B prices from £80 prpn

**Dryburgh Arms**

Newly refurbished pub with 3 lovely double/ twin rooms in the Heart of the Scottish Borders overlooking the Eildon Hills and situated on St Cuthbert's Way Walking route. All rooms are en-suite shower rooms with flat screen televisions, tea and coffee making facilities and free Wi-Fi in every room. All beds can be set up as singles or doubles on request. A full Scottish breakfast is provided, and well behaved dogs are welcome.

T: 01835 822704  
 E: dryburgh@outlook.com  
 Melbourne Place, Newtown St. Boswells TD6 0PA  
[www.dryburgharms.co.uk](http://www.dryburgharms.co.uk)



SCOTTISH BORDERS  
 ★★★ SELF-CATERING, ★★★ B&B  
 SC prices from £32 pppn

**Jean Muir Student Village**

Set in hillside parkland, The Jean Muir Student Village has everything you need for your walking holiday, with some of the most famous walks on your doorstep such as the Southern Upland Way, St. Cuthbert's Way and the Borders Abbey Way. The Student Village boasts comfortable en-suite rooms with affordable prices, free Wi-Fi and discounts for large groups. Room views of the Eildon Hills and Tweed Valley.

T: 01896 892274  
 E: jeanmuirevents@hw.ac.uk  
 Heriot Watt University Residences, Galashiels TD1 3JZ  
[www.facebook.com/TheJeanMuirStudentVillage](http://www.facebook.com/TheJeanMuirStudentVillage)



SCOTTISH BORDERS  
 SMALL HOTEL  
 Prices from £83 prpn

**Lauderdale Hotel**

Located in the Royal and Ancient Burgh of Lauder and ideally situated for walks of all levels throughout the Scottish Borders. The Lauderdale offers a warm and welcoming atmosphere, comfortable spacious rooms and a wide selection of freshly prepared food and locally produced beers and spirits available all day in the bar in front of a log fire. Free guest Wi-Fi available throughout the hotel and a drying room is available.

T: 01578 722231  
 E: lauderdalehotel@gmail.com  
 1 Edinburgh Road, Lauder TD2 6TW  
[www.lauderdalehotel.com](http://www.lauderdalehotel.com)



SCOTTISH BORDERS  
 ★★★★★ BED & BREAKFAST  
 B&B prices from £60 pppn

**Millieur House**

Millieur House is a modern, luxury, architect designed home providing old fashioned hospitality. Situated on the edge of the famous North Berwick West Links we have become a regular stop for walkers on the John Muir Way which passes 50 metres from our front door. There are full drying and storage facilities available. A complete home from home experience using quality local produce.

T: 01620 894689  
 E: millieurhouse@gmail.com  
 11 Strathearn Road, North Berwick EH39 5BZ  
[www.milleurhouse.co.uk](http://www.milleurhouse.co.uk)

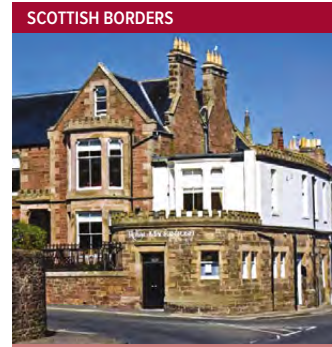


SCOTTISH BORDERS  
 ★★★★★ SELF-CATERING  
 SC prices from £300 pw

**Overwells Farm Cottage**

Mill house is in a peaceful location on a working farm 3 miles from Jedburgh. The property, maintained to the highest standards, overlooks the water garden of the near by farmhouse and on beyond to the Cheviot Hills. An ideal base for walking the beautiful, scenic countryside. The house consists of one double bedroom, one twin-bedded room, bathroom and split level kitchen/dining room on the ground floor. On the first floor there is a large comfortable living room with picture windows giving spectacular views across the countryside. Ample parking. WiFi is available.

