

SAVE A LIFE FOR SCOTLAND

School _____

CPR day (date) _____

Session	Year	Time		Subject	Approximate no of pupils	Resources
						Manikins one for DEMO and aim for one between 2 for practise. Training defib if available.
1	1 and staff	09:00 – 09:45	45 mins	Phoning 99, CPR (recovery position if space and time allows) Defib demo if able		<p>Show 'Do you know CPR Video or 999 call video</p> <p>Show Vinnie Jones BHF Hands Only CPR video OR CHSS CPR video</p> <p>CPR –Run through steps as demo, get them to tell you what to do, they get to practice on manikins, any volunteers you have can go around groups asking them to tell them what to do.</p> <p>Demonstrate Defib with a volunteer using the device.</p>
2	2 and staff	09:50 – 10:35	45 mins	As above		As above
Break						

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3	Cluster P7s and staff	10:50 – 11:35	45 mins	As above		As above
4	3 and staff	11:35 - 12:20	45 mins	As above		As above
5	4 and staff	12:20 – 13:05	45 mins	As above		As above
Lunch						
6	5 and staff	14:05 - 14:50	45 mins	As above		As above
7	6 and staff	14.50 – 15:40	50 mins	As above		As above plus 'Gregor's Story' Video before demo