T: 01835 863020  
 E: abfraser3@gmail.com  
 Overwells, Jedburgh, TD8 6LT  
[www.overwells.co.uk](http://www.overwells.co.uk)



SCOTTISH BORDERS  
 HOTEL  
 Prices from £45 pppn

**Royal Mackintosh Hotel**

The Royal Mackintosh Hotel is an independently family run old Victorian hotel situated in the seaside town of Dunbar, East Lothian. Located at the end of the John Muir the hotel is an ideal destination for walkers. We have 16 en-suite bedrooms all on the first floor which are accessed by stairs, 2 licensed bars and the Mauretania Restaurant. We serve food daily and source our food locally as much as possible. We have limited parking on site with local parking also available.

T: 01368 238002  
 E: info@royalmackintosh.co.uk  
 Station Road, Dunbar EH42 1JY  
[www.royalmackintosh.co.uk](http://www.royalmackintosh.co.uk)



SCOTTISH BORDERS  
 ★★★★★ SELF-CATERING  
 SC prices from £320 pw

**Synton Mains Holiday Cottages**

Synton Mains Holiday Cottages are set right in the heart of the picturesque Scottish Borders. Perfectly situated for refreshing river valley or hill walks. An abundance of wildlife on your doorstep including roe deer, oystercatchers, buzzards, pheasants & the most beautiful hares and their leverets. Pinetree and Larchwood are in the Countryside but convenient for buses/trains to Edinburgh/Carlisle and all Border towns. Great area for road/mountain biking having our own lockup and cleaning equipment on site. At least 10-14 Historic Houses within an hours drive. Amazing area for horse-riding, walking, running, golf and we even have our own Golf Driving Range close by.

T: 01750 32388 M: 0797 470 6194  
 E: info@syntonmains.com  
 Ashkirk, Selkirk, Scottish Borders TD7 4PA  
[www.syntonmains.com](http://www.syntonmains.com)

# Jo-Jo's HOSTELS

The friendliest Scottish backpacker hostels...ever!

Fantastic budget accommodation throughout the Scottish Highlands.



**PITLOCHRY**  
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HOTEL

+44 (0)1796 47 00 44  
info@pitlochrybackpackershotel.com  
www.pitlochrybackpackershotel.com



**Inverness**  
Student  
Hotel

+44 (0)1463 236 556  
info@invernessstudenthotel.com  
www.invernessstudenthotel.com



**Skye**  
BACKPACKERS

+44 (0)1599 534 510  
info@skyebackpackers.com  
www.skyebackpackers.com



**FORT WILLIAM**  
BACKPACKERS

+44 (0)1397 700 711  
info@fortwilliambackpackers.com  
www.fortwilliambackpackers.com



**OBAN**  
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+44 (0)1631 562 107  
info@obanbackpackers.com  
www.obanbackpackers.com



## Walk the Scottish Borders

With hundreds of miles of paths to choose from in one of Europe's unspoilt regions..... the Scottish Borders has something for everyone.... come and explore.

For more information  
www.scotborders.gov.uk/walking  
www.walkscottishborders.com  
@walkscottishborders



Our Scottish Borders  
Your destination

## Outer Hebrides

- Three Distinctive Hostels
- Stunning Seashore Settings
- Traditional Hebridean Buildings
- Close to The Hebridean Way

[www.gatliff.org.uk](http://www.gatliff.org.uk)



Gatliff Hebridean Hostels Trust (111557) is a Registered Charity

# Go Hostelling!

If you love to travel but don't want to feel like a tourist.  
If you want to escape the everyday and find adventure.  
If you want to live like a local and discover Scotland's great outdoors.  
If you want a warm welcome, a comfortable bed and a place to chill with a local beer and an amazing view...

...we think you should choose hostelling!

Find out more at:  
[hostellingscotland.org.uk](http://hostellingscotland.org.uk)

Join the conversation:



Scottish Youth Hostels Association (also known as SYHA or Hostelling Scotland) is a registered Scottish charity No. SC013138 and a company limited by guarantee, registered in Scotland, No. SC310941. Registered Office 7 Glebe Crescent, Stirling, FK8 2JA.

### For serviced accommodation, these include:

- A separate space should be available for drying outdoor clothing and footwear so clothes can dry overnight;
- A hot drink should be available on arrival;
- A late evening meal (available until 8pm) if there are no other meal providers within one mile. A late night snack should be offered after 8pm;
- Early breakfast option from 7am or, for very early leavers, a tray the night before;
- A packed lunch - should you request one - or your flask filled;
- And a supply of local walking routes information, local public transport information and a weather forecast for visitor reference.

### For self-catering accommodation and hostels, facilities include:

- A separate space should be available for drying outdoor clothing and footwear so clothes can dry overnight;
- Facilities for washing clothes;
- A supply of local walking routes information and local public transport information for visitor reference;
- A telephone number for information on the weather forecast;
- Details of the local rescue services;
- Details of the establishment's Ordnance Survey co-ordinates (if outwith a village).

## GO 'GREEN' IN SCOTLAND

You can choose to go 'green' and help protect Scotland's spectacular natural environment, by staying in accommodation which operates in an environmentally friendly way.

Many accommodation businesses now belong to the Green Tourism Business Scheme, an environmental accreditation scheme which helps tourism businesses protect the environment through better waste management, lower consumption of power and water, increased recycling and cleaner, safer and better landscaped sites.

Check out [www.visitscotland.com](http://www.visitscotland.com) or [www.green-business.co.uk](http://www.green-business.co.uk) for further information.



## Walkers Welcome



VisitScotland operates a grading scheme whereby accommodation of all kinds is assessed on an annual basis by our quality advisors. They ensure that each business meets the standards set for facilities and service, for comfort and cleanliness.



Self-catering, bed and breakfasts, guest houses, hostels, holiday-home parks and hotels - all are awarded one to five stars, making it easier for you to make the choice as to which is the right place for you. Among the vast range of accommodation options, 1,200 plus establishments provide special facilities for walkers and are members of the VisitScotland Walkers Welcome Scheme. Each scheme member has to provide additional facilities specific to the needs of walkers.

For up-to-date information on accommodation throughout Scotland, check out [www.visitscotland.com/walking](http://www.visitscotland.com/walking)

2020  
COASTS  
& WATERS

## WALK THIS WAY

From rugged coastlines to serene rambles, tranquil canal paths to world-class whisky trails, discover your perfect route during Scotland's Year of Coasts and Waters 2020.

Find out more at [visitscotland.com/ycw2020](http://visitscotland.com/ycw2020)  
Join the conversation #YCW2020

Aberlady Bay Local Nature Reserve



# Discover Orkney & Shetland

With some of the world's oldest architecture and magnificent archaeological sites, rich culture, festivals, breath-taking coastlines and fascinating wildlife - Scotland's Northern Isles are the perfect destination for you to explore this year.

Your journey begins as you set sail with NorthLink Ferries. On board you'll be able to enjoy many comforts before arriving at your destination feeling refreshed and ready to begin your island adventure.

With regular sailings from Scrabster and Aberdeen, travelling to Orkney and Shetland is more convenient than ever before.

*Start your island adventure in style with NorthLink Ferries*



**St Ninian's Isle** is connected to Shetland's South Mainland by one of Europe's finest natural sand causeways.



Considered to have some of the best locations in Scotland for bird watching, the Northern Isles are home to over **100 bird species**, including the signature puffin.



[www.northlinkferries.co.uk](http://www.northlinkferries.co.uk)

Operated by **serco**



# Travel

## Getting to Scotland

Direct flights into Scotland operate all year round and fly from many major European cities, Canada, the United States of America, the Middle East and Asia. Flying to Scotland from the UK and Ireland couldn't be simpler, with flight times to Edinburgh and Glasgow around one hour from London and Dublin. Aberdeen, Inverness and Dundee can also be reached in under two hours.

## AIRPORT INFORMATION

Aberdeen

T: 0344 481 6666

[www.aberdeenairport.com](http://www.aberdeenairport.com)

Edinburgh

T: 0844 448 8833

[www.edinburghairport.com](http://www.edinburghairport.com)

Glasgow

T: 0344 481 5555

[www.glasgowairport.com](http://www.glasgowairport.com)

Glasgow Prestwick

T: 0871 223 0700

[www.glasgowprestwick.com](http://www.glasgowprestwick.com)

Highlands and Islands

Airports

T: 01667 462445

[www.hial.co.uk](http://www.hial.co.uk)

## BY RAIL

There is a fast, efficient, cross-border railway service from England and Wales to Scotland with regular services throughout the day. There are also direct services from London King's Cross to Scotland and good links from other main English cities such as Birmingham and Manchester.

First TransPennine Services

[www.tpexpress.co.uk](http://www.tpexpress.co.uk)

National Rail Enquiries

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

East Coast Main Line

[www.lner.co.uk](http://www.lner.co.uk)

Virgin Trains

[www.virgintrains.co.uk](http://www.virgintrains.co.uk)

## Sleeper Services

Caledonian Sleepers are the overnight train services operating between London Euston and Aberdeen, Edinburgh, Glasgow, Inverness and Fort William every night, except Saturday.

Caledonian Sleeper

[www.sleeper.scot/](http://www.sleeper.scot/)

## BY SEA

There are frequent ferry services from the continent to the north of England, which is within easy reach of the Scottish Borders and Dumfries & Galloway.

DFDS Seaways

[www.dfdsseaways.co.uk](http://www.dfdsseaways.co.uk)

P&O Ferries

Larne - Cairnryan:

2 hours

Up to seven sailings daily

T: 01304 44 88 88

[www.poferries.com](http://www.poferries.com)

Stena Line

Belfast - Cairnryan:

2 hours 15 minutes

T: 08447 707 070

[www.stenaline.co.uk](http://www.stenaline.co.uk)

## BY COACH

Eurolines is Europe's express coach network serving over 500 destinations throughout Europe and Ireland.

T: 08717 818 177

[www.eurolines.de/en/home](http://www.eurolines.de/en/home)

National Express operates express coach services from all over the UK to Scotland.

T: 0871 781 8181

[www.nationalexpress.com](http://www.nationalexpress.com)

## Getting around Scotland

### BY AIR

There is an excellent internal air network connecting the islands and several regional airports to the main airports of Aberdeen, Edinburgh, Glasgow & Inverness.

Eastern Airways

T: 08703 669 100

[www.easternairways.com](http://www.easternairways.com)

Flybe

T: 0371 700 2000

[www.flybe.com](http://www.flybe.com)

Loganair

T: 0344 800 2855

[www.loganair.co.uk](http://www.loganair.co.uk)

## BY RAIL

ScotRail

T: 0344 811 0141

[www.scotrail.co.uk](http://www.scotrail.co.uk)

## BY COACH

Scottish Citylink is the largest operator, linking over 200 towns and cities across the country.

T: 0871 266 3333

[www.citylink.co.uk](http://www.citylink.co.uk)

## BY TRAM

Edinburgh Trams operates a 8.7 mile tram route between Edinburgh Airport and York Place in the city centre.

T: 0131 338 5780

[www.edinburghtrams.com](http://www.edinburghtrams.com)

## BUS STATION INFORMATION

Edinburgh Bus Station is a 2-minute walk from the main Waverley Railway Station and 8 miles from Edinburgh Airport. In Glasgow, Buchanan Street Bus Station is 5-minutes' walk from the main city rail termini of Queen St and Central stations. Glasgow Airport is 8 miles away.

## CAR HIRE

There are many companies which offer competitive car hire rates, among which are:

Alamo Rent-A-Car

[www.alamo.co.uk](http://www.alamo.co.uk)

Arnold Clark

[www.arnoldclarkrental.com](http://www.arnoldclarkrental.com)

Avis

[www.avis.co.uk](http://www.avis.co.uk)

Budget

[www.budget.co.uk](http://www.budget.co.uk)

easyCar

[www.easycar.com](http://www.easycar.com)

Enterprise Rent-A-Car

[www.enterprise.co.uk](http://www.enterprise.co.uk)

Europcar

[www.europcar.co.uk](http://www.europcar.co.uk)

Hertz

[www.hertz.co.uk](http://www.hertz.co.uk)

Sixt Rent a Car

[www.sixt.co.uk](http://www.sixt.co.uk)

## MOTORHOME HIRE

Several companies provide motorhome hire, including:

BC Motorhomes

[www.bcmotorhomes.co.uk](http://www.bcmotorhomes.co.uk)

Motorhome Rental Centre

[www.motorhomerentalcentre.com](http://www.motorhomerentalcentre.com)

Nevis Campers

[www.neviscampers.co.uk](http://www.neviscampers.co.uk)

## BY FERRY

Scotland has hundreds of islands, so ferries are very important. Many of our islands can be found off the west coast - the Inner Hebrides, Outer Hebrides and the islands of the Clyde Estuary. Orkney and Shetland can be found to the north of the Scottish mainland.

Argyll Ferries

[www.argyllferries.co.uk](http://www.argyllferries.co.uk)

Caledonian MacBrayne

[www.calmac.co.uk](http://www.calmac.co.uk)

John o'Groats Ferries

[www.jogferry.co.uk](http://www.jogferry.co.uk)

Northlink Ferries

[www.northlinkferries.co.uk](http://www.northlinkferries.co.uk)

Orkney Ferries Ltd

[www.orkneyferries.co.uk](http://www.orkneyferries.co.uk)

Pentland Ferries

[www.pentlandferries.co.uk](http://www.pentlandferries.co.uk)

## FURTHER INFORMATION

Traveline Scotland

T: 0871 200 2233

[www.travelinescotland.com](http://www.travelinescotland.com)

Traffic Scotland

T: 0800 028 1414

[www.trafficscotland.org](http://www.trafficscotland.org)



# LIST OF WALKS

## Aberdeen and Aberdeenshire

1. River Don Beach and Old Aberdeen
2. Haddo House
3. Portsoy and Sandend Circular
4. Lairg Ghru
5. Loch Muick

## Argyll & The Isles

6. Crinan Canal Walk
7. Davar Island and Crucifixion Cave
8. Art in Nature Trail to Caigary Bay, Mull
9. Beinn Oronsey, Isle of Oransay
10. Beinn Mhor, via Glen Massan

## Ayrshire & Ayr

11. Brodick to Sannox on Arran
12. Largs Marina to Skelmorlie
13. Fintry Bay, Great Cumbrae
14. Twa Brigs Walk
15. Som to Stair on River Ayr Way

## Dumfries & Galloway

16. Striding Arie Hee
17. Forfarlock to Killintringan Lighthouse
18. Riverside Walk, Newton Stewart
20. Sorell Hill

## Dundee & Angus

21. Arville Monument and Dykehead
22. Lunan Bay Walk
23. Newbyle Railway Loop
24. Dundee Riverside Walk
25. Capel Mounth

## Edinburgh & The Lothians

26. Water of Leith Walkway
27. John Muir Way, Linlithgow to South Queensferry
28. North Berwick Law
29. North Esk Circular Walk, Midlothian
30. Dunbar Clifftop Trail

## Outer Hebrides

59. Clisham Horseshoe, Harris
60. Tolsta to Ness, Lewis
61. Druidiebeg, South Uist
62. Watersay, Isle of Watersay

## Perthshire

63. Schiehallion
64. Ben Wrackie
65. Allt na Bogair, Trail
66. Glen Lednock, via Dell's Cauldron
67. Moncreiffe Hill

## The Scottish Borders

68. Tweedbank and Abbotsoford Walk
69. Hamilton Hill and Standalane
70. St Abbs to Eyemouth
71. River Tweed and Lees Circuit
72. John Buchan Way

## Shetland

73. Island of Noss
74. Funzie Ness, Isle of Fetlar
75. Hams of Muckle Roe Circular
76. Sands of Breckon

## Loch Lomond & The Trossachs National Park

77. Inchcalloch Walks

## Caithness National Park

78. Gibber's Bridge Walk, Glen Tilt

Basic information on these walks can be found in guide

More detailed information on these walks can be found in guide

[visitscotland.com/walking](http://visitscotland.com/walking)

## Greater Glasgow & The Clyde Valley

31. Greenock Cut
32. Falls of Clyde
33. Burncrooks Reservoir
34. Calderwood Trail, Calderglen
35. Glasgow Necropolis

## The Highlands

36. Lost Valley, Glencoe
37. Duncarthy Head, Caithness
38. Glenmullach Viewpoint
39. Mellon Udrigie Circular, Wester Ross
40. Sullven
41. North Bay Circular, Isle of Raasay
42. Loch Ness 360 Trail: Fort Augustus to Foyer
43. Steall Falls Walk, Glen Nevis, Lochaber
44. Culbin Forest Hill 99, Moray

## The Kingdom of Fife

45. West Lomond Loop
46. Seashell Trail at Tentsmuir
47. Mount Hill & Hopetoun Monument, Cupar
48. Fife Pilgrim Way (Kernoway to Ceres)
49. Crail to St Andrews (Fife Coastal Path)

## Loch Lomond, The Trossachs, Striving & Forth Valley

30. Dumyat
31. Loch Ard Circular
32. Falkirk to Linlithgow Canal Walk
33. Kirkton Glen from Balquhitter
34. Ben Lomond

## Orkney

55. Old Man of Hoy Walk, Isle of Hoy
56. North Head, Westray
57. Hike, Isle of North Ronaldsay
58. Mull Head, East Mainland



MAIN ROADS, RAILWAYS & AIRPORTS





8  
9  
10  
11  
12  
13  
14

**M80** Motorway  
**A92** Primary route  
**A701** Main route  
Railway  
Ferry route (car)  
Ferry route (passenger)  
International Airport  
Regional Airport  
Sleeper Terminal

0 10 20 30 miles  
0 10 20 30 40 kilometres

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ENGLAND  
NEWCASTLE UPON TYNE  
From Netherlands (DFDS Seaways)



Photos courtesy of Lorne Gill / SNH

# ENJOY SCOTLAND'S GREAT OUTDOORS

## Thanks...

to Scotland's progressive access rights to most land and inland water, you are welcome to enjoy a whole host of activities – from wildlife watching to walking, camping, mountain biking, horse riding, paragliding, kayaking and swimming – as long as you follow some basic advice.

## Simply:

Take responsibility for your own actions;

Respect the interests of other people;

Care for the environment.

See the Scottish Outdoor Access Code for further information, especially if you're camping or have a dog with you.

*Remember - Scotland's access legislation is different to the rest of the UK.*



Photos courtesy of Lorne Gill / SNH



SCOTTISH  
OUTDOOR ACCESS CODE

**KNOW THE CODE  
BEFORE YOU GO**

[outdooraccess-scotland.scot](http://outdooraccess-scotland.scot)



Scottish Natural Heritage  
Dualchas Nàdair na h-Alba

**nature.scot**



Forestry and  
Land Scotland

Coilltearachd agus  
Fearann Alba

# Discover our wild places!

Scotland

## Explore further...

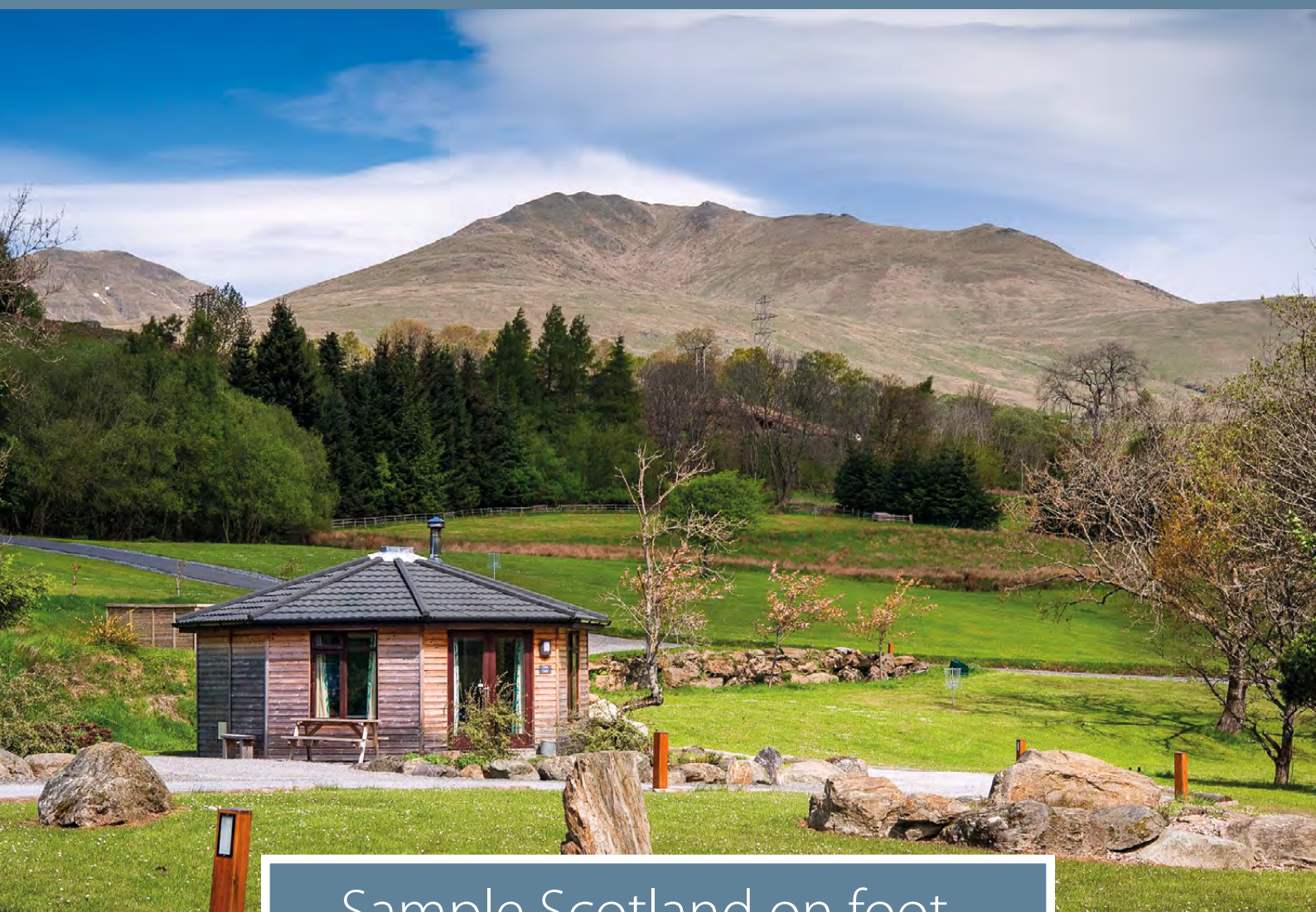
Grab a map and experience the many wild and wonderful walking routes across Scotland.



Follow us:



Call us on: 0300 067 6000  
forestryandland.gov.scot



## Sample Scotland on foot...

Cottages and Cabins to Award Winning Glamping all set  
in Stunning Scenery in the heart of Scotland.  
Offering a choice of four stunning locations each  
offering some of Scotland's best walks.

Loch Tay Highland Lodges  
Perthshire, Scotland  
01567 820 323

Letham Feus Park  
Nr Lundin Links, Fife  
01333 351 900

Sauchope Links Park  
Crail, Fife  
01333 450 460

Braidhaugh Holiday Park  
Creiff, Perthshire  
01764 652 